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THE RADNOR

OCTOBER 2024

**The Magazine of the East
Radnor Ministry Area**

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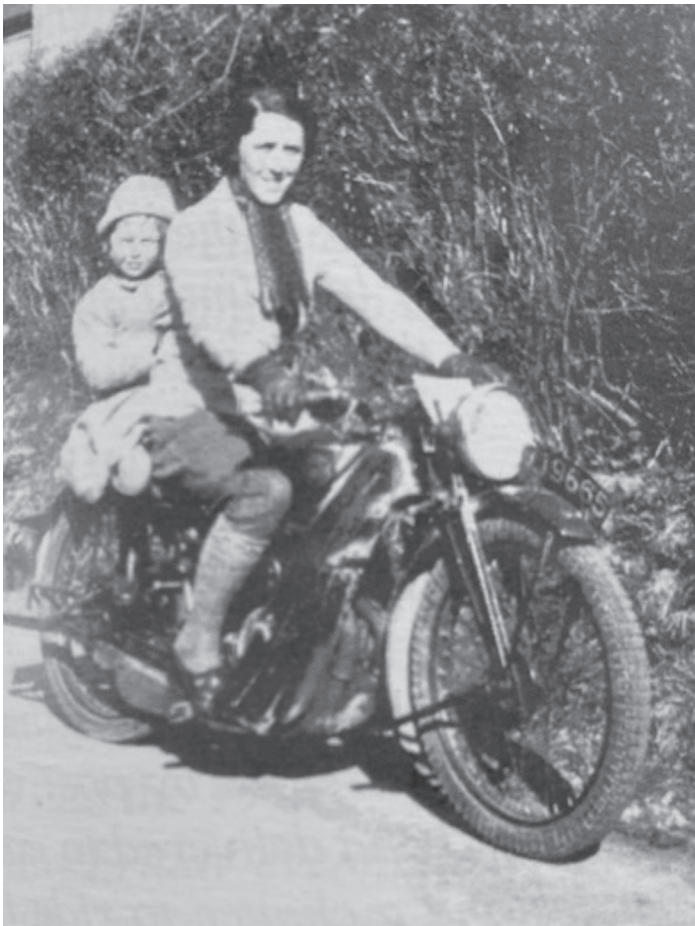
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Nant Melan

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Addie Davies on her motorbike, with her niece Margaret riding pillion. About 1941. [Mrs J Hughes]



Mrs Davies, who retired from Postmistress in 1978 to live in Llandrindod. She is seen above with her husband Fred being presented with gifts from the parish by Mr I Lloyd, and a record taken from W.I. by Mrs Ellen Baynham, for her great kindness, and many years devoted service to the community at a social evening. Entertainment was provided by the school children and Mrs M Dyke, Mrs P Lloyd, Mrs R Price, three sisters formerly of Pentwyn, Gladestry.

I think all present would agree that it was an evening that will be remembered for a long time, and it was worth braving the cold winters night to wish our Auntie Addie a long and happy retirement.



Sue Cotton, owner of the village shop in Gladestry.

It was in the summer of 2001 that our Shop and Post Office closed; it left a void in our lives and we never thought that we would see it re-opening. It is therefore with great joy that Gladestry and the surrounding area extend a warm welcome to Mr & Mrs Cotton and their children Jessica and Gabriel who have come to live in the village and are going to run the Post Office and Shop. They will need the community to support them in every way it can.

We give them our best wishes for success and happiness in the coming years. Mrs Cotton will welcome home produce such as bread, cakes, jams, eggs and craft items. The shop will be opening in November and the post office shortly after.



GLADESTRY POST OFFICE AND STORES

OPENING MONDAY 4TH NOVEMBER!

Tea and cakes will be available at the stores on Saturday 9th November to celebrate, mid morning to mid afternoon. Please come!

Post office functions planned to begin Thursday 21st November.

Gladestry Post Office and Shop

The Post Office and Shop were not always together. The Post Office was at the top of the village where the Green is now (adorned with daffodils in the Spring).

Mrs. Margaret (Peggy) Davies was postmistress for sixty years. She married Richard Davies (Dick of Colva) and was mother of Addie Davies.

The daily letters were brought from Kington every morning, by the postman on his bicycle. Mrs Davies would sort them, then her husband and Addie would deliver them round Gladestry and Colva. In the afternoon, Addie, on her Coventry Eagle motorcycle, would take letters to Huntington to meet the Newchurch postman who took them to Kington.

The Post Office had a telephone, the only one in the Parish. It was here you would go to phone, which Mrs Davies did, this would usually be for the doctor or vet.

Once a week Doctor Jobson, New Radnor, would visit the Post Office for anyone to see him. He would leave a few bottles of cough mixture and stomach mixture for Mrs Davies to hand out to anyone who requested them!

Mr. Tom Bufton kept the shop. It would be open until 9pm. In the 1950s the shop was sold. Fred and Addie Davies bought it and the Post Office was moved down to the shop. Mrs Addie Davies was postmistress, she ran both businesses together. It was the hub of the community. It was here that everyone would go to share their joys and sorrows. Auntie Addie, as she was affectionately known, always had a listening ear and a word of comfort. This was the meeting place where you had all the local news, who was hatched, matched or despatched.

You could purchase all the necessary things of life - from medicine, groceries, papers, paraffin, candles and milk when the days of milking the house cow was gone. It was a treat for the school children to spend their pennies on sweets and lollipops. There would be crisps, kept in a big tin and put into paper bags - this was a great treat - also comics! Sometimes the school teacher would send a pupil to the shop for a crusty loaf for his tea.

Many stories of local characters - Tom the Cross would not speak, but they knew what he wanted, ten Woodbines and a box of matches. Another character would ask 'how much them sweets?' - 3d a quarter.

They trusted everyone, left the shop to get potatoes or paraffin from the cellar or cheese from the kitchen. There would be a lot of money in the Post Office but they had no fear. 'What a wonderful world.'

Addie retired as postmistress in 1978. The house was sold to Mr. and Mrs. Bob Pinches with their two daughters. They ran the business very well for several years.

Time moved on and the shop and post office closed and was up for sale. After some months Mrs. Sue Cotton bought it and moved in with her husband and children. She opened up the Post Office and shop. Everyone was overjoyed to have it back.

Sue was a character with a heart of gold. She would help anyone if she could. One day she found a weary walker sitting on the post office steps. She gave him a cup of tea and went to send him up to the Ridge on his way. Sue opened a small cafe within the shop providing home-made cakes and drinks for walkers and locals to share their news.

Times change, around 2014 we had news the Post Office and shop would be closing - this time for good. It was a very sad day for Gladestry to lose this part of the community which had been, for years, such a support sharing our lives together.

There is a plaque high up on the outside wall. It's of a hand and upside down heart. No one knows the true meaning. One theory is 'Welcome to this place with an open heart.' This is very apt as there was always a welcome in this house.

Joan Hughes

Some photographs and text with kind permission of Robert Hughes.



The old post office stood where the road to the church turns off. This picture was taken about 1914. Outside are Richard and Margaret Davies and their family. [Mrs M Hughes]

A Letter from the Vicar's Study

Dear Friends,

As we enter November the church begins a season of remembering. We change from the colour green of the Ordinary season to the colour red of the Kingdom season. On the 1st and 2nd of the month, we commemorate All Saints and All Souls, when we remember those who have died in our own families, our friends and those in our communities. We all remember in different ways; it can be a difficult time when we remember those we have loved and lost, but they live on in our hearts and memories. Sunday the 10th brings Remembrance Sunday, where we remember those who have given their lives in the World Wars and all the subsequent conflicts for our freedom and for peace in our country and beyond.

As we turn towards the coming month with the changes and challenges we may face, let us remember that we do so together as family, friends and neighbours, as a church and a community. May we also give thanks to God that we do not approach them in our own, but in knowing that God is beside us and walking with us as we journey together through this month of remembrance, looking towards the season of Advent.

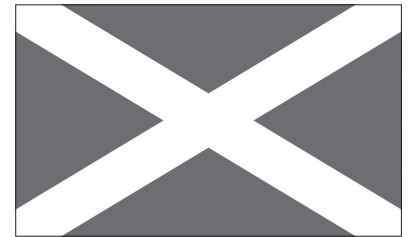
Blessings, Rev Rach

P.S. My day off is now on a Thursday with immediate effect. I am flexible with this day off, as I can take another day off in the week instead.



About the Cover - St Andrew

Andrew was Christ's first disciple. He spread the word, first, to his brother, Peter, and later to lands around the Black Sea and Greece where he was crucified on an X-shaped cross in Patras. As the patron saint of Scotland, this cross, called a 'saltire' cross, is shown on their flag.



The stained glass is from the St John Chapel in St Laurence's Ludlow and dates to sometime before 1684, when it was first recorded. The full window shows the twelve apostles at the Council of Jerusalem c. 50A.D. where each apostle sits at a desk writing their part of the New Testament. They each hold their instrument of martyrdom. The tiled floor shows a masterful use of perspective.

St Andrew's special day is 30th November, the last day of our liturgical year.

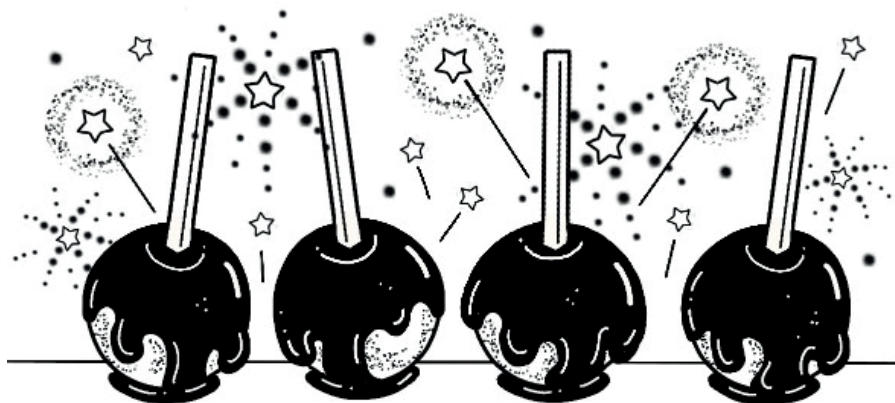
Photo and article by Laura Woodside-Jones

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General Index on page 7

Advertisers' Index on page 7

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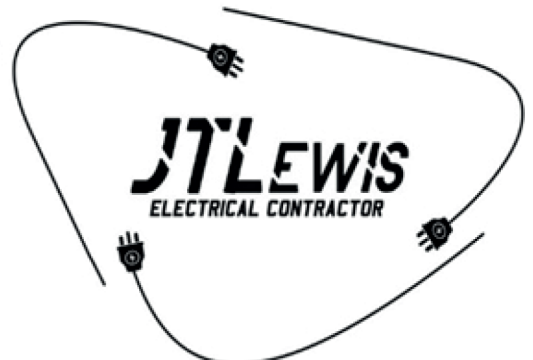
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Contents Page

Gladestry Post Office and Shop.....	2
A Letter from the Vicar	4
About the Cover	4
Whitton WI.....	8
Celtic Saint of the Month	8
Gladestry WI	11
Gladestry Pop In Cafe.....	11
Tref y Clawdd WI.....	11
Local Freemasons	11
Breathwork for Health.....	16
What's On?.....	17-19
Mini Notice Board	20
Knighton News	21
Dates for your Diary.....	23
Harvest Festival Celebrations.....	25-28
Goodbye to Redwood Trees	28
What's On?.....	29
The WI Walk The Lugg.....	34
Felindre WI.....	37
Llangunllo WI.....	37
Felindre Village Hall	37
David Roberts Poetry.....	38
Llangunnlo Women & 1923 Peace Petition	42
The Bats of St Mary's Church.....	43
Flicks in the Sticks	43
Stowe & Stanage WI.....	44
Welsh Vintage Sports Car Trial	44
Knucklas Notes	45
Florsa and Fauna	45
Mouse Makes	47
Llangunllo Memories of WW1.....	48
Llanfair Waterdine WI	48
Teme Valley Gardeners' Club	48
Methodist Church News.....	48
Church Services.....	49
Service Rota	52

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Index Of Advertisers

Accommodation	12, 41
Accountant.....	46
Appliance Repair.....	40
Architect.....	22, 40, 41
Building.....	6, 33, 39
Building Supplies	6
Cafés, Pubs & Restaurants	12, 14, 30
Car Maintenance	41, 46
Carpentry	39
Chimney Sweep.....	13, 15
Cleaning.....	22
Community Support / Care.....	32
Computer Services	24
Counselling.....	32
Cycling	12
Dog Paddock	24
Dog Trainer.....	22
Electrician	6, 39
Estate Agent	40
Feeds	6, 40
Firewood.....	15
Florist.....	6
Funeral Director.....	12, 13
Garden Maintenance.....	13
Garden Shop	13
Gas Servicing.....	39
Healthcare	13, 24, 32,
House Clearance	33
Muay Thai.....	13
Opticians	13
Osteopath	24, 32
Painter Decorator	6, 22, 39
Pest Control	46
Physiotherapy.....	32
Picture Framing.....	14
Pizza	14
Plastering	33
Plumbing.....	39
Podiatrist.....	13
Pullets.....	40
Roofing.....	6, 39
Shop	12, 13, 14, 30, 33, 41
Solicitor.....	40
Stonemason.....	24, 33
Stoves & Fireplaces.....	15, 41
Taxi	40
Tree Surgeon	13
Upholstering	33
Vegetables	13
Village Hall	15, 22
Windows.....	39, 46
Yoga.....	13

Whitton WI

Whitton WI has a limited catchment area but that doesn't stop our Members from achieving a full and varied programme of activities inspired by the national suggestions of: *Get out and about ... Get Moving Get Creative ... Get Competing.... Get Campaigning.* Just over the last few months, our Members have joined with other WI's from Powys and Radnor at a variety of events. We were represented on the Lugg Valley walk. Attended open-air Shakespeare. Bought items at an enjoyable (WInted) fashion show. Took part in a Poetry and prosecco evening. Resolved an open air Murder Mystery. Competed in the county Bowls tournament.

At Whitton in October, there was a busy Coffee Morning and a successful Harvest Supper organised for our community. The raffle was in aid of Powys Blood Bikes who we will be hearing from at our November meeting. In our October meeting it was all heads down as we undertook crafts. In December we will be going out for a Christmas meal, but also having a games evening. Our programme into 2025 is already established and varied, particularly as we continue to commemorate 100 years of the Women's Institute in Whitton.

All are welcome to come along to Whitton Community Hall on the first Tuesday of the month at 7pm. For more information contact Whitton WI Secretary 01547 560350.

Celtic Saint of the Month - Columbanus - 21st or 23rd November



*St Columbanus and the Bear
Church of Saint Finbarr and All
Angels, Inchigeelagh, Co. Cork*

The Celtic saints were famous for their wandering, but Columbanus must have been one of the most adventurous. It is calculated that he would have travelled over 4,000 miles, from Bangor in Co. Down to his final resting place at Bobbio in northern Italy. We know a lot about him because one of the Bobbio monks wrote his *Life* less than thirty years after his death and with lots of information from fellow monks. Also Columbanus himself wrote books, poetry and a very strict Rule of Life for the monks in his monasteries.

Where to begin? Well, Columbanus was born c.543 in Co. Leinster in the south-east of Ireland. He was well educated from the start, first at Cluaninis monastery on an island in the River Erne and then to the famous monastery at Bangor, where many saints and missionaries received an extensive education before going out into the world to spread the Gospel.

Columbanus felt called by God to go to foreign lands. In 590 he took twelve companions with him and set sail, first to Cornwall and then across to France, where he travelled to Burgundy. Guntram, king of Burgundy gave them land to start a school at Anegray in the Vosges mountains, but it became so popular that they had to move to a new site. They moved to Luxeuil, which developed into a famous monastery, sending missionaries throughout Europe, and then a further monastery at Fontaines.

Columbanus and his companions still followed the Celtic traditions and this brought them into conflict with the Frankish bishops, particularly over the date of Easter. There was also conflict with the Burgundian dynasty after the death of Guntram and his nephew Childebert. The great nephews Thierry, king of Burgundy and Theodebert, king of Austrasia were under the thumb of their terrible mother, Brunhilda. She stirred up more conflict and eventually declared that Columbanus must return to Ireland. They set sail from Nantes, but a great storm arose and the captain blamed it on the presence of Columbanus and the other Irish monks. The storm drove them back to shore and the captain refused to take Columbanus any further.

So, with his companions, Columbanus followed the Rhine and its tributaries to what is now Germany and Switzerland. He was still within the reach of his enemies Thierry and Brunhilda, so he decided to cross the Alps into Italy, where he received a warm welcome in Milan from Agilulf, King of Lombardy. Columbanus needed a place of his own, so Agilulf gave him land at Bobbio, where he and his companions built yet another monastery and that is where Columbanus died on 21st November 615 and his relics are still preserved there in a shrine. Just out of interest, Bobbio is the monastery where St Francis was educated, so the influence of Columbanus continued far and wide.

Just one more fact: in 2002 Columbanus was declared the patron saint of motorcyclists. I wonder why?

Rosemary Hanna

Whitton WI



Work In Progress



Lynsey snipping



Phyllis Trimming



Gemma, Kath, Mary, Phyllis



*Sue and Sarah
heads down*



Men's Coffee Morning



Pam and Libby



Catch Up

Gladestry WI



Presentation to Gladestry WI of Centenary photo book by Dave Latham



Demonstration of creating Corn Dollies by Kris

Gladestry PopIn Cafe



Tref y Clawdd WI



Blue Footed Booby



Galapagos sealion on a bench



Marine Iguanas

Gladestry WI

Several members gathered for our September meeting. We were very pleased to welcome our new member, Vera Price. Following business discussion and positive comments on our August Aberystwyth theatre trip we were delighted to see the arrival of Dave and Chris Latham.

We'd been thrilled with Dave's photos of our Centenary celebrations in June. Dave kindly presented us with a beautifully designed photo book to commemorate our big day! It is truly delightful and a wonderful memento for all - thank you Dave!

We then welcomed Kris, who demonstrated the art of corn dolly making. Kris was so enthusiastic about her craft. Her use of various types of corn, wheat, bearded barley and more to create wonderful pieces held us in awe. The speed with which she formed an amazing 'dolly' from 18 pieces of corn was amazing.

Then it was our turn! With great patience Kris demonstrated and encouraged us. Remembering North to South and West to East with our corn stalks resulted in 'dollies' made with pride! Viv, our secretary, won the competition for the best corn dolly and Liz won the draw. Refreshments followed, with members admiring Kris's talent and her many designs formed over the years - many of which were inspired by styles from Africa, America and Belarus.

Our next meeting in October will be with Mr. Storer demonstrating bread making - hopefully with tasters!

Gladestry PopIn Cafe MacMillan Coffee Morning

Monday 23rd September saw overcast skies and drizzle, but it didn't prevent lovely supporters attending our MacMillan Coffee Morning. Donations of draw prizes, cakes and other goodies made the morning most successful. Many thanks go to Liz, who stoically manned the tea/coffee station, Dee on the draw and John plus helpers on the washing up! Many prizes were won - we even held a mini auction of produce.

Approximately £300 was raised from the morning and, along with £100 donated from Pop In café, just over £400 will be sent to the MacMillan coffee morning appeal.

Thanks to all who helped and supported this worthy cause.

Marlene Evans

Tref y Clawdd WI

This month we enjoyed a fascinating talk from one of our members about her trip to the Galapagos islands. Mags and her friend spent nearly three weeks enjoying the most amazing sights and, luckily for us, she took some pretty spectacular photos too - so that we could all enjoy it second hand! It was an awe inspiring collection of slides and experiences that she shared with us and we didn't want the evening to end.

The competition *had* to be our own aquatic animal photos and it was no surprise that Jean's was judged the most fun. (Mags wasn't allowed to enter)

We welcomed another new member who had attended our birthday tea party and is already fitting in well. We finished with our book sale, raffle and a light supper and look forward to our next meeting - which will be the AGM and making Christmas crafts which we all enjoy.

Meanwhile, we are sending three teams to the bowls competition at Whitton and some are attending the WI craft club in Penybont.

If anyone would like to join us we meet on the first Wednesday of the month in St Edward's church hall. Phone Dorothy for details 07974 678 514

Local Freemasons

The new season of meetings of the two lodges of Freemasons is just commencing.

Arrow Lodge meets in the temple in Headbrook, Kington, while Teme Lodge meets in the village hall at Whitton. New or past members are welcome. The point of contact for both lodges is davebedley4267@sky.com

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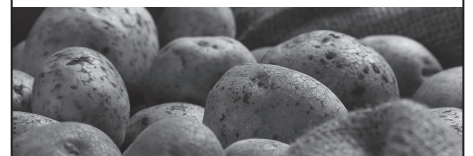
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Index of Advertisers: Page 7

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Breathwork for Health

The term “Breathwork” may well not be familiar to you. It certainly wasn’t to me before I began training as a yoga therapist eight years ago. I had been largely unaware of my breath and oblivious to the idea that I could employ practical breathing techniques that would benefit my physical, mental and emotional wellbeing. This was a pity, given that I had periodically suffered from insomnia and anxiety.

In the last 15 years or so, the evidence base supporting the benefits of slow breathing has been steadily rising. Random control trials point to stress reduction, improved sleep, and benefits for numerous chronic conditions.

In the practical workshop that I will be giving in November I’ll be introducing participants to the hows and whys of research-based, therapeutic breath practices.

A key benefit is balancing the two sides of our autonomic nervous system. The parasympathetic branch, sometimes referred to as the “rest and digest” or “tend and mend” and the sympathetic branch which activates our stress response commonly known as the “fight or flight” response.

Breathwork practices can help us move from a stressed state to a more relaxed way of being. Breathwork can also help to raise our heart rate variability. This measurable marker of good health, or resilience, reflects our capacity to respond fluidly to changing circumstances. This also links with a healthier balance between the two branches of our autonomic nervous system, which in turn leads to improving our capacity to cope with stress.

A further key benefit is the development of interoception. Interoception is awareness of our own internal body states, which enables the subjective evaluation of our current condition, or ‘how we feel’. This awareness can be linked with mindfulness. Mindfulness, as you may well know, is about paying attention, on purpose, and without judgement to the present moment. The sensation of a raised heart beat is one example of interoceptive signalling. How we are breathing – in terms of the

part of lungs we are using, the rate and intensity of the breath and the ratio of the inhale to the exhale – is another.

On a subconscious level our ever-vigilant brains are constantly interpreting messages from the body in an effort to keep all our systems working in harmony. The breath is paramount in this and affects not only our physiology, but also our mental and emotional states. By paying mindful attention to our breath and getting to know our breathing patterns and how they affect us, we can make adjustments to support and improve our health and wellbeing. I certainly found this to be true when working with my insomnia and anxiety.

Becoming aware of how we are breathing in our daily lives is the first step towards using breathwork practices for health. If you would like to learn more and try out some breathwork practices for yourself then please do come to the introductory workshop in November. I will be following this up with further, in depth, workshops in the New Year.

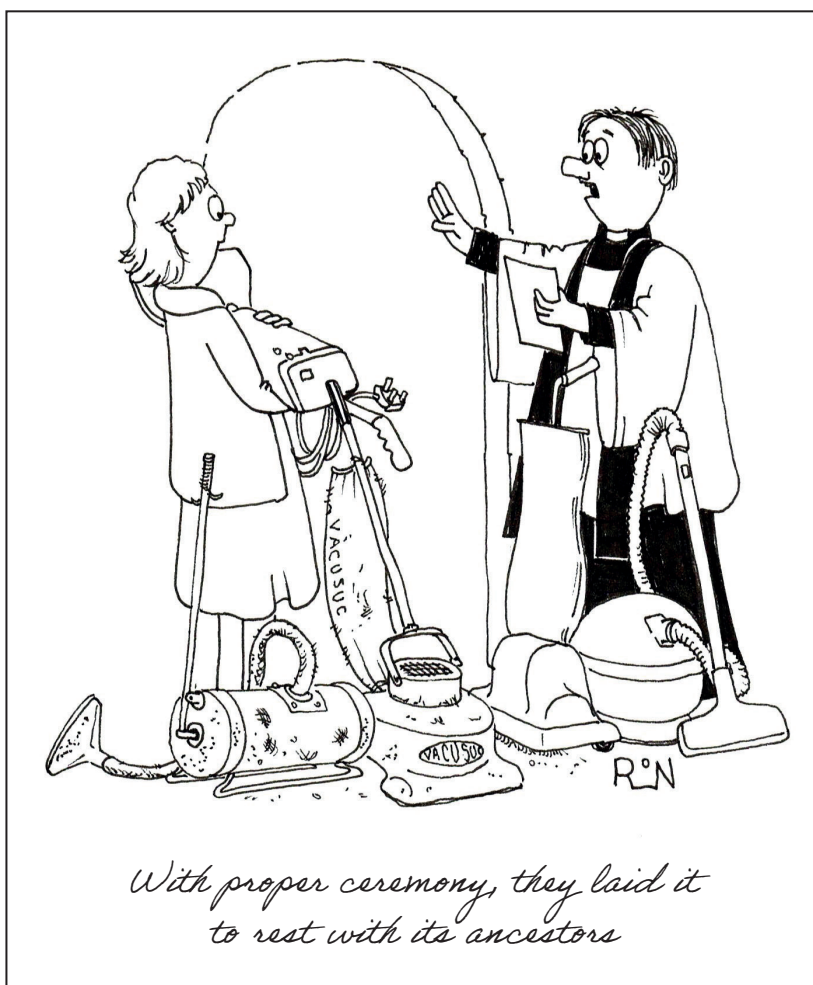
Saturday 16th November.

Community Centre, Knighton 10.30-12pm

Old School, Presteigne 3-4.30pm.

All are welcome. £10 suggested donation.

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wingsofchange24@gmail.com**



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tvgc **Teme Valley Gardeners' Club**
Programme 2024

Our programme for the year includes speakers on various topics and a number of garden visits.

Meetings are held on the second Monday of the month at The Community Centre, Knucklas, commencing 7.30 pm (unless otherwise stated)

Visitors are very welcome

Contacts' Details: Margaret Clugston:
Tel. 01547 529155 email: mag.ron866@gmail.com
Sally Sahingoz: Tel: 07989211627
email: sally@madhousedesign.co.uk



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What's on in the East Radnor Ministry Area?

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"IT HAPPENED HERE" SIXTY YEARS ON

Saturday 30th November

The Hub, New Radnor, 11am-4pm
(doors open 10.30am)

The Hub, New Radnor, is hosting an exciting film event at the end of November. In the early 1960s the breakthrough independent film, "It Happened Here", was part shot in New Radnor. To celebrate its 1964 film festival release, we're showing the film during a day school, which will include a conversation not only with legendary director Kevin Brownlow but also reminiscences from local participants in the film.

Details at www.eventbrite.com/e/it-happened-here-sixty-years-on-tickets-1003592591457

Please book early as we're expecting significant interest in this important film and village event! £15 including buffet lunch.

Music in New Radnor Saturday 9th November 7.30pm

Music For Ten Strings
Christopher Horner - Violin • John Mills - Guitar

A wide-ranging programme with an international flavour from this seasoned duo.

The evening will include works by the Welsh composer Mervyn Burtch, alongside works by Paganini, Albéniz, Rodrigo, Cardozo, Kreisler and French, Spanish and lesser-known South American composers.

(NB: BYOB – no bar this time).

New Radnor Community Hall,
Hall Lane, New Radnor, Powys, LD8 2SW

Pre-booking preferred. Tickets £15 / £3
from 01544 350746 or 07493 940683

Doors open at 7pm for a 7.30 start

The Radnorshire Bridge Club

Meets weekly on Thursdays at 6.45pm
at Whitton Old School Community Centre
(LD7 1NP).

New players are very welcome.

For more information, please contact
Kay Taylor (kay.tony@me.com) or
Jane Stirling (jane@janestirling.co.uk).

Radnor Valley Gardening Club Events Calendar for 2024

18 Nov - 7.30pm - Sabina Ruber

Plant photography and bulbs.

Dec - Annual Christmas meal

All meetings in New Radnor Community Hall, Hall Lane. Everybody welcome. Non-members charged a small fee for talks, membership £5 for the year.

Grief Space

Sunday 1st December, 3 - 5pm
at the Assembly Rooms, Presteigne.

Join us to enjoy tea and cake in a cafe style setting while having conversations about grief and loss in all its forms.

By supporting one another we build resilience and hope.

The Piano Hub

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Saturdays, 10am-12noon

**16th November
21st December**

Suggested donation: £3 per session.
If you are interested, please contact Louis:
louis_joyce@btinternet.com,
07483 211 171
or 01547 560 874,
or if you prefer,
simply turn up on the day.

New Radnor Children's Playground Club 100 Winners!

October 2024

1st: Laura Warren
2nd: Ken and Jo Williams
3rd: Hannah Roberts

Many thanks for all your continued support with our playground!

Norton Hub 100 Club Winners September Draw

(First Of New Year)

1st (£40) No 33 - No publicity requested.
2nd (£25) No 34 - Eirlys Spawton
3rd (£15) No 4 - David Owen

Welsh Words

mis Tachwedd –
November (lit. the
month of slaughter)



Brad y Powdr Gwyllt – November 5th

tân gwyllt – fireworks

pabi coch yr (o'r) yd – Flanders poppy
worn to mark Remembrance Day

Deadline

The deadline for the December/
January edition is 15th November.
Please send all items for The Radnor to
radnoreditor@outlook.com

Knighton News

Knighton Show and Carnival

The AGM will take place on **Thursday 21st November** in the RAFA Club (top of the Narrows) at 8pm, all welcome. Volunteers will be required for the 2025 Show. Can you help?

Annual Bonfire and Fireworks Party will be held on **Friday 8th November** at 7pm on a field near Llanshay. Lots of fun planned with profits for Show funds

Christmas Tree Festival

Date for your diary, in St Edward's Church, **December 6th, 7th and 8th**. Contact Jean on 528 260 for further details.

Annual Christmas Draw

The tickets are now on sale with a long list of festive prizes for you to win. Can you help with selling some of them? If so, please contact Sally. The Draw will take place in the Church Hall on **Saturday 14th December** at the Coffee Morning.

Bingo

Christmas Special. Come along and join in the fun, **Saturday 30th November** at 7pm in the Church Hall. Large jackpot waiting to be won in time for Christmas. All profits to the hall roof fund.

Coffee Morning

The next social event will take place on **Saturday 16th November** at 10am in the Church Hall. Stalls of Christmas items, books, cakes and more. Good coffee and good company. All welcome.

The September get-together raised the sum of £230.00 for church funds.

Competition winners were: V Price, J Wells, E Davies, I Greaves, J Davies and D Bowen.

A huge thank you to all who provide so generously to our sales.

For Sale

Large quantity of new Wedgewood tableware in sage green, for sale. Can be viewed – contact 528 260. Funds to be given to church funds.

An Old Scottish Proverb

It is not what we are, but what we give.

It is not who we are, but how we live.

Not what we do, but how we do it,

That makes this life worth living through it.

Jean Price

Can You Help?

East Radnor Ministry Area Volunteers Needed

The East Radnor Ministry Area is now up and running but there are still some essential people needed to ensure that it will run smoothly.

We need a Ministry Area Treasurer, Secretary, Warden and more members of the Ministry Area Council to fill roles on various sub committees.

If you would like to know more about what is involved, please contact Rev'd Rachael Storer

KNIGHTON & PRESTEIGNE LEG CLUB

Worried about your legs?

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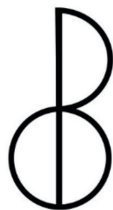
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Dates For Your Diary

November

1	Llanfair WI AGM	Everest Hall	48
2	Craven Arms Big Band	The Comm	18
3	March for Clean Water	London	34
5	Stowe & Stanage WI AGM	Reynolds Room	44
6	Felindre WI AGM	Radnorshire Arms	37
7	Christmas Bingo	Gladestry Village Hall	29
8	Bonfire & Firework Party	Nr Llanshay	21
9	Music in New Radnor	New Radnor Comm Hall	19
1	Talk: <i>Private Plants & Gardens of Cheshire</i>		48
12	Coffee Morning	Whitton Comm Hall	29
14	Music & Comedy Night	Llangunllo Comm Hall	18
15	Music & Comedy Night	Llangunllo Comm Hall	18
16	Music & Comedy Night	Llangunllo Comm Hall	18
16	Breathwork Workshop	Knighton Comm	16
16	Charity Concert	New Radnor Comm Hall	17
16	The Piano Hub	The Hub	20
16	Coffee Morning	Knighton Church Hall	21
16	<i>The Man from U.N.C.L.E</i>	Everest Hall	43
17	Pagoda Project	The Hub	18
18	Gardening Talk: <i>Plant Photography</i>		19
21	Knighton Show AGM	RAFA Club	21
23	<i>The Messiah</i> Concert	St Andrew's	17
30	Christmas Fayre	Evenjobb Village Hall	29
30	Christmas Bingo	Knighton Church Hall	21
30	Flamingo Bingo	The Comm	18
30	<i>It Happened Here</i>	The Hub	19

December

1	Grief Space	Assembly Rooms Presteigne	19
1	Knighton & District Concert	St Edwards Hall	29
6	Wellies & Woolies Concert		51
6	Christmas Craft Session	Everest Hall	48
6-8	Christmas Tree Festival	St Edward's Church	21
10	Coffee Morning	Whitton Comm Hall	29
14	Christmas Prize Draw	St Edward's Church	21
20	Christmas Carol Service	Beguildy	26
21	The Piano Hub	The Hub	20
28	<i>We are the Millers</i>	Everest Hall	43

For Church Services please see the back pages.

Organising an Event?


Spread the word with The Radnor.
Contact the editor for inclusion of your poster.
radnoeditor@outlook.com

Monthly Events

2nd Mon	Teme Valley Gardeners' Group		17
1st Tues	Tea & Natter	St Edward's Church Hall	19
1st Tues	Stowe & Stanage WI	The Comm	
1st Tues	Old Radnor WI	Walton Village Hall	
1st Tues	Whitton WI	Whitton Comm Hall	8
1st/3rd Tues	Craft Afternoon	Walton Hall	31
3rd Tues	Gladestry WI	Village Hall	
3rd Tues	Hear to Help Clinic	The Comm	31
Last Tues	Cerdu Carers Group	The Comm	
1st/3rd Wed	Braken Trust	The Comm	
1st Wed	Singing Group	Llangunllo Village Hall	31
1st Wed	Felindre WI	Felindre Village Hall	
1st Wed	Tref y Clawdd WI	St Edward's Church Hall	11
2nd Wed	Book & Jigsaw Swap	Walton Hall	31
4th Wed	Hear to Help Clinic	Presteigne	31
1st Fri	Llanfair Waterdine WI	Everest Hall	48
2nd/4th Fri	Mind Friday Group	The Comm	
2nd/4th Sat	Community Market	The Comm	
4th Sat	Library Open	The Comm	

Weekly Events

Mondays	Lunch Club	Knighton Methodist	31
Mondays	Family Centre	The Comm	
Mondays	Pop In Cafe	Gladestry	
Mondays	Welsh - Adanced	The Comm	
Mondays	Army Cadets	The Comm	
Tuesdays	Community Cafe Hub	The Comm	
Tuesdays	Women's Hour	The Comm	
Tuesdays	Citizens Advice	The Comm	31
Wednesday	Art Classes	The Hub	
Wednesday	Pilates	The Comm	
Wednesday	Youth Club (Termtime)	The Comm	
Wednesday	Zumba	The Comm	
Thursdays	Flowers for Fun	Whitton Comm Hall	17
Thursdays	Knighton Leg Club	Reynolds Room	21
Thursdays	Coffee, Cakes, Chat	The Hub	
Thursdays	Table Tennis	Llangunllo Village Hall	31
Thursdays	Art Group	The Comm	
Thursdays	Welsh - Beginner	The Comm	
Thursdays	Karate	The Comm	
Thursdays	Drop-In Eatery	The Comm	31
Thursdays	Bridge Club	Whitton Comm Centre	19
Fridays	Bar and Food Night	The Hub	
Fridays	Future Family Fitness	The Comm	
Fridays	Stay and Play	The Comm	
Saturdays	Cafe	Evenjobb	

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Bleddfa Harvest Festival

Church decorations were beautiful, plentiful, and autumnal! We were treated to a sumptuous lunch by Kim and Geoff in their home next to the pub. Thank you to them - we enjoyed your entertaining hospitality very much! The service was well attended and a small mountain of groceries sent to Knighton Food bank.

Hilary Howcroft



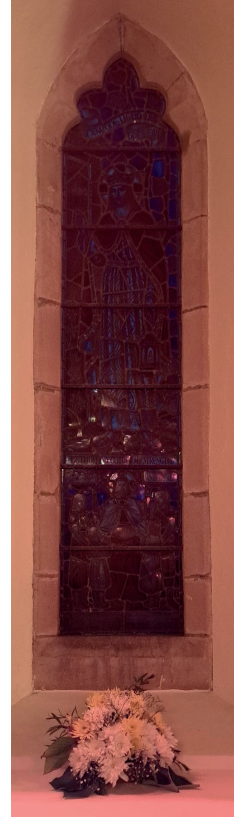
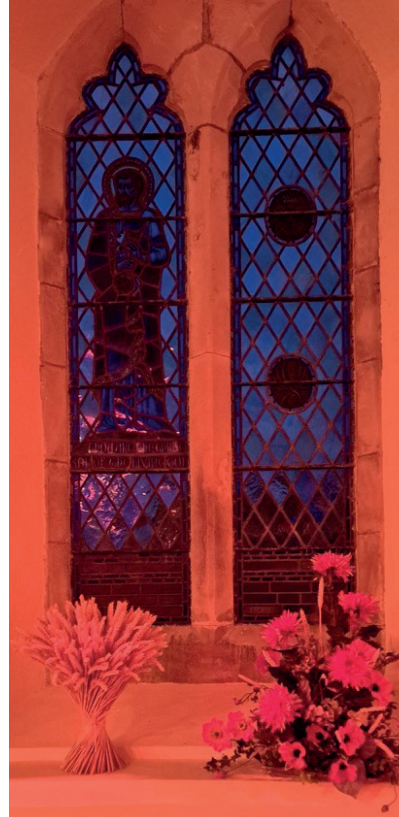
Evancoyd Harvest Festival

We gathered together for our service at St. Peter's to give thanks for the Harvest this year which, despite the persistent rain, still produced some bountiful crops. The Church had a lovely atmosphere and was beautifully decorated. Afterwards we adjourned to the Village Hall and enjoyed a delicious bring and share supper. We then held an auction of produce. Our Auctioneer, Andrew Morris, with his excellent powers of persuasion, encouraged us to part with our money and raised the grand total of £512 in aid of the Welsh Air Ambulance. Thank you to everyone who came, celebrated and contributed to this worthy cause.

Joanna Winstone

Beguildy Harvest Festival

Beguildy's Harvest Festival took place on Friday 11th October with the service being well attended by members of the community and friends from neighbouring churches. Just before the service started there was a massive power outage which left the church in complete darkness. However, in true Beguildy fashion, we endeavoured on and had a truly unique candle lit service. Church warden, Phill George, presented the hamper of fruit and vegetables this year to organist Lynn Rowlands as a thank you for her contributions to the church. We look forward to seeing everyone at our Christmas Carol Service on **Friday 20th December** at 7:00pm.



St Edward's Knighton Harvest Festival



Colva Harvest Festival



Whitton Harvest Festival

This was held on Friday evening 11th October and was conducted by Rev'd Rachael, whose theme was thankfulness to all who grow and supply food especially in these difficult weather conditions. Although several of our regular worshippers were on holiday, the service was well supported. The organist was Lindsay Bayles, who led us in the usual Thanksgiving hymns. The Church had been beautifully decorated by the ladies, who also supplied refreshments after the service.



Now you See it, Now you Don't!

Unfortunately we have had to say goodbye to the last of a pair of Redwood trees situated inside the Lych gates at St. David's Church, Whitton. The first tree was struck by lightning around 15 years ago and fell into the Churchyard, landing straight up the path without damaging any gravestones which was very fortunate. The second tree died during last year and was beginning to drop dead branches. It was expertly felled by Angus Thornberry and Jonathan



Willetts, who dropped it through a small gap between the gates and the tree stump of the first tree and also keeping well away from the electric line to the Church. By counting the rings, the tree appeared to be around 110 years old, so planted around 1914 -18, so perhaps they were planted to commemorate the end of the First World War.



What's on in the East Radnor Ministry Area?

EVENJOB Village Hall CHRISTMAS FAYRE

**SATURDAY NOV 30th
11:00 – 3:00**



**CRAFTS, GIFTS & GOODIES
FOR SALE**
Café open all day
Lunch and teas

Info: Angela awnaj@icloud.com

Knighton and District Concert Society

Sunday 1st December at 3.00 pm
in St Edward's Church Hall, Knighton LD7 1AG

Madeleine Mitchell
Solo Violinist

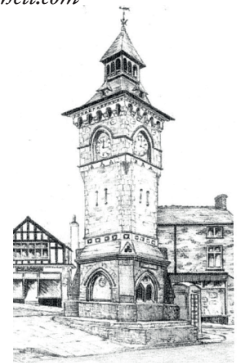
The renowned Madeleine Mitchell will be playing solo violin with Nigel Clayton on the piano.

The programme will include Bartok's Rumanian Dances, Elgar Violin Sonata, Frank Violin Sonata and two pieces by Sir Michael Berkeley, our vice-president.

Visit her website at: www.madeleinemitchell.com

Tickets at the door.
Adults £15.00
Students and Children £2.00

For further information contact:
Peter and Becky Sherman
01547 530530
squirefm@gmail.com
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Christmas Bingo **Saturday 7th December** **GLADESTRY VILLAGE HALL**

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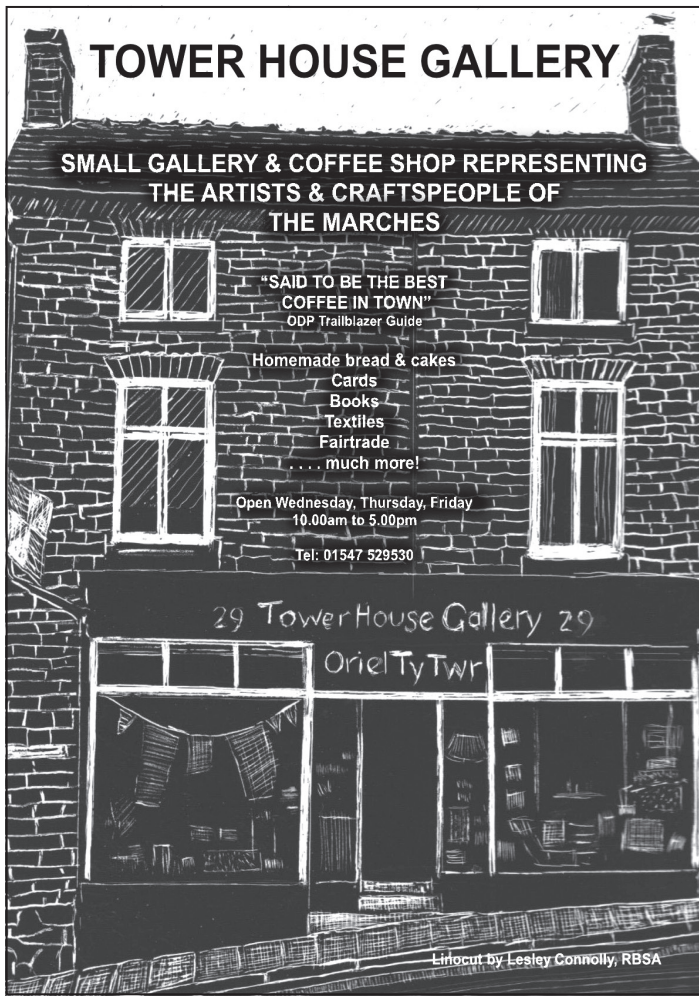


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Knighton Thursday Drop-in Eatery

A drop-in lunch of soup, sandwich and cake is available between midday and 1.30pm each Thursday at the Knighton Community Centre. Home delivery is available for local residents who cannot join us. The service is donation led.

Walton Hall Events

There is a book and jigsaw swap at Walton Hall on the second Wednesday of every month, from 10.00am to 1.00pm. Come and have a cup of tea, a slice of cake and a friendly chat with us.

A craft afternoon is held in the hall on the first and third Tuesday of every month from 2.00pm to 4.00pm. Spend a relaxing couple of hours working on your own arts and crafts with some like-minded enthusiasts. £3 entry, which includes bottomless tea and coffee and a slice of cake.

Citizens Advice available via the Knighton Community Centre

For anyone in the Knighton area who needs help or advice from the Powys CAB, the Community Centre in Knighton are offering a video link appointment with a CAB adviser every Tuesday between 10 am and 1 pm.

At the Community Centre they offer a private room, computer access and help with starting the interview. All interviews are by appointment only. To make an appointment either phone the Community Centre on 01547 428 088 or drop in on Tuesday or Thursday mornings or message the Comm's Facebook page.

You can also self-refer to the CAB contact line 0345 6018421.

Knighton Library Opening Times

Monday Closed

Tuesday 10.30am - 1pm & 2 - 5pm

Wednesday Closed

Thursday 10.30am - 1pm and 2 - 6pm

Friday 8am - 12.30pm

4th Sat of the month 10.30am - 12.30pm

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Knighton Library and Community Hub,
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Llangunllo Community Events

Singing Group at the Village Hall

1st Wednesday of the Month.

Between 7.30 and 9pm. All welcome

Table Tennis at the Village Hall

Every Thursday, between 5 and 6.30pm.

£2.00. All welcome

Please see our Llangunllo Village Website:

www.llangunllo.co.uk

Hear to Help "Drop Off" Hearing Aid Clinic

Knighton Community Centre

3rd Tuesday of the month, 10am - 12 noon

For more information: Rachael Beech

07552 165 800 or rachael.beech@rnid.org.uk

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East Radnorshire Care is the new name encompassing all services previously provided by the East Radnorshire Day Centre.

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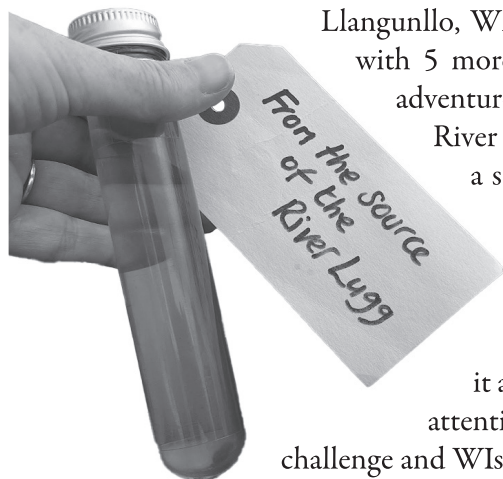
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The WI Walk The Lugg



Llangunllo, Whitton and Chatterbrook (Norton and Presteigne) Women's Institutes, along with 5 more from along the course of the Lugg in Herefordshire, joined forces in an adventure with a purpose, walking the length of the river Lugg during the WI Week of River Action. Starting at the source near Llangunllo on 16th September, they passed a sample of water from WI to WI, walking over 60 miles in 5 days to reach the confluence with the Wye at Mordiford Bridge, east of Hereford.

It all started during a hike up to the source of the Lugg when two of us from Llangunllo WI decided it would be quite a thing to walk downstream along the river, to the border or even the confluence. But how much more fun to do it as a relay of WI walkers. And so much more worthwhile to use the walk to draw attention to the health of the river. Chatterbrook and Whitton WIs were up for the challenge and WIs in Herefordshire jumped at the chance to join us. They had been instrumental in proposing the WI resolution "healthy rivers for people and wildlife" that we were inspired by.

In Llangunllo we took following the river literally, and were helped enormously by the positive response when we asked if we might follow the river through private land. Sincere thanks to all those concerned. Elsewhere walkers relied on the footpath network and one of our most striking findings was just how rare it is to be able to walk by the river.

After a sunrise start on the 16th, collecting a water sample at the source, the Llangunllo walkers handed the 'baton' to Whitton WI at Monaughty in the early afternoon. Whitton reached Dolley Old Bridge (and the first sighting of the invasive plant Himalayan Balsam) at the end of the first day, then handed over to Chatterbrook WI on the morning of 17th September. Chatterbrook came out in force, enjoying the sunflowers at Ackhill, Presteigne beach and the Witybeds on their way from Dolley Old Bridge into town.

Reaching the Welsh-English border was a significant moment. There is a great need for cross border action in addressing water quality issues in the Lugg/Wye catchment so our handover from the Radnorshire WIs to the Herefordshire WIs saw us championing collaboration on the border bridge. Representatives from Herefordshire and Radnorshire WI Federations came to cheer the walkers on, and we were also joined by citizen scientists from the Friends of the River Wye, who have been monitoring water quality on the Lugg for several years now. The WI were thrilled to feel their support as they raised their testing equipment in a salute.

Thanks to the Herefordshire Federation in securing equipment from Fresh Water Watch, each WI involved carried out tests of the nitrate and phosphate levels in the river during their walk. Our results over the week gave us a snapshot of the problem facing the Lugg and Wye along with many other rivers: an excess of these chemicals entering the river from agriculture and sewage. In our catchment more than 2/3 of this load comes from agriculture, with sewage accounting for less than a quarter - not the proportion you would guess from most newspaper, and food for thought...about our food. Pausing to do these tests during our walk made us appreciate the dedication of the citizen scientists who do this week in and week out to collect this essential data (search for WyeViz and the Friends of the River Wye website to find out more).

Gathering reinforcements along the way, Chatterbrook walked on to speed the baton well into Herefordshire, handing over to the Leominster Lasses WI at Mortimer's Cross. Via Stoke Prior, Marden, Tupsley and Hampton Bishop WIs the confluence at Mordiford Bridge was eventually reached on Friday 20th September. A reception committee of Radnorshire walkers joined in for the final stretch, witnessing the sample from the source being raised in a toast to the health of rivers at the confluence.

Our sample is now set to travel further, joining the WI representatives at the March for Clean Water in London on 3rd November, and we will continue to get to know our local river and understand the challenges it faces.

Sue Thornton and Karen Edgar, Llangunllo WI





Exploring the river valley from Llangunllo to Monaughty

Llangunllo WI set off from the source, tracing the route of the young river.



Testing the water for nitrates and phosphates before Chatterbrook WI take up the challenge at Dolley Old Bridge



Handing over the baton of water from the source from Llangunllo WI to Whitton WI at Monaughty

Walkers from Chatterbrook WI enjoy a beautiful stretch of the Lugg as they reach Presteigne



Celebrating our cross border collaboration as the baton is ceremonially passed from the Welsh to the English WIs. Local citizen scientists from the Friends of the River Wye raised their water monitoring equipment in a show of support for our shared concern with river health.

From the source to the confluence with the River Wye: walkers from Radnorshire and Herefordshire joined forces to reach the end of the walk at the end of the week. Next stop for our sample is joining WIs, citizen scientists and so many others concerned with river health at the March for Clean Water in London on 3rd November.



Felindre WI



Rebe Brick and Ray Rand, Blood Bikes Wales

Felindre Village Hall



Bowls at Felindre



The winning team in action

Llangunllo WI



Felindre WI

Felindre WI's September event was a talk by Ray Rand of Blood Bikes Wales.

The first Blood Bikes group started in 1962, with the National Association of Blood Bikes being formed in 2008, then in 2011, Blood Bikes Wales commenced, with the Powys group being formed in 2019.

With no A&E departments in Powys, the local group rarely transport actual blood, instead mainly providing a courier service for medicines, frozen milk supplies for premature babies, foetal transplant material, etc. Riders often meet up with riders from other parts of Wales or England, passing supplies on from rider to rider.

All the bikes are owned, insured, and maintained by the organisation, and riders undergo regular training. Their conspicuous yellow and red livery makes blood bikes easily identified by other road users. All riders and support staff are volunteers, funded by public donations and some business sponsorship, with their services provided completely free to the NHS.

WI President Jayne Harris thanked Roy for his very interesting talk, presented him with a cash donation from Felindre, then thanked member Rebe Brick for hosting the meeting and providing refreshments.

Felindre WI's October event was a daisy triptych painting session, tutored by member and local artist Kath Horn.

Kath talked members through the technique of using acrylics to paint shaded backgrounds for the three sections of the painting, then demonstrated how to paint a daisy in each section. Not all our daisies were as artistic as Kath's, but we all ended up with a pleasing picture to hang on our walls.

WI President Jayne Harris thanked Kath for hosting the meeting, providing refreshments and for her expert tutoring.

Felindre WI's next event is their Annual General Meeting, to be held on **Wednesday 6th November** after a light lunch at The Radnorshire Arms, Beguildy. For more information about this and membership of Felindre WI, contact Jayne on *01547 510644*.

Maggie Flanders

Llangunllo WI Visit Clayton Engineering Limited

Members and partners visited Clayton Engineering in Knighton for our October meeting and I think it was true to say we didn't quite know what to expect, but all I can say is WOW. None of us could have imagined how interesting our visit to the factory, down a lane many of us hadn't noticed before, turned out to be. We started our visit with the managing director Stephen giving an illustrated talk about the company, explaining that they have been designing and manufacturing launch and recovery equipment for the RLNI for over 45 years, and that the RNLi now own the company ensuring that they retain the specialist knowledge and skills the company has developed over their long association.

With the help of Henry and Chris, two of his colleagues, we ventured into the workshops and we were very surprised to see first-hand what the company did. We heard about how they build and service the tractors on site, as well as having teams that can go out to support station engineers should they not be able to resolve the problem themselves.

We saw tractors and trailers specifically designed to launch and recover lifeboats from the beach, others designed to launch inflatable lifeboats, to a massive tractor and carriage able to imitate a slipway to launch a lifeboat directly into the sea. The incredibly complicated technology that goes into the tractors and other equipment along with the capabilities of the vehicles is truly amazing.

We thoroughly enjoyed our visit and thanked Stephen and his colleagues for giving up their evening to share with us the vital work the company does working with the RNLi. It was also good to hear that the majority of the workforce is local, and that they have an active apprenticeship programme. No visit would be complete without a group photo, so here we are in front of the huge impressive tractor, just look at the size!! Thanks Clayton Engineering.

We finished off our evening with an enjoyable meal at the Horse and Jockey and lots of discussions about our visit.

More information about our WI can be obtained from Isabel Morris our secretary on *01547 550 689*.

Anne Newton

Felindre Village Hall

Despite relocating venues at short notice due to the weather, the Macmillan coffee morning in Felindre was a huge success. Thank you to everyone who donated cakes, prizes and money in advance and all the volunteers who helped on the day. Thanks to everyone who attended on the day and to the organisers of the impromptu bowls competition which was won by Jenny Barrett and Wyn George, with a close second place of Yvonne Reynolds and Mike Edwards. The event raised £800 for Macmillan and the committee are very grateful for everyone's generosity in time, money and spirit!

David Roberts Poetry

As Remembrance Day approaches we think about the horrific and destructive wars currently raging, where now many more civilians than soldiers are killed

Here are a selection of verses written during World War One, reflecting changing attitudes from the start of the war through to its end.

Our Country's Call

10th September 1914

Hark! Your country's calling, Johnny,
Come to stem the flood;
See the savage German, Johnny
Spilling British blood!

Up and jine your brethren, Johnny,
Down with German Knives!
We must fight the varmints, Johnny,
Or become their slaves.

Better die a hero, Johnny,
Than a coward be;
Bravely face the foeman, Johnny,
Britain calls for thee.

To the Front... 24 Sep. 1914

Who said that Radnor boys be slaw
To hear the call of duty?
When to the front they're asked to go,
They'll strike for King and Country,
Our Radnor lads be hard as steel,
They won't be trod by German heel.

You dinna know our Radnor boys,
They binna funky cowards;
And tho' they dinna make noise,
They'll shuo the German homewards;
By gosht! They'd think it jolly fun
To drive cauld steel thro' German-Hun!

But by 1915, folks at home are asked to think of and pray for those fighting in the trenches... As more and more men are wanted...

The Boys in the Trenches

April 1915

As in bed you lie so snug,
Safe from bayonet and 'plug,'
Think of those who bear the brunt
Of the fighting at the front.

While your comforts you enjoy,
Think of Tom, our valiant boy!
Pray for him who, with hees gun,
Helps to check the cruel Hun.

In the furrows on the farm,
Safe from any hurt or harm;
Give a thought, or breathe a prayer
For our hero fighting there

Tho Llanbister boasts her 'score'
Men be wanted – more and more;
From the trenches comes the call,
"Come and help us one and all."

And, later on, the reality of the pointless suffering is hitting home

The Boys June 1917

Far from their native land,
Far from the home;
Out on a foreign strand,
Far, far from home!
Out in the trenches there,
We wonder how they fare;
And often breathe a prayer,
For those from home.

Out there mid shot and shell,
They fight for home!
Oft in that ghastly hell,
They think of home.
Many have nobly died,
Sorrows have multiplied!
Thousands to God have cried
From mournful homes.

We pray to God above,
Mid war's alarm,
To keep the lads we love,
Safe from all harm.
In spite of shot and shell,
Out of the mouth of hell,
He'll bring them safe and well,
With his strong arm.

Among the 700 or so poems I can find no mention of the Armistice. And little mention of celebration at the end of the war. However, on a lighter note, in July 1919 it seems Llanbister was caught on the wrong foot!

Llanbister - July 1919

"Where's the welcome home committee?
Be they dead? Well, 'tis a pity!"
From Melenydd to the city-
This we hear!
They have made no preparation
For the great Peace celebration!
Over here!

At Llangunllo and Llandiawy,
Folks be having summat showy!
Five-bob dinners! That's the story
Over there!

Whats gone wrong in auld Llanbister?
Not a fry, or boil, or roaster
Nor a tea to cheer the youngster!
Was it fair?

BUT... eventually folks of Llanbister got their act together and Llanbister and Cantal Schoolrooms were filled with jams and jellies -

"All agree the tea is topping!
Bread and cake they be in keeping;
Sports and races will be ripping,
E're it ends!

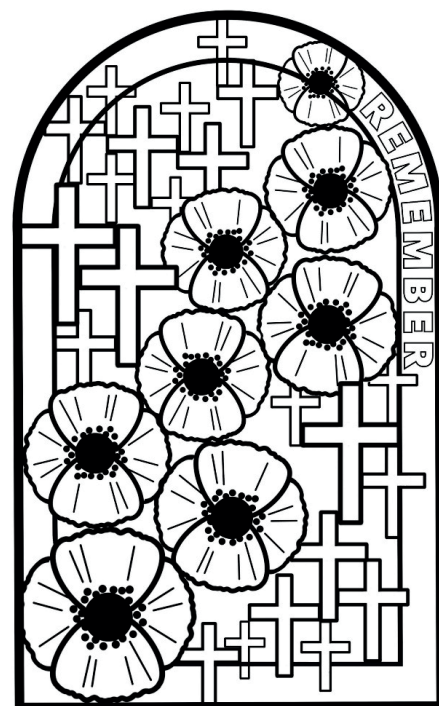
Three good cheers in hearty manner!
Thanks be due to every donor;
They have won much praise and honour
On this day;

'Tis a day we'll long remember!
Now for peace our flags do flutter!
Our thanksgiving may we utter
On this day."

**Dear Lord and Father of Mankind
Forgive our foolish ways!**

**Re-clothe us in our rightful mind,
In purer lives thy service find,**

- John Greenleaf Whittier

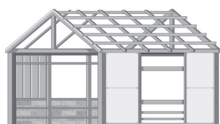


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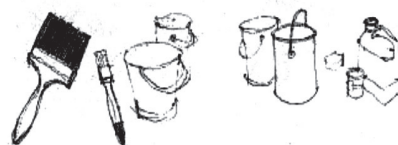
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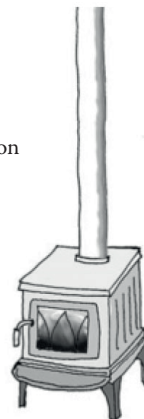
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Llangunllo Women Who Gave Their Support To The 1923 Peace Petition

The Peace Petition of 1923 was initiated by the Welsh League of Nations Union (WLNU). It was founded in the aftermath of WW1 to support people Wales-wide in campaigning for peace and international cooperation, with 1,014 community groups and 61,262 members actively involved in the league's campaigning activities.

Founding of the WLNU was initially proposed by David Davies at the August 1918 National Eisteddfod in Neath. It began as a regional committee of the British League, who on 25/5/1920 organised the first Welsh League conference in Llandrindod Wells. Annie-Jane Hughes-Griffiths was vice chair of the WLNU and it was through her and the Welsh Centre for International Affairs, and in partnership with other national organisations, community groups and volunteers, 'Wales for Peace' explored how Welsh people could contribute to the search for peace, hence in 1923 the women of Wales organised an unprecedented appeal to form the Welsh Women's Peace Petition and Memorial.

There was a particularly strong focus on leveraging Wales' connections with America through the 'American Welsh Diaspora'. The Memorial Petition appealing to the women of the USA "from home to home" and "hearth to hearth" to join them in a call for "Law not War". For the USA to join and lead the new League of Nations the campaign mobilised organisers in every community across Wales, with women leafleting door to door and then returning for the completed signature sheets. Nearly three quarters of Welsh women signed the petition.

The following are the ladies of Llangunllo who signed the petition:

- Jane Lewis of Corner House
- Florence Emily Lewis of Corner House
- Annie Hill of Brook House
- Elizabeth Evans of 2, Church Cottage
- Mary Ann Lloyd of The Village
- May Lloyd of Shell Cottage
- Sarah E Dyke of the Old Post Office
- Lizzie Price of the Old School House
- Mary Ann West of The Stores
- Emily Finney (Viney?) of Mill House
- Alice Lowe of Central Villa
- Mary Jane Lloyd of the Whimble
- Mary E Griffiths of Rock House
- Norah Mary Wardman of Treburfah
- Mary Vaughan of Rock Cottage
- Kathleen Mary Tong of the Post Office
- Alice Evans of The Terrace
- Sarah Ann Evans of the Terrace
- Margaret Jane Lloyd of Chapel House
- Emma Deakins of Rock Villa
- Charlotte May Faulkner of Lugg Villa
- Ethel May Faulkner of Lugg Villa
- Lillian Watts of Market St. Knighton
- Minnie G Lloyd of Lea Hall
- Ada Agnes Lloyd of Lea Hall

The petition, said to be seven miles long in length, and signed by 390,296 Welsh women, was placed in a great oak chest carved by EJ Hallam. The declaration was placed in a gilded Moroccan leather binding which was produced through Cardiff's school of arts and crafts.

They made their transatlantic voyage accompanied by the Welsh delegation of Annie Hughes-Griffiths, May Ellis, Elinor Prys and Gladys Thomas, where it was presented to the women of America, with the quote, "May we hand down to the generations who come after us, the proud heritage of a warless world". Both were bequeathed to the Smithsonian Institute in Washington.

Over 2023-24 WCIA, Academi Heddwch, the Women's Archive Wales, the Smithsonian Institute, Heddwch Nain Mamgu, the National Library and Museum of Wales and the Sennedd joined "peace forces" for a campaign marking the centenary of Wales' remarkable Women's Peace Appeal of 1923-24.

It was agreed it could be on loan from the National Museum of America, and the hundred year old peace petition had an emotional welcome back to Wales on 5/4/2023 coinciding with the announcement of an award of nearly £250,000 from the National Lottery Heritage Fund to bring the story to life.

The chest, petition and declaration arrived at the National Library of Wales and signalled the first step in making it accessible to the people of Wales. The petition has been catalogued, digitised and opened to the public.

The children of Wales were the first to send by wireless a greeting of goodwill to all other children in every land under the sun. The women of Wales were the first to send a message of peace from the homes of one people to the homes of another. The teachers of Wales were the first to teach the principles of the League of Nations in the schools. The churches of Wales were the first to make an annual offering in furtherance of World Peace. Leaders of religion in Wales were the first to present a Memorial to the leaders of religion in America on behalf of the League.

2024 Peace and Goodwill Message

A chest full of signatures, and a century of defining a landscape of peace,
But does peace stand a chance today?
We catch a glimpse somewhere between the discourse and the dust,
In the bright eyes of the child,
Who traces the arc of a kite across fresh acres of sky,
For hope is an action to live in unison,
To nourish the seeds of goodwill in each and every heart,
But does peace stand a chance today?
Yes,
In the love that inhabits the harmony of our song,
And in the challenge of our century's next chapter.



The Bats of St Mary's Church New Radnor

Our bat colony is a maternity (breeding) colony of soprano pipistrelle (*Pipistrellus pygmaeus*). It is difficult to estimate the size of the colony as this is counted from the adult population. The approximate number of bats that emerged was about 200 bats, based on the count on the Bats n Bangers evening. By early August the pup born this year can be learning to fly and following along behind the adults, so it seems likely to be a colony of about 100 – 120 adult bats.

From the exit points that were observed, the roost location is at the top of the chancel wall (the wall plate) and where the roof structure connects to the walls. The bats tend to rest close to the exit point and will cluster loosely or tightly



depending on the ambient temperature in the roost in this part of the church.

In comparison with other bat species in Wales, it is one of the smallest, but it is abundant and the most encountered. It eats small insects: generally midges, gnats and mosquitoes.



The Everest Hall, Llanfairwaterdine, LD7 1TU
are proud to be presenting our new season of films.

Saturday 19th October *"Yesterday"*

Saturday 16th November *"The Man from U.N.C.L.E."*

Saturday 28th December *"We are the Millers"*

Doors open at 7.00pm

Tickets £5/ concessionary price for children.

Refreshments are on sale prior to the film and also during the interval. We look forward to seeing you there.

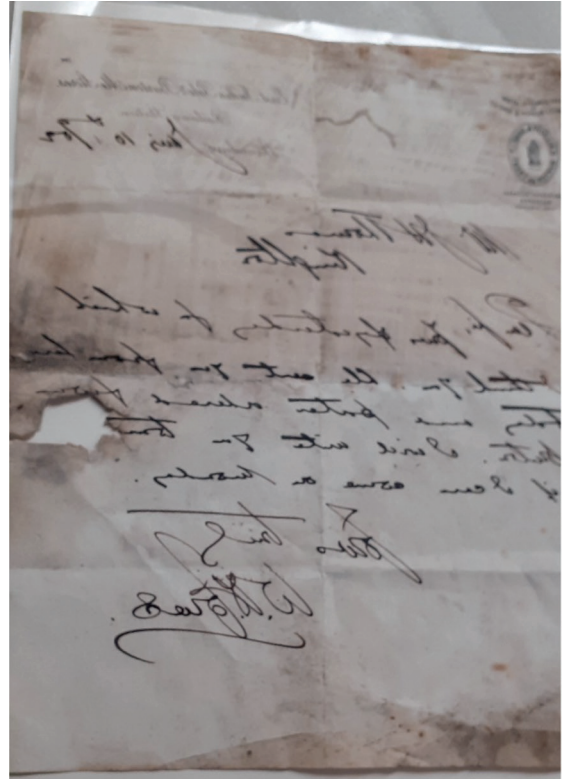
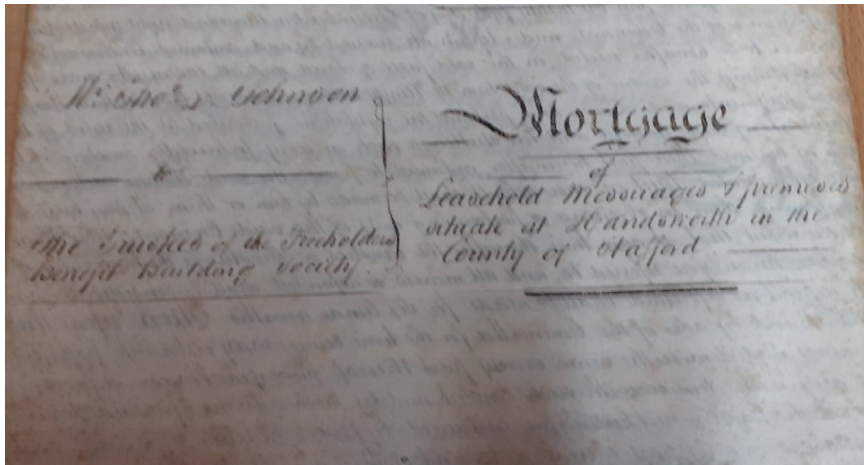
Stowe & Stanage WI

At our October meeting Julia Roberts spoke to us about items that had been handed to her for the Museum, which were found during the restoration of no 19 The Narrows. Julian and Charmian Woodfield bought this property, which was formerly the Salutation Inn, and during restoration discovered coins and papers under the floorboards.

There were coins from the times of George 2nd and 3rd, and Victoria; clay pipes; papers of copperplate writing, some which seemed to indicate that there had been a school of accountancy there in July 1808, long before the first official school was established in Knighton. We were able to examine the archival material closely, giving us a picture of the fascinating history of one small part of our town.

Our November meeting on **5th November** at 2.30pm in the Reynolds Room is our AGM when we will elect our officers, followed by a workshop to make Christmas tree decorations. All are welcome.

Contact Alison Thomas alithomas1@gmail.com for information.



Welsh Vintage Sports Car Trial

Most of you cannot help to have seen or heard these 100-year-old cars tearing about our roads and lanes over the weekend of the 12th-13th October. This car trial has been running for around 75 years and consists of climbing 18 steep and muddy tracks throughout our Ministry Area. The higher they get up the hill, the higher their score, no speed trial is involved. Over 100 of these cars assemble at Presteigne from all over England and Wales, some being driven 100's of miles and some arriving on trailers. They all have to drive a certain distance from Presteigne on Saturday before commencing the hill climbs. There are two main spectator sites at Ralph's Cider Weekend at Badland and the final 3 hills of the trial at Cwmwhitton. This year the conditions were perfect for the competition, with plenty of mud on the tracks which tested the drivers and their "bouncers", whilst conditions overhead were favourable for the spectators. There were record numbers at Cwmwhitton as the car parks were virtually full, the cars being marshalled by Knighton and District Rotary Club, who collected donations for local charities including Whitton Church. Spectators were treated to a wonderful afternoon of vintage sport before the results were announced in the farmyard at Cwmwhitton. The old cars then headed off to their homes from all over the country, the less fortunate being carried on trailers.



Knucklas Notes

Harvest celebrations went well in our area with a delightful service followed by refreshments and socialising at St David's, Heyope. This event was attended by close on 50 local people; proceeds to the Church. Similarly, the Harvest Supper organised by the Baptist Chapel, with help from Heyope Church members, at the Community Centre, was very well attended and organised; proceeds from voluntary donations were given to the humanitarian work of Tear Fund. This was followed by a morning service of worship at the Knucklas Chapel, which also included Baptists from Knighton.

The concept of 'well-being', linked with health and sometimes employment, is becoming increasingly recognised and encouraged by various voluntary and official bodies. This includes the Wye Valley NHS Trust who are sending out letters encouraging patients to link up to the 'My Health and Wellbeing' internet portal. Issues of sleep, mood, pain and weight are specifically mentioned.

On a recent Sunday, there was a delightful procession of vintage sports cars celebrating a 'Wales Weekend': this started in Presteigne, passed through Heyope and Knucklas and finished at Cwm Whitton farm.

As I write, we look forward to our annual Apple Day in and around the Community Orchard. This will follow the Castle Hill Community Land Project A.G.M. on the evening before.

It is with great disappointment that local people and customers from miles around have learned of the closure of the Castle Inn. It has become quite a destination for fine food and drink in a welcoming atmosphere, at a remarkably reasonable price. Customers experienced friendly service from well-motivated local staff, both within its welcoming walls and through the 'takeaway' outlet. We all wish Ying, Lena and Vince a very happy future.

Congratulations to Tom and Jill Smith of Mill Bungalow, Knucklas, who recently hosted a family party to celebrate 60 years of marriage. They received a letter from Buckingham Palace.

Robert Forbath

Flora and Fauna

Autumn is well and truly here and the sheer beauty and brilliance of the colourful foliage and berries all around us is a real joy. We do not have to rely on leaves and flowers to add interest to our gardens. Lots of shrubs and trees save their best displays for the shortest days of the year. Their difference in habit, texture and colour comes to the fore. Most have been planted to give a framework for the garden, but in autumn and winter we notice their importance, giving us structure and variety to the overall scene.

Topiary, the art of sculpting with plants, history tells us, that the Romans were big on this, to create eye catching central pieces in their large formal gardens. Ready made frames are now available for you to create your own special centre piece. With the right tools and a little imagination, it is surprising how satisfying the end result can be. Golden privet and variegated box are ideal for making shapes in a small garden. They look great in snow and when covered in frost. On foggy days their silhouette makes a striking feature.

It is a busy time of the year for all who enjoy their gardens, with so much tidying up necessary, pots and containers to be cleaned and stored away, spring bulbs to be planted. Tulips can now be purchased and planted, lots of vibrant colour still in the shops, with heathers and pansies to see us through before the snowdrops appear. We must not forget the many small creatures looking for somewhere warm for the colder days and the birds all need food and shelter.

November is the month of Remembrance. Poppies will be on sale, a reminder of all those brave people who gave their lives for us all to live in peace, not forgetting the countries where the horrors of war and suffering are still raging today.

"We cherish, too, the poppy red
That grows on fields where valour led;
It seems to signal to the skies,
That blood of heroes never dies."

- Moina Michael

Jean Price

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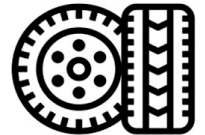
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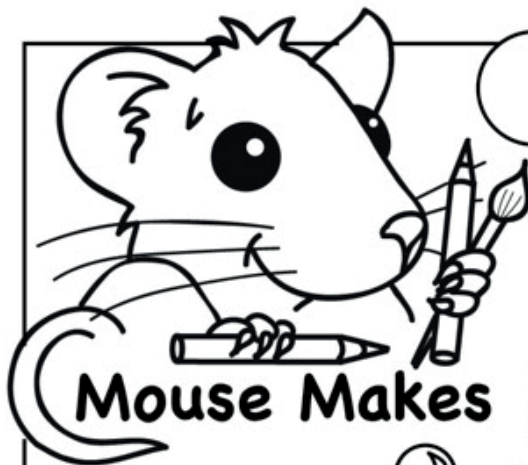
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Mouse Makes

"DO AS I HAVE DONE FOR YOU."

The disciples had met with Jesus in an upper room to share a meal together, but there were no servants to wash their dusty feet. Jesus got up from the table, took off his outer clothing, wrapped a towel around his waist and began to wash the disciples' feet just like a servant would do.



Then Jesus said:

"Do you understand what I have done for you? Now that I, your Lord and Teacher have washed your feet, you also should wash one another's feet. I have set you an example, that you should do as I have done for you."



READ

the story in
John 13:1-17

By washing his disciples' feet, Jesus showed that as God's people we are never too important to serve and care for others.

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PETER
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 CLEAN • UNDERSTAND • OTHERS • EXAMPLE • DO • LOVED • CHOSEN • BLESSED

Llangunllo Memories of World War 1

As reported in local papers -

January 1915

A successful social was held in the School Room which included songs and competitions. The event was well attended and a good sum was realised for a fund for the soldiers and sailors.

January 1916

On Furlough – Gunner Arthur Price, Royal Field Artillery, son of Mr Charles Price, Brook House, Llangunllo, has been home on furlough for a few days. He has been at the front since last March.

Post Script – Sadly he died on 11th June 1916, no known grave, commemorated on ARRAS Memorial and awarded the Military Medal. He is named on Llangunllo War Memorial, and with the other young men lost from our community, will be remembered on Sunday 10th November.

January 1918 - Sir Arthur Pearson's Appeal

A splendid response has been made in this parish to the appeal on behalf of the blind soldiers. A carol party was formed which went around the district night after night singing carols. The party were heartily welcomed wherever they went and the gratifying sum of £18 was collected (£860 today.) This has been forwarded to Sir Arthur Pearson, the blind benefactor, to help with his noble work for soldiers blinded in the war.

July 1919

Peace Day was celebrated in Knighton, however, **“Not all the veterans were satisfied with the proceedings – a correspondent to the Radnor Express contrasted the cold meat given the Knighton ex-servicemen with the silver medal the Llangunllo veterans had received!!”**

The Knighton authorities moved quickly to put matters right and approved the spending of £250 (over £10,000 today) on a souvenir for each of the returning servicemen and for war widows.

Ref: Llangunllo Community Website, “The Story of Knighton” by Keith Parker, WW1 War Records.

Llanfair Waterdine WI

For our October meeting (4th), we had a social evening with a Beetle Drive. We have been assured that no cheating took place! This was followed by a wonderful supper provided by two of our members.

In November (1st) we will be having our AGM, social and supper. Then in December (6th) we are planning a Christmas Craft and Decoration session led by two of our members.

Our meetings are on the first Friday of the month in the Everest Hall, Llanfairwaterdine. Meeting 7pm. Speaker/activity 7.30pm. We are always pleased to welcome visitors to enjoy the speaker/activity and share our finger buffet supper. So please come along.

For further information contact Margaret Clugston 01547 529 155 or Christine Chainey 01547 519 254

Teme Valley Gardeners' Club

The October meeting was enlightened by a fascinating illustrated talk on the subject of Edwardian Gardens. It was good to see a few fresh faces at the event, held, as usual, at Knucklas Community Centre.

Meetings move into ‘winter mode’ from November onwards, starting with a talk on *‘Private Plants and Gardens of Cheshire’*, meeting at 2pm on **Monday 11th**. The competition will be for ‘An arrangement of Autumn Colour’.

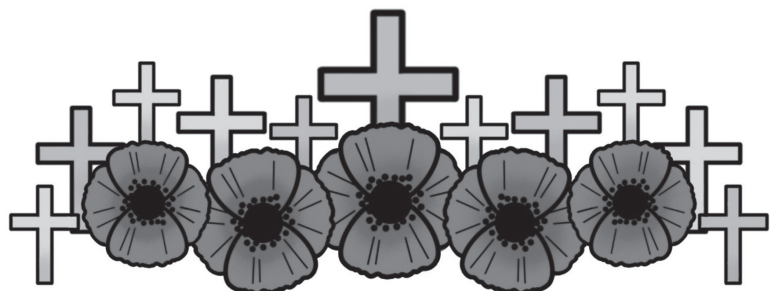
Refreshments and a raffle are always available. Visitors are welcome.

Methodist Church News

Sunday 29th September saw a group of us from Knighton travel to our sister church in Builth Wells where a service took place in the afternoon, closing the building. Due to small numbers in the congregation the building can no longer be maintained, so the members will continue as a ‘class’ of our Knighton church. Once a month they will travel to share a service of Holy Communion with us, and once a fortnight Rev Phil Summers will conduct a house group with them locally.

The ‘farewell’ service was led by Phil, together with Superintendent Minister, Richard Hall, and it was a joyful time of song and prayer, tinged with sadness of course. We enjoyed a time of fellowship afterwards, helped along by tea and cakes!

Alison Thomas



Readings for November

3rd November

Deuteronomy 6. 1-9
Psalm 119. 1-8
Hebrews 9. 11-14
Mark 12. 28-34

10th November

Jonah 3. 1-5, 10
Psalm 62. 5-12
Hebrews 9. 24-28
Mark 1. 14-20

17th November

Daniel 12. 1-3
Psalm 16
Hebrew 10. 11-14, 15-18, 19-25
Mark 13. 1-8

24th November

Daniel 7. 9-10, 13, 14
Psalm 93
Revelation 1. 4b-8
John 18. 33-37

1st December

Jeremiah 33. 14-16
Psalm 25. 1-10
1 Thessalonians 3. 9-13
Luke 21. 25-36

Knighton Roman Catholic Church

Service every Sunday at 11 am

East Radnor Ministry Area Bible Study Group

The third Thursday of the month, 10am-11.30am

Hosted by
David & Heather Evans,
Middle House, Beggars Bush
A warm welcome awaits you
For further information please
contact Rev Rachael Storer
rachaelstorer@cinw.org.uk
01544 350 760



Methodist Church Services

November

3rd Kingsley Duah
10th Remembrance Service at Parish Church
17th United Service with Baptists at Methodist Church
24th Rev Phil Summers Holy Communion

Baptist Church Services - November

Sun 3rd 11.00am Worship Service Norton Street, Knighton
6.00pm Sunday @ 6 Service Knucklas Chapel
Mon 4th 7.00pm Prayer Space Community Room, Norton Street, Knighton
Sun 10th 11.00am Joint Remembrance Day Service St Edwards Church
(no service at Norton Street this morning)
Sun 17th 11.00am Joint Worship Service Knighton Methodist Church
(no service at Norton Street this morning)
6.00pm Sunday @ 6 Service at Knucklas Chapel
Sun 24th 11.00am Worship Service Norton Street, Knighton

In addition to the above, our popular Toddler Group meets 10.0-11.30am each Thursday morning in the Community Room at our Knighton Chapel during school term times. We also have a network of Lifegroups meeting daytime and evenings during the week - please call our Pastor, Rev. Gareth Davidson, for details of times and venues on 01547 528679. For details of other events and news, please see our Facebook page.

New Radnor Baptist Chapel

November 3rd - 3pm
Christine Gould

December 8th - 3pm
Carol Service
Rev'd Christobel Hargraves

Further information from May Hardwick
01544 350 680. All very welcome

Gravel Baptist Chapel

10th November - 10.45am
With Llangunllo at the Memorial
then back at the Gravel

15th December - 2.30pm
Carol Service

Further information from
Keith Williams 01597 851 122

St Mary's Church, New Radnor, Services

Every 2nd Sunday, 10am,
Morning prayer in church
Every 3rd Sunday, 4pm,
Evening Praise in Community Centre
Every 4th Sunday, 10am,
Holy Communion in Church

Please contact Reverend Rachael Storer for any queries
about the services, thank you. The Rectory, School Lane,
New Radnor. Telephone: 01544 350 760

Types of Anglican Church Services in ERMA

MP - Morning Prayer

A service of morning prayer either CinW Contemporary or Book of Common Prayer (BCP)

MW - Morning Worship

A less formal service based on MP

EP - Evening Prayer

A service of evening prayer either CinW Contemporary or Book of Common prayer (BCP)

Morning or Evening Worship/Praise - A less formal service. Sometimes with a theme eg harvest.

Compline - A short Night Office

Set readings and prayers for night time.

Compline Plus - A service of hymns and reflection based around the liturgy of Compline.

Holy Communion/Eucharist - A service that includes the sharing of bread and wine as directed by Jesus at the Last Supper. This can be with hymns or said without hymns. The Liturgy will be CinW 2004, BCP or occasional Celtic.

Are there any types of service that you would like to see? If so please contact your church sub warden, any member of the Ministry Area Team or the clergy.

Church Contacts

Methodist Minister:

Rev Phil Summers
07795 109 126
philsum41@gmail.com

Baptist Minister:

Rev Gareth Davidson
The Manse, Victoria Road, Knighton LD7 1BD
01547 528 679 or 07795 087 363
gareth16@tiscali.co.uk

Baptist Secretary:

Mrs Sue Wilson
01544 267 456 or 07866 833 294
knightonbaptists@gmail.com
www.knightonbaptists.org.uk

Knighton Roman Catholic Church

Fr. Gerald Okechukwu Isiguzo - 07376 459 370

Grid References & Church Postcodes

Beguildy	SO 194797	LD7 1YE
Bleddfa	SO 206683	LD7 1PA
Heyope	SO 239745	LD7 1PY
Llangunllo	SO 211712	LD7 1SW
Knighton	SO 287724	LD7 1AG
Norton	SO 304672	LD8 2EY
Whitton	SO 390673	LD7 1AG
Pilleth	SO 256682	LD7 1NP
Cascob	SO 239664	LD8 2NT
N Radnor	SO 210609	LD8 2SS
Gladestry	SO 230551	HR5 3NR
Colva	SO 199512	HR5 3RA
Evancoyd	SO 262639	LD8 2PA
Llan'l N M	SO 180581	LD8 2TN

Church/Community Hall Contacts

Evenjobb Village Hall	Linda Ellams	01547 560 306
Felindre Village Hall	Jayne Bright	07498 424 292
	Brian Thomas	07799 346 182 felindrevh@gmail.com
Gladestry Village Hall	Marlene Evans	01544 370 646 marlene.evans@hotmail.co.uk
Llangunllo Community Hall	Karen Edgar	07811 172767 communityhall@llangunllo.co.uk
Knighton Community Centre	Ceri Brown	01547 428 088 www.knightoncomm.wales/
Knucklas Community Centre		01547 529 007 www.knucklascommcentre.org.uk
New Radnor Community Centre	Carlee Evans	01544 350 575
St Ed's Church Hall	Jean Price	01547 528 260
Whitton Community Hall	Gill Powell	01547 560 367

Diocesan Prayer

Our diocesan prayer, which captures our vision for Ministry Areas so well, says this:

*Bless us as we **gather** in your name;*

*Guide us as we **grow** into the likeness of your Son;*

*Lead us by your Spirit to **go out** and make disciples of others.*

Ministry areas are the structure we are using to journey together with God as a pilgrim people, turning that vision into reality.

from the diocesan website

East Radnor Ministry Area Bible Study Group

at David & Heather's,
Middle House, Beggars Bush

will be on Thursday 21st November,
Starting at 10am. All welcome.

Contact Rev'd Rachael Storer for further details.



Wellies & Woollies Christmas Concert



With Radnor Valley Band
Carols and Readings
Mulled wine and mince pies

7 pm

Friday 6th December

All welcome!

For details: 01547 5560272



Churches Together Events in the pipeline for December

Please look out for further details

Light Up A Life

Service at the Methodist Church
Thursday 5th December at 6.30pm

Carols at the Comm

Tuesday 10th December at 6.30pm

Christmas Morning Joint Service

11.00am Details to be confirmed.

Can You Help?

St. Edward's Church in Knighton is looking for some volunteers in the churchyard to help with keeping the flower beds tidy, pruning shrubs, etc., removing the ivy from the church walls and possibly from the churchyard walls as well. We are very fortunate that Community Services keep the grass under control and the churchyard looking reasonably tidy. We just need some additional help please! The churchyard is visited by many.

If you feel that you could help, then please contact Simon Gill on 07493 132 629



East Radnor Ministry Area Service Rota November 2024

3rd November - Trinity 23 (Green)

10am	St Michael's, Llanfihangel Nant Melan	Morning Worship
11am	St Peter's, Evancoyd	Morning Worship
11am	St Edward's, Knighton	Holy Communion
2.30pm	St David's, Colva	Evening Worship
3pm	St Michael's, Cascob	Holy Communion
7.30pm	St Mary Magdalene, Bleddfa	Compline Plus

10th November - Trinity 24 (Green)

10.45am	St Michael's, Llanfihangel Nant Melan	Remembrance Service
10.45am	St Peter's, Evancoyd	Remembrance Service
10.45am	St David's, Whitton	Remembrance Service
10.45am	New Radnor Cenotaph	Remembrance Service
10.45am	St David's Colva & St Mary's Gladestry	Remembrance Service
10.45am	Llangunllo Cenotaph <i>followed by service at the Gravel Chapel</i>	Remembrance Service
10.30am	Knighton Cenotaph: 11.15am St Edward's	Remembrance Service

17th November - Trinity 25 (Green) Safeguarding Sunday

9.30am	St David's, Whitton	Holy Communion
10am	St Mary's, Gladestry	Morning Worship
11am	St Peter's, Evancoyd	Holy Communion
11am	St Edward's, Knighton	Morning Worship
4pm	New Radnor	Informal Worship @ the Community Centre

24th November – Christ the King (White)

9.30am	St Edward's, Knighton	Holy Communion
10am	St Mary's, New Radnor	Holy Communion
4pm	St Mary's, Gladestry	Holy Communion

1st December – Advent Sunday (Purple)

11am	St Peter's, Evancoyd	Morning Worship
11am	St Edward's, Knighton	Holy Communion
3pm	St Michael's, Cascob	Carol Service
3pm	St Michael's, Llanfihangel Nant Melan	Christmas Tree Service
7.30pm	St Mary Magdalene, Bleddfa	O Antiphons