THE RADNOR October 2022



Luke, the Evangelist

The book and quill pen refer to the Gospel of Luke and its follow-on, the book of Acts. "Luke" is about the life of Jesus and "Acts" is about the life of the early church. His writings make up more than a quarter of the New Testament, hence the large book. He is portrayed as blonde since scholars believe he was a gentile, not a Jew, although his writing reaches both. He traveled with St Paul, who refers to him as "the physician," and indeed his writings reflect a doctor's care for humanity, especially those on the margins: women, the ill, the poor. He looks like a kind young man, and only a saint would be shown with a halo. This image came from St Mary's on the Isles of Scilly. Luke's feast day is celebrated on the 18th October.

Article and photo by Laura W-J

The Magazine of the East Radnor Ministry Area.

Beguildy & Felindre | Bleddfa | Heyope & Knucklas | Llangunllo Knighton | Norton | Whitton | Pilleth | Cascob New Radnor | Gladestry | Colva | Evancoyd | Llanfihangel Nant Melan

Price £1.10

Monthly Rota		2 nd October	9 th October	16 th October	23 rd October	30 th October	Notes
Beacon	Beguildy	No Service	No Service	No Service	No Service		Friday 7th October Harvest
Hill	Bleddfa	7:30pm Harvest	No Service	No Service	No Service	_	
	Неуоре	3pm Harvest	No Service	No Service	9:30am Holy Communion	Ministry Area Service to be announced	
	Llangunllo	No Service	No Service	3pm Harvest	No Service		
East	Cascob	3pm Harvest	No Service	No Service	No Service	-	
Radnor	Knighton	11am Holy Communion	11am Ministry Area Holy Communion with Bishop John	11am Holy Communion	11am Family Service		
	Norton	No Service	No Service	No Service	No Service		Saturday 1st October Harvest
	Pilleth	No Service	No Service	No Service	No Service	-	Easter to Harvest & Carols
	Whitton	No Service	No Service	9:30am Holy Communion	9:30am Morning Worship		
New	Colva	2:30pm Harvest	No Service	No Service	No Service		Easter to Harvest & Carols
Radnor							
	Evancoyd	No Service	No Service	11am Morning Worship	No Service		Saturday 1 st October 6.30pm Harvest service supper & auction
	Gladestry	No Service	No Service	10am Holy Communion	4pm Evening Prayer		Friday 14th 6.30pm Harvest service & tea & cake after the service
	Llanfihangel Nant Melan	10:30am Morning Prayer	No Service	No Service	No Service		Friday 7 th 6.30pm Harvest Service & supper
	New Radnor	No Service	No Service	No Service	10am Holy Communion		

East Radnor Ministry Area Contacts

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LLANGUNLLO WI ANNUAL BBQ

Well we finally made it outside in Di and Chris's lovely garden after Covid and bad weather got in the way for the last three years. Members and partners enjoyed a very hot and sunny Sunday afternoon together as we tucked into a fabulous BBQ thanks to Chris's expert cooking, as well as a scrummy buffet provided by members which included lots of super puds, and of course a glass or three!!! We certainly made up for not managing to hold our BBQ in the previous years. Ensuring we worked off all the calories we had eaten Chris and Di provided games that we all played resulting in a lively competitive streak emerging in some members and partners despite the heat.

Chris reminded us of how the village and their garden had flooded in the spring, which seemed difficult to appreciate when we looked at the trickling river Lugg running along their garden now. We all agreed it was a lovely way to while away the afternoon, perfect setting, great company and fabulous food.

Our October 4th meeting is a talk from Blood Bikers Wales, for more details about this, and our WI please contact our Secretary Isabel Morris on 01547 550689



Llangunllo WI September Meeting.

Our guest speaker for the September Meeting was Ellen Hinton who travelled from Abergavenny to give us an insight and entertaining talk into her "Little Green Refills" business and how it came to be. The plastic waste situation was the kickstart she and a friend needed. They were anxious about the long -term effect, wanted to make a difference and are passionate about reducing this.

They now have a lovely shop in Abergavenny which is well supported by the community and offer a wide range of sustainable items, refills on household and body care products and items from local producers and suppliers some of which she brought for us to see.

Members certainly enjoyed the talk and we know that even making small changes to our life style we can make a difference. We discussed our programme for next year and member choices so far, look for a lively time in 2023, our 101st year. We are delighted as a WI to feature in the September edition of WI Life, NFWI's monthly magazine, all dressed up in 1920's fashion at a party to celebrate our Centenary, but a little disappointed at the size and editing of the photograph!

Shirley Brown/ Isabel Morris.

Members with Ellen and a selection of Little Green Refills products





Donna and Ellen discuss products.

Radnor Valley Gardening Club Annual Show

Once again this delightful village show welcomed exhibitors to show off their gardening, baking and craft talents. The skills and enthusiasm were lovely to see and visitors were not disappointed at the exhibits. To everyone's surprise given the hot dry summer, the flower section was absolutely amazing, and the Flower Arrangements themselves came in for particular praise from our judge as being of a very high standard. There were some brilliant children's entries, so well done to our young people. The domestic tables were not so overflowing with goodies this year as formerly, but a particularly good roasted red pepper pesto won the judge's praise as being the best thing she had tasted all morning! It was lovely to welcome everyone back. Thank you to all those who took part, without you there would be no show. Thank you to the helpers, and thank you especially to the judges who give so generously of their time and expertise.

Hermione Evans





From the left Jill Lingard, Elise, Sophie and Ollie enjoying the Arts and Crafts



Dear Friends,

We are in the midst of our harvest celebrations. Some of you have rescheduled due to the period of mourning following the death of Her Late Majesty Queen Elizabeth, thank you.

Autumn has blown in and the leaves are starting to change colour. There is definite nip in the air of an evening. Autumn is a season that makes us think of change. Change is something that the church is having to look at if we are to survive, especially in rural areas. As we move towards winter let us spend a little time thinking or chatting abut any ideas we might have to use our churches on days other than Sundays.

Romans 12:2 states:- Do not be conformed to this age, but be transformed by the renewing of the mind, so that you may discern what is the will of God-what is good and acceptable and perfect.

We must listen to what God is telling us. So many people are in need of help. Is there a way in which the churches could offer some help? Each church building is there for anyone who needs it. We are not clubs. Let us get our thinking caps on and see what we can come up with. I look forward very much to hearing your ideas.

Love and blessings

Petra

Facebook: East Radnor Ministry Area Advertisers' Index on page 40 The Radnor Magazine Cost: $\pounds 10$ per year, 10 copies $\pounds 1.10$ individual copies.

Our pub needs you

Do you have fond memories of The Radnor Arms in New Radnor?

Sitting at the very heart of our village and at the heart of community life, this profitable pub was closed by Powys County Council, when the former owner failed to maintain it. The good news is, that it is now available for purchase at Auction on Thursday October 20th.

We are a Community Benefit Society dedicated to reopening the Radnor Arms Hotel, New Radnor's last pub and making it an exemplar of community ownership. We have set an initial target of \pounds 150,000 to purchase and begin work on the site. If you are looking to make a tax efficient investment in an ethical and local enterprise dedicated to serving its community, then do read our business plan available at www.radnor-arms.org

Help us to save our local pub!

Thank you!



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Whitton Community Hall diary of events

Tuesday 4th October When the Americans Came to Town @ 7pm

Tuesday 12th October FREE Coffee Morning 10.30am - 12pm

Friday 28th October Harvest Supper @ 7.30 pm with the Cardboard Box Thieves Band (A Mid Wales Folk Band) as the live entertainment

Welsh Words for October	The Radnor is printed			
brenin king	by:			
brenhines queen	Unit 1, Craven Arms Business Park, Craven Arms,			
tywysog prince	Shropshire SY7 8NR			
tywysoges princess	Tel: 01588 673972 info@cravendesignandprint.co.uk			
Online The Radnor is available at www.beaconhillbenefice.org.u	The date for the November magazine deadline: 15th October 2022. Please limit submissions to 200 words, thank you. The new Editor Dee has had to step down from the role due her increased work commitments. Beth Storer will be editing the magazine for the next few issues to see if she would like to take up the post as editor on a permanent bases. For the November issue please send any articles or news of events to the email:radnoreditor@outlook.com, thank you			

The Samatha Centre welcomes the Llangunllo Community.

Llangunllo Community received a kind invitation from the Samatha Centre to celebrate 35 years at Greenstreete Farm and the 90th Birthday of Nai Boonman who brought the Buddhist meditation to the UK from Thailand in the early 1960's.

Local residents enjoyed lunch, looking around the shrine hall, visiting the library and having the opportunity to join a short taster of meditation.

Nai Boonman was a Thai monk in India, he later disrobed and came as a layman to the UK, his meditation knowledge was sought by many including students from the University of Cambridge whom he taught for 10 years. Since 1991 he has continued to return from Thailand to conduct courses. The National Samantha Centre at Greenstreete, has a converted farmhouse with individual accommodation, forest meditation huts and a shrine hall where regular courses for beginners and experienced meditators are held.

Samatha means "calm" and is a gentle, but effective way of training the mind to develop inner strength and freedom from restlessness, leading on to clarity and understanding.

The path from calm to insight was followed by the Buddha himself and is a central tradition of Buddhist meditation.

The technique practiced, is based on attention to breathing, a subject which is said to be suitable for all types of people.

Study groups are also held at the center and include working on aspects of Southern Buddhist (Theravadal) theory, practice and texts, chanting and the celebration of puja.

The Llangunllo Community with photos from Guy Hart



Llangunllo Hall 200 club results for July 1st prize £20 Henry Morgan 2nd Prize £10 Joyce Lewis, Griffin Lloyd 3rd Prize, £5 Mia Jones 3rd Prize £5 June Grey

Tradition Continues!

This past summer saw the return of national, county and local shows to the social calendar. The Royal Welsh was held at Llanelwedd and town and village carnivals, sports and fetes, including those in the Ministry Area, once again took place. September brought the Kington Show, traditionally the end of the season, and thoughts turn to autumn.

In 1903, The Radnorshire Standard reported a village sport's day at Llangunllo "A public tea and sports were held in Llangunllo on July 10th in a field kindly lent by Mr Vaughan of Great House. The tea, held in a marquee in the sport's field, was organized by the ladies of the village. There were numerous attractions such as Aunt Sally, coconut stands, a shooting gallery, rings and quoits. A variety of races were held, including running races for adults and children, a slow bicycle race and an obstacle race. Football matches were enjoyed by the men and boys of the parish. Mr T Dyke's gramophone played splendid selections of music during the afternoon. There was a good attendance, the weather being all that could be desired and the proceeds were for the Church Organ Fund." (Mr Dyke lived at Troedrhiwfedwen near Gravel Arch)

Tradition continues and much remains unchanged at today's events. However, I do just wonder what the football men and boys of 1903, would think of England's World Cup Winning Lionesses! Isabel Morris.

Ref – Radnorshire Standard 22nd July 1903 via Llangunllo Community Website.



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Radnor Valley Young
 Farmers - Success at the Royal Welsh Show
 Congratulations to Lauren
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 their success at the Royal
 Welsh Show in July.
 Despite extremely hot
 weather conditions Lauren
 and Philip won their
 Shearing and Wool Handling
 competitions for the County.





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NOTICE OF ANNUAL GENERAL MEETING

The Annual General Meeting of Knucklas Castle Community Land Project will take place at the Community Centre, Knucklas on Saturday 1st October 2022 at 7.00pm.

ALL ARE VERY WELCOME TO ATTEND Members may vote

On Saturday 1st October at 6pm in Knucklas Community Centre we are holding an event to celebrate the launch of our new calendar, it's beautifully produced corker of a calendar with representations by Knucklas Makers of the allotments and what grows in them at different times of the year along with recipes for each. Thanks to all who contributed.

At the launch there will be tastings of these recipes (not all of them because some of the veg is not in season).

The calendar is \pounds 12, the same as last year. How's that for beating cost of living blues?

You can get a copy of the calendar at the launch.

Saturday 8th October 7.30pm. Music in New Radnor

Ensemble Hesperi 'Full of the Highland Humours'.

Dynamic and innovative London-based early music ensemble and rising stars in the early music world, who have appeared on Radio 3 many times over the past year. This concert will explore the success of Scots Baroque music in 18th century London, capturing the charm and spirit of this fusion between Folk and Baroque music.

Box office numbers (for this concert only) 01544 350268 & 01544 231732 New Radnor Community Hall, Hall Lane, New Radnor, Powys, LD8 2SW. Booking preferred. Tickets $\pounds 15 / \pounds 3$ Doors open at 7pm for a 7.30pm start.

Knighton show and Carnival 2022.

The theme this year was cartoons, Restorella put up outside their shop this fabulous image of Sylvester and Tweety Bird from Looney Tunes.



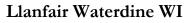
Photos curtsy of Simon Taylor, email: simon@powyswebsites.com

Knighton and District Concert Society

Our first concert of the season will be part of the Knighton Literary Festival. Local musicians will be playing and singing, including Mig's Band and our Ystrad Cello Quartet.

St Edward's Church Hall, 30th October at 4.00 pm

Refreshments will be available in the interval.



We were delighted with the results at Knighton Show. Winning the WI exhibit was an achievement and the Jean Kilby award for the best flower arrangement was an added bonus.

Our September meeting was "A History of Social Housing in Hereford" with Mike Rix. This was a fascinating history of social building in Hereford and many of the trusts still remain. His talk was supported with photographs by our own member Andrea Moore. The distinctive architecture is still to be seen on estates

in many areas of the city.

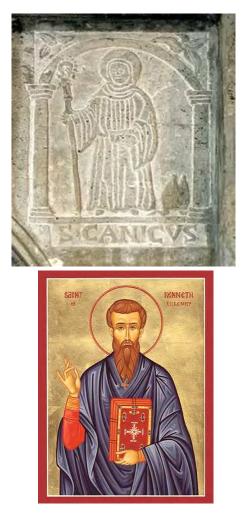
On 7th November the speaker is Dorothy Symonds with "Bags of Surprises" Dorothy is well known in the area for her wonderful craft work.

We are always glad to welcome visitors to our meetings on the first Friday of every month 7pm. in the Everest Hall Llanfair Waterdine. For further information please contact either Margaret Clugston (President) on 01547 529155 or Ann Harroway (Secretary) on 01547 528477





Don't forget that the clocks go back one hour at 2am on Sunday 30th October



St Cainnech (Kenneth) of Aghaboe Feast Day 11th October

I don't know what the problem is with the name Cainnech, but the spelling changes at different times and in different places. In the Latin liturgy he was known as Canicus, which became Canice in Ireland, but they also pronounced his name as Kenny. So in Kilkenny (Kenny's Church) the cathedral is dedicated to St Canice. In Scotland he is mostly known as Kenneth, so we have places such as Inchkenneth on Mull and Cambuskenneth near Stirling. Cainnech was born in 515 in Ulster, where his father was a distinguished bard and tutor to the chieftain's son. Cainnech looked after the chieftain's flocks until he was eighteen, when he went to St Finnian's famous monastic school at Clonard. He was one of the students who became known as the Twelve Apostles of Ireland and it was there he met Columba, who later settled on Iona, and it is in Adomanan's Life of Columba that we hear stories about Cainnech. In the meantime Cainnech travelled to Wales because of the plague and it was there, at St Cadoc's monastery at Llancafarn, that he was ordained in 545.

Eventually, after twenty years of travelling and missionary work, Cainnech joined Columba on Iona and helped him greatly in his mission to the Picts. He also built the first church in the city that later became known as St Andrews. Later Cainnech returned to Ireland where he founded his principal monastery at Aghaboe (the Field of the Cow) and that is where he was buried. He spent some of his retirement on an island where the birds were so noisy that they disturbed the church services, so he got them to be quiet on Sundays. He also wrote a commentary on the four Gospels, which was much used during the Middle Ages.

GLADESTRY 49 CLUB WINNERS

After the summer break we have a little catching up to do. But while The Radnor and others take a break the weekly draw continues - and so do the winners! Thw winners from May through July:

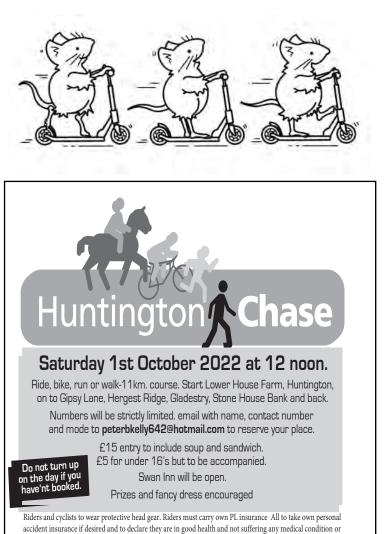
Sue Mullin, Michael Johnson, Sue Croose, Viv Taylor, Andrea Croose, Jo Wait, Joanna Crawshaw, Brian Littleworth, Viv Lloyd, Joanna Crawshaw, Marlene Evans, and Betty Johnson. The weekly prize is currently $\pounds 23$ but this likely to reduce unless we find new supporters. The subs are $\pounds 13$ a quarter or just $\pounds 1$ a week for a lucky number, well, occasionally!!

Best of luck

If you would like to join please call me on 01544 370296. Michael Johnson



Nigel and David tolled the bells for 30 minutes at noon on Friday 9th September at St Peter's Church, Evancoyd to mark the announcement of the death of Queen Elizabeth the second



physical handicap which would affect their ability to take part safely in this event.



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Gladestry WI

Gladestry played host to a wonderful August Guest Evening with our local artiste Jess Squire entertaining us with Welsh Folk singing and poetry. She is also a talented instrumentalist!

Cheese and Pimms was enjoyed by over 40 members and guests giving all a chance to 'catch-up' Joan and Gaynor manned a bountiful stall.

The competition 'a posy' was won by Liz Lythall. Several draw prizes were won by guests and members.

New members always welcome! Gladestry WI members extend their sincere condolences to King Charles the Third and the Royal family on the death of our dear Queen. A much loved and inspirational woman who devoted her life to God and her subjects.







Recipe of the month: Courgette Tea Loaf

Shirley baked this tea loaf to serve after Morning Prayer at Llangunllo, it was delicioius! Ingredients:

1 egg

2.8 fluid ounces salad oil

- 4 oz brown sugar
- 3oz grated courgette
- 4.5 oz self-raising flour $\frac{1}{2}$ tsp baking powder
- 1 tsp vanilla essence
- $\frac{1}{2}$ tsp salt
- 3 oz raisins or sultanas
- 3 oz chopped nuts (optional)

Method: Beat egg, oil and brown sugar and courgette. Mix well. Stir in flour, salt and baking powder. Fold in the vanilla, fruit and nuts.

Pour into grease proof paper lined loaf tin. Bake at 175 for 50 minutes. Shirley Brown

Carducci Quartet Bleddfa

150 music lovers shoe-horned our way into St Mary Magdalene's Church on a Bank Holiday Sunday afternoon. There we heard the birth pangs of the most distant star, a powerful moment at the Presteigne Festival. The strings of the Carducci Quartet and Amy Dickson on saxophone, told the story of Earendel, which means 'Morning Star'. She was our first star to emerge out of nothingness and was soon joined by other stars and planets. This evocative piece was written by a young Scottish composer, Eileen Sweeney.

Then the saxophone took on the role of a dancing fish in a zany little tale of a lion and a fox, with an appetite for fried fish, set to music by Cecilia McDowall. The afternoon finished with a luscious String Quartet piece by Ralph Vaughan Williams, the composer featured throughout the Festival. Laura W-J



Thank you to Barney, Amaryllis, Tim Anne, John & Lynn for ringing the bells on Sunday 11th September at St Mary's Church, New Radnor celebrating the proclamation of our new monarch King Charles 3rd announced at 3pm on Sunday 11th September across the nation.







St David's Colva



Sunday 2nd October at 2.30 pm

Refreshments will be served following the service in the church

All Welcome





On Sunday 11th September St Mary's Church, New Radnor, we gathered as a community to commemorate our late monarch Queen Elizabeth 2nd with lighting a candle that was placed on the altar at the beginning of the service, followed by prayers for her majesty and then prayers were said for our new monarch King Charles 3rd. The Radnor Valley Band led us in the national anthem to our new King.

There followed a simple service to celebrate the harvest. Thank you to the Radnor Valley Band, for all who decorated the church & who contributed to the supper afterwards. A glass we raised to our departed Queen and newly declared King.





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She has been a Senior Tutor at the Music Department of the City Lit in London, and has long experience of teaching adult amateurs of all grades from complete beginners to Post Graduate Students, and also professionals. She is a performing and teaching Fellow of the Incorporated Society of Musicians.

> 01547 510 355 laviniaomeagher@gmail.com

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New Radnor WI September meeting

Libby introduced our own member CHRISTINE GOULD - demonstrating CUPCAKES and their DECORATIONS. Christine had pre-baked her cupcakes: HOT TIP: WEIGH YOUR EGGS (in the shells) FIRST Use this weight for: FLOUR/SUGAR/STORK Cream sugar and Stork until light and fluffy, add eggs and flour. Bake at 160 or gas mark 5 BUTTER ICING: 2 of icing sugar:10f butter plus some liquid i.e. milk/water/ Flavours: cocoa/coffee granules dissolved in some boiling water.

Decorations: Maltezers/hundreds and thousands/any shapes of your choice.

Of course Christine made it look easy! It was lovely to have a go, using little conical icing bags, with shaped nozzles which Christine filled for us. We all decorated 2 each. They looked really impressive when displayed on the tiered cake stand.

13 members and guests enjoyed tasting them during refreshments time, when other goodies were provided by our hostesses Libby and Angela.

Angela won the "Home Made Doily" competition.

At our next meeting Rev.Rachael Storer will show us "Needle Felting". We will be pleased to welcome you then, at New Radnor Community Centre at 7.00pm on Monday 3rd October.



KINGTON & DISTRICT COMMUNITY SHOP

It was time to bag-a-bargain recently, when members from Llangunllo Community Hall moved in to run the Kington & District Community Shop, from September 7th-13th. Once again, the generosity and quality of collected donations, including clothing, house wares, toys, books and brica-brac, was overwhelming. Tuesday evening's set up meant the shop was ready for the Wednesday morning opening, to happily welcome plenty of customers, keeping the till and volunteers busy. A steady stream of shoppers continued to visit throughout the week, to raise a good sum towards helping the costs of running the hall, a much loved & invaluable building within the area. It may have been our first charity shop trial in Kington, but if its success is anything to go by, we certainly hope it won't be the last! Very grateful thanks to all concerned. Article by Debbie Jones





FELINDRE WI

Felindre WI's September event was a visit to Restorella, Knighton, where owner Tricia Bridges gave an illustrated talk about the history and techniques of upholstery. Members were fascinated to learn about the construction of chairs and sofas and the difficulties of getting fabric patterns to match the shape of the furniture. Restorella was started for upcycling old items and then expanded to include a sales room and yard with garden furniture. Nothing is wasted, with upholstery fabric remnants being used to make cushions, teddy bears, rag dolls and covered buttons. WI President Jayne Harris thanked Tricia for a very interesting talk and gave a $\pounds 20$ donation to be split between the Air Ambulance and Dolau School. Prior to the visit, the formal meeting was held at member Rebe Brick's house where the arrangements for October's glass fusion workshop was discussed, the workshop having to have been postponed from September. It will be held at Felindre Village Hall at 7pm on 5th October and non-members are invited to attend, at a cost of $\pounds 10$ per person, including light refreshments. Jayne thanked Rebe for hosting the meeting.

New members are always welcome to Felindre WI – contact Jayne on 01547 510644.



SAD NEWS

Felindre WI are very sad to report the deaths of two longstanding members. Mrs Joyce Matthews, 91, died on 20th August, having been a member for 55 years and remaining active right up to the end, attending the County Show in June and the Felindre garden outing in July. Mrs Elsie Brick, mother-in-law of Rebe Brick, died on 5th September at the very ripe old age of 101. She had been present at the inaugural meeting of Felindre WI and a member for many years after that. Felindre WI mourn the loss of two very lovely ladies, sent a sympathy card to the Matthews' family and presented Rebe Brick and Elsie's son Derek with flowers and a sympathy

August Bank Holiday Fun

Sunday was Funday in Llangunllo, during the August bank holiday. The action-packed day started off around midday, with a charity, knock-out rounder's tournament in a field at Lower Bailey, by kind permission of Haydn Jones. There were plenty of good hits and catches during the matches, comprised of mixed teams of all ages. It all made for great, sporting entertainment for players and spectators to enjoy in the afternoon sunshine. Whilst games were drawing to an end, the barbecue was fired up in front of The Greyhound Inn and musicians started to gather for the outside open mic. The pub soon became busy, as hungry and thirsty revellers arrived, some to celebrate or commiserate their match fortunes, others to relax and enjoy the ambient sounds. A happy atmosphere was created by solo players, duets and bands, filling the air with a great selection of live music, into the evening. It ended joyfully, with many joining in with the singing and some dancing. Huge thanks to all at The Greyhound, those in charge of the bbq and everyone involved with the rounders, who helped to make it a late Summer's day to remember.

card.







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Whitton WI

Don't know why we have not boasted before, about being awarded the Millenium Shield in the Federations County Show. We were certainly pleased to be awarded First Place for our members' collection of Scones, Fairy cakes, Vegetarian rolls, Jam and Floral display (see photograph of Lynsey Randell)

In September, Whitton WI Members were pleased, disappointed and proud. Pleased that we qualified in the heats to be part of the Inter-Federation Quiz covering Powys/Radnor, Montgomery and Brecknock. Disappointed that under pressure, we changed some answers at the last minute particularly as we were in the lead for most of the competition. Pleased that we came overall second as we lost only by a very few points. Congratulations to the team and better luck next time.

Great Big Green Week is 24th September to 2nd October. So, on Friday 30th September, Powys Radnor Federation of WI has organized a Transformation Fashion Show in Knighton Community Centre. WI members from across our area have been making new outfits from discarded textiles. In addition, anyone can take along items of clothing, shoes and accessories to swap there (presumably not the ones being worn at the time). The bar will be open and also stalls of up-cycled and handmade items. (If you get this copy of The Radnor early enough - the evening starts at 7pm with tickets only £3 including light refreshments).

On Tuesday 4th October from 7pm, Whitton WI members invite family, neighbours, friends and partners to a fascinating talk by Mari Fforde. "When the Americans came to town" - is the little known story of Kington Camp, used during and after the war by British, Polish and American troops. Tuesday 11th October, free Coffee and Cake and Chat (plus free raffle) is provided from 10.30 am until noon at Whitton Community Hall.

You will be guaranteed a welcome at Whitton Harvest Supper, where there will be good food, and entertainment from mid-Wales contemporary folk group Cardboard Box Thieves (see picture). This popular social event is at 7.30 pm on Friday 28th October. Tickets only £12.50 booked in advance Tel. 01547 560327 or contact WI Members. Hilary Naylor Whitton WI



Churches Together Lunch Club

Lunch Club at Knighton Methodist Church 12 noon until 2 pm each Monday. for 2 courses.

Room for more people. Ring Margaret Davies on 01547 528 154 if you would like to attend. A welcome awaits. They would be grateful, too for a few more volunteers, once a month.

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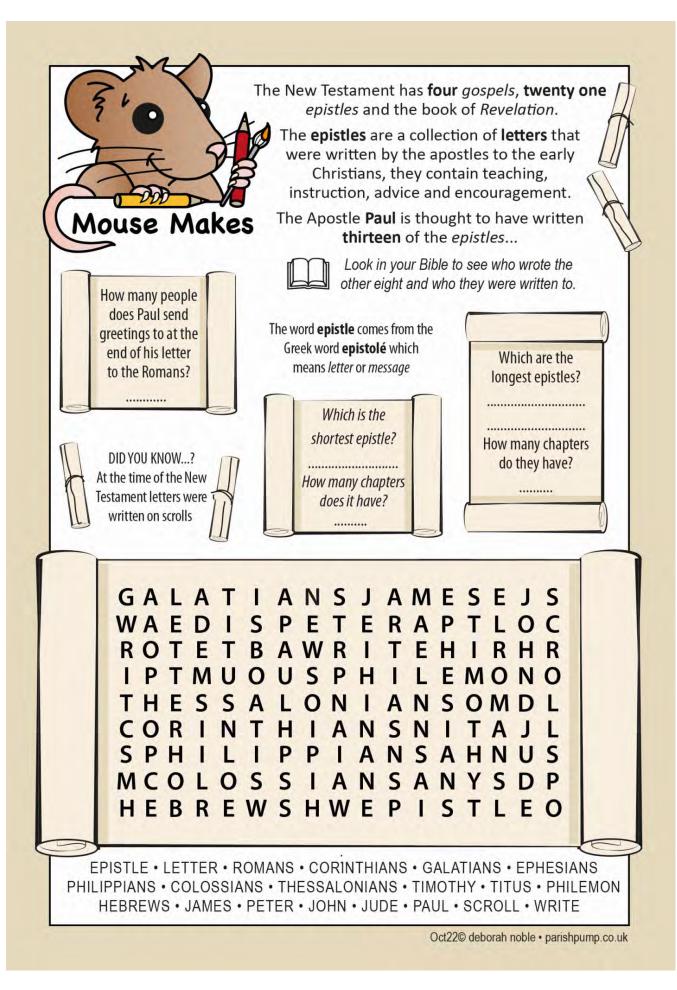
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Knucklas and District Notes

What a summer it has been! The news has been dominated by traumatic events at home and abroad with the consequences of climate change much on peoples' minds.

Despite the devastation in some parts of the world and the lack of rainfall/excessive heat this past summer, there have been some wonderful crops of fruits and vegetables grown on the allotments and in local farms and gardens.

Following on from the extremely successful fete and the Allotments Open Day, we had an amazing Knucklas contribution to Herefordshire Arts Week, displaying the outstanding work of some of our multi-talented local artists and craftsmen, several of whom achieved a most encouraging number of sales and commissions.

As if all the above were not enough, we now have our Apple Day to look forward to (9th. October) and the Knighton Festival of Books, Art and Music (28th.October to 6th.November) with input, again, from Knucklas .This will cover the school half-term period.

With all this happening, the beauty with which we are surrounded, plus our very friendly and welcoming community, it is perhaps small wonder that we seem to have a record number of visitors, staying or passing through in cars and vans, in groups or as individuals, cycling or on foot, all expressing their appreciation of our lovely locality.

From October 30th., we will be back onto Greenwich Mean Time with darker days and indoor activities coming more into their own. But horticulture and, specially, farming continue throughout the year.

Robert Forbath



Evenjobb Village Hall 12th November 7.30 pm Social Evening - Beer & Skittles Tickets £5.00 includes a supper plate. Bring you own drinks.

26 November 2 pm - 4 pm Christmas Fair - Stalls and refreshments. Book the date now!

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The One Hundred House Inn, Bleddfa

We were all very pleased when the Hundred House Inn re-opened over the Jubilee Weekend this year. The Hundred House Inn in Bleddfa has a history extending far beyond 100 years. Its beams are 1,000 years old, and it still has its original stones. Built in 1524 the Hundred House was a Court of Justice with Judges Lodgings until 1867, over 300 years of service. There are still four 'wig holes' in the bedrooms, recesses where the judge could hang his wig at the end of the day. Just behind a ruined barn nearby was a small prison for holding prisoners before their Court appearance. The Groom's Cottage with stables for horses and wagons was opposite the Inn in what is now Green Cottage (former home of Rev Petra). The '100' in its name refers to 100 homesteads in the area. On the bar is the head of a wolf, the hallmark of Bleddfa, as its name means "place of the wolf". Legend has it that the last wolf seen in Wales was here. The Hundred House has always been a community Inn. Children at the Old School (now the Bleddfa Centre) just opposite, came to a canteen at the Inn for their school dinners. There was also a place for farmers at the "Dirty Bar" where muck on their boots was not a problem It has long been a meeting point for formal and informal groups: the Parish Council, the Harvest Festival, women's groups, farmers. It is also a dog friendly Inn. The Inn has seen a lot changes in its time. It was once the downstairs of the larger building (in the needlework photo) with accommodation upstairs. That original pub with its inglenook fireplace is now the living room of the publicans. What was the games room, bar, and toilets to the right in the photo is now the 'new' inn. It has been beautifully done and the new owners, Richard and Debbie, have re-decorated, added a lovely garden, upgraded the toilets and added a disabled toilet.

Many an old Inn has a ghost legend and Hundred House has its own 'ghost' of a little girl who suffered from TB. She was the daughter of the publican and she sat at the window watching other children play on the green.

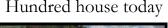




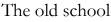
Needlework kneeling cushion of 100 House



Hundred house today









Ruined barn with prison

Toby Jug of a judge with quill pens on the pub wall



The grooms cottage

25



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Without proper rubbish collection and disposal services, people living in poverty are at risk.

•They're likely to become sick as open burning of waste produces smoke and toxic fumes.

•Discarded waste creates an ideal breeding ground for mosquitoes and vermin, spreading diseases such as malaria and typhoid.

•Repeated bouts of sickness and disease mean families become trapped in poverty. Some resort to bonded labour to get the money they need.

•Natural hazards such as flooding – which already hit the poorest people hardest – are made worse by drains and waterways being clogged with waste.

These initiatives collect rubbish, dispose of it safely, and recycle as much as possible. Many of these projects recycle waste into products they can sell – from compost to paving blocks.

All of this creates jobs and restores dignity for local people, as well as protecting people's health and cleaning up the local environment.

We're helping to tackle the waste crisis in some of the world's most vulnerable and marginalised communities.

Our partners across the world are setting up small enterprises to collect and recycle waste, and encouraging local people to sign up for these services. They're also raising awareness about the impact of waste on health and the environment, and encouraging people to reduce their plastic use. And they're lobbying governments and multinational companies to help reduce the amount of waste being produced in the first place.

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KNUCKLAS CASTLE COMMUNITY LAND PROJECT CELEBRATION

Knucklas Community Centre - 6.00 pm Saturday 1st October

ALL WELCOME



2023 CALENDAR LAUNCH "GROWN AND COOKED IN KNUCKLAS" Art Display Recipe Tasting - Bar

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Methodist Services for October

2nd October - Miss Heather Price - Harvest Festival 3rd

October - Harvest Supper with entertainment

9th October - Mrs Vivienne Thomas - Holy Communion

16th October - Deacon Sara Windsor Hides

23rd October - Local arrangement

30th October - Mr Mike Owens

6th November - Rev Roger Hides and Deacon Sara

Windsor Hides - Holy Communion

Baptist Sunday Worship October

2nd October - Norton Street, 11am, Communion Knucklas Chapel, 6pm

9th October - Norton Street, 11am, Morning Worship

16th October - Norton Street, 11am, Morning Worship Knucklas Chapel, 6pm

30th October - Norton Street, 11am, Morning Worship Knucklas Comm, Messy Church 4pm

Baptist Sunday Worship November

6th November - Norton Street, 11am, Communion Knucklas Chapel, 6pm

Knighton Roman Catholic Church

Service every Sunday at 11am.

Methodist Sunday Worship

Victoria Rd, Knighton every Sunday at 11am.





You are welcome on our walks. We walk on Wednesdays and Saturdays with shorter walks on occasional Tuesdays and Thursdays. Please see our website for details. ramblers.org.uk/east-radnor

Hear to Help "Drop Off" Clinic

Knighton Hearing Aid Clinic, The Community Centre 3rd of the month **12pm -1pm** [Presteigne Clinic has not re-opened yet. For more information: Rachael Beech

Thursday Drop-in Eatery

A drop-in lunch of soup, sandwich and cake is available between midday and 1.30pm each Thursday at the Knighton Community Centre. Home delivery is available for local residents who cannot join us. The service is donation led.

Knighton Library Opening Times

Monday - Closed Tuesday 10.30 - 1pm and 2 - 5pm Wednesday - Closed Thursday 10.30 - 1pm and 2 - 6pm Friday 8 - 12.30pm 4th Sat of the month 10.30 - 12.30pm

Computers/Customer Services by appointment Tel: 01597 827460

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 Bleddfa SO 206683 LD7 1PA

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 Llangunllo SO 211712 LD7 1SW

 Knighton SO 287724 LD7 1AG

 Norton SO 304672 LD8 2EY

 Whitton SO 270673 LD7 1AG

 Pilleth SO 256682 LD7 1NP

 Cascob SO 239664 LD8 2NT

 New Radnor SO 210609 LD8 2SS

 Gladestry SO 230551 HR5 3NR

 Colva SO 199531 HR5 3RA

 Evancoyd SO 262627 LD8 2PA

 Llanfhiangel Nant Melan

 SO 180581 LD8 2TN

Mums Matter Courses

The Mums matter project continues to meet the demand of mums suffering with low anxiety and concerns of those with postnatal depression, the Autumn schedule offers two in-person courses, one in Mid Powys and the other in North Powys and for those who find it difficult to attend in-person sessions we have an on-line course via Zoom.

Good Grief

An online support group for people dealing with bereavement or loss

2nd & 4th Wednesdays of the month 11am - 12pm on Zoom (Contact us for Zoom details)

No cause of grief or way of grieving is right or wrong. It is important to accept the way you feel and not compare your feelings to those of others, or to some sense of how you think you should feel. You feel what you feel and that's okay. T: 01597 824411 / 07496 870039 E: bereavement@mnpmind.org.uk W: www.mnpmind.org.uk SM: @mnpowysmind

Walton Hall Events OCTOBER:

- 2nd QUIZ NIGHT 7pm max 6 per team BYOB
- 12th Book & Jigsaw Swap 10am 1pm
- 14th Mosaic Workshop 1-4pm (contact A Bufton 01544230214)
- 15th 7pm TALK: Guardian of the Bees £5 BYOB

NOVEMBER:

- 4th QUIZ NIGHT 7pm max 6 per team BYOB
- 9th Book & Jigsaw Swap 10am 1pm
- 19th 7pm TALK: Drunkards Through the Ages!! £5 BYOB

DECEMBER:

 10th 7pm Christmas Party with performances by Helen Hunter; & Jess Squires



Good Grief

Good Grief is an informal and welcoming group, open to anyone who has experienced grief or loss. This service has recently changed it's schedule, sessions now take place on the 2nd and 4th Wednesdays of the month in place of being held weekly.

Abbie Lycett has recently joined our team and is now running the bereavement service with our Bereavement support volunteers. Knighton Festival of Books, Art and Music 2022 - the Feelgood Festival, Programme

Most events are free and will take place in the Knighton Community Centre, unless stated otherwise. Advance booking is required for some events where numbers are limited. For more information visit www.knightonfestival.wales, or email knightonfest@gmail.com.

For latest updates to the programme follow Knighton Festival on Facebook, Instagram and Twitter

Friday 28 October:

- 7.30 pm Open Mic Event

Saturday 29 October

- 10 am 1 pm Art and book market
- 11 am Halloween activities for children and parents
- 11 am Self-publishing workshop Bob Fowke of YouCaxton Press
- 2pm Rhiannon Hooson and Hilary Llewellyn-Williams – poetry hour
- 3pm Martin Redfern: DK Knowledge Encyclopaedia, Earth!
- 4pm Dr Emma Short: How (not) to do it all and energise your life

Sunday 30 October

- 10 am Guided Ramblers walk in countryside – pre-booking required
- 2pm Guided town walk round Knighton
 John Davis pre-booking required
- 4pm Festival Concert at St Edwards Hall tickets £10 on the door

Tuesday 1 November

 10 am Children's craft activities to include authors' talks plus activities in the Library

Wednesday 2 November

- 10 am Guided Ramblers walk in countryside – pre-booking required
- 3 pm The Art of Dying Death Café discussion – Dr Peter and Mrs Elizabeth Fenwick with Sue Brayne chaired by Martin Redfern (plus tea and cake)

Thursday 3 November

10 am Breeze Guided Cycle Ride for women
pre-booking required

Friday 4 November

- 11 am Cookery demonstration plus author's talk and lunch – Nandita Dowson prebooking required
- 7 pm Film show: Bruce Chatwin's On the Black Hill - tickets £5 on the door

Saturday 5 November

- 9.30 am Sophie Duffy: Life Writing Workshop - pre-booking required
- 11 am Julie Brominicks: The Edge of Cymru
 a Journey
- 1.30 pm Martin Rees, the Astronomer Royal: Prospects for Life in the Cosmos
- 3 pm Caryl Lewis: Drift
- 4 pm Tim Craven: The Tree in British Art History – from Thomas Gainsborough to the Arborealists. Talk to accompany art exhibition

Sunday 6 November

- 10 am Guided Ramblers walk in countryside
 pre-booking required
- 2 pm Guided town walk round Knighton pre-booking required
- 3.30 pm History talk on Marches Castles -Alison Webb
- 4.30 pm Closing Concert by the Llanfair Singers



POWYS GARDENS NEWS AND OPENINGS FOR CHARITY

The National Garden Scheme extends sincere condolences to all of the Royal Family and especially their Patron since 2002, His Majesty King Charles III. Throughout her life The Queen was a constant supporter of the National Garden Scheme, founded in 1927 in memory of Her Majesty's great-grandmother, Queen Alexandra. The Queen supported our charity by opening the gardens of three of her homes, Sandringham, Frogmore House and Windlesham Moor. Her Majesty the Queen loved the gardens of her various homes for the outdoor peace and tranquillity they offered, as places to walk with her dogs and to enjoy nature's beauty. She also took a keen interest in the gardens' changes and planting throughout the decades of her reign. Today Sandringham is one of only two gardens opening every year since 1927 and the National Garden Scheme has always been profoundly grateful for ongoing support of Her Majesty The Queen.

Saturday 15 and Sunday 16 October (2-4pm) Tranquility Haven, 7 Lords Land, Whitton, Knighton LD2 3HU. Teas available in this afternoon opening of this Japanese inspired. Also **Evening** openings 17 & 18 December (4-6pm).

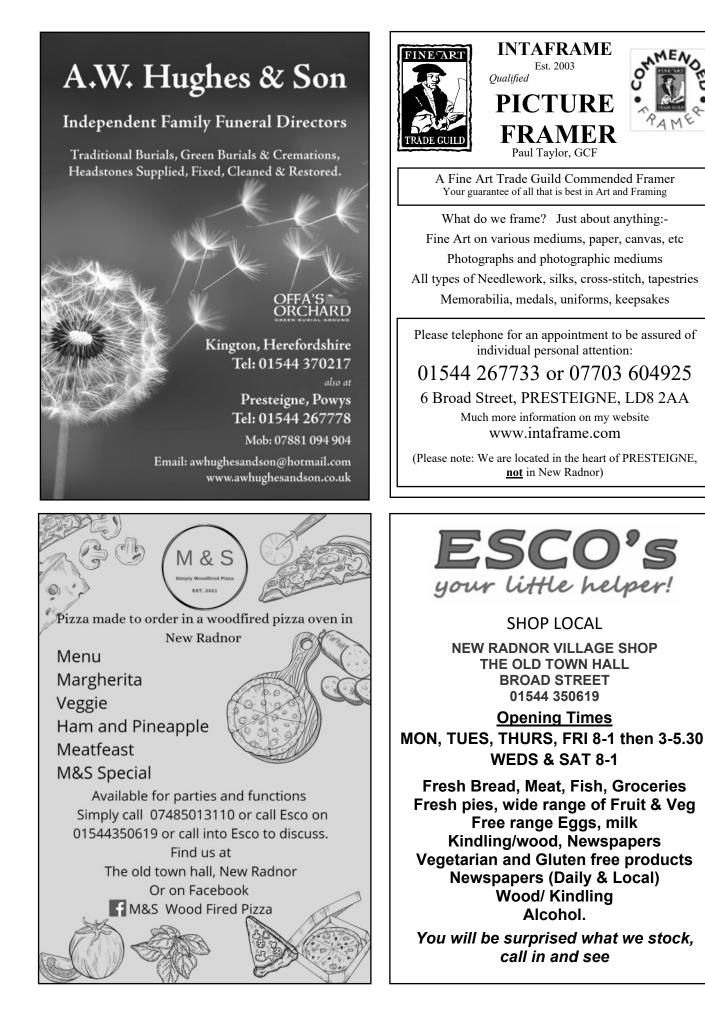
Knighton and District Family Centre

The Community Centre has run Family Centre sessions since September 2021. Following the success of the first year, we have achieved funding from the Social Care Value Forum (health and the County Council) and Comic Relief for another 6 months. The idea for a Family Centre in Knighton had several sources. I worked for many years in West Wales and was impressed by the network of open access Family Centres developed over many years by Plant Dewi (St David's Diocese) covering very small communities. The West Wales Family Centres uses houses on social housing estates though some used halls and clubs as a base, all offering drop ins, parent education, play, support, work with male partners and social activities. Chris Martin, our Play Leader worked in a Family Centre in Manchester and moved to Knighton to work as the leader for the Beguildy project in the 1990s run by Save the Children. We run Stay and Play sessions on Wednesdays as well. We felt there was a lack of support for young families, isolation, and Powys County Council has more children in its care than one would expect. We also had concerns about domestic abuse and wanted to offer low key support where parents can seek help, either from us or each other. We were amazed by the response to our initial weekly sessions attracting 30 - 40 parents, grandparents and children to each session. We have offered baby yoga, dance, Welsh singing, cookery, play and trips including an outing to Borth. We also run an active Facebook page with 226 members and we are also supported by volunteers. Chris has also offered outreach play on the estates in Knighton and Knucklas.

Our first six months was rated as excellent by the response to our anonymous survey and 92% felt more connected to their community. To help as a volunteer, please contact the Community Centre knightoncomm@gmail.com If you would like to join, we meet every Monday from 11 - 2 during term time starting on 3rd October. Sessions are free.

Ruth Forrester

Knighton and District Community Centre



Church Contacts

Methodist Minster - Sara Windsor-Hides - 01547 520854 - sara.windsor-hides@methodist.org.uk Baptist Minster - Rev Kevin Dare - 01547 520340 - 07891 500531 Baptist Minster - Rev Gareth Davidson - 01547 528679 - 07795 087363 - gareth16@scali.co.uk Baptist Minster Secretary - Mrs Sue Wilson - 01544 267456 - 07866 833294 Knighton Roman Catholic Church - Fr. Jerome - 07989 790289 - knightononbaptist@gmail.com www.knightonbap sts.org.uk

The Manse, 2 Cae Clawydd, Knighton Church Office, Bap st Church The Manse, Knighton, LD7 1BD

A CONCERT FOR REMEMBRANCE DAY FEATURING THE DOLAU MIXTURES WITH A GUEST ARTIST AT WHITTON COMMUNITY CENTRE ON FRIDAY 11TH NOVEMBER 7.30pm

> TICKETS £10 Tel: 01547 560209

IN AID OF ST. DAVID'S CHURCH WHITTON



Quiz nights are back in New Radnor! 3rd Friday of the month 7pm for 7.30pm teams of six raffle, chinese raffle, refreshments Bring your own drink



STOWE & STANAGE W I

The September meeting opened with praise for all those involved in the entry for Knighton Show. A very commendable third place was achieved for the display depicting the Victorian era.

Three members were busy preparing outfits for the transformation fashion show at the end of September in the Community Centre. Dresses and accessories created from recycled materials are shown to great effect. Yvonne Smith led a session of designing and colouring greetings cards which was greatly enjoyed by all.

Our meeting on 4th October will feature the making of snowflake baubles, ready for our Christmas trees!

For further information please contact: Alison Thomas 01547 528678 or alithomas1@gmail.com





Funerals

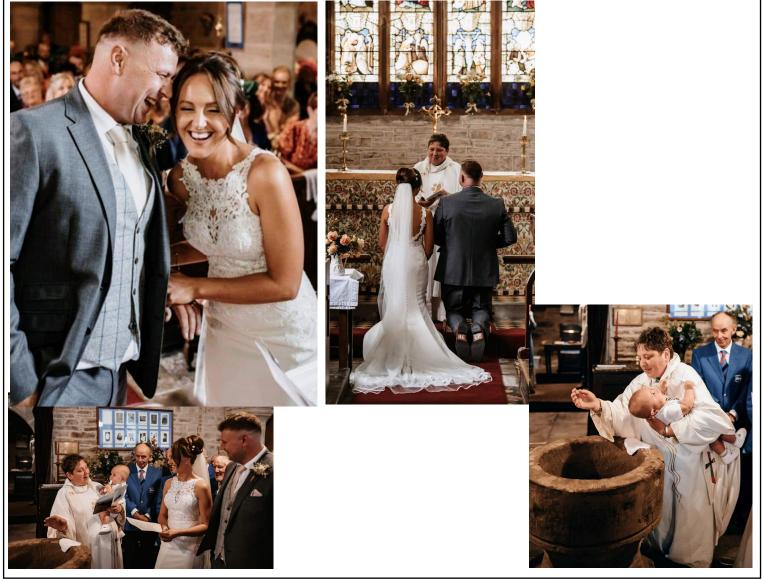
St Mary's Church Gladestry

Monday 5th September Mr Elwyn James, husband of Anne James organist of St Mary's church Friday 9th September Mr Bernard Richardson

St Mary's Church Gladestry wedding & Baptism Saturday 3rd September

Izzy Richardson and Ed Jones were married in a packed church with the Builth Wells Male Voice Choir singing in the service. Their reception was held at the Sheep Shed in Llanfihangel Nant Melan. Congratulations to Mr & Mrs Jones who will be living in Gladestry with their son Toby & Ed's working dog Fenton. (Who had the important job of Best Dog at the wedding and was in charge of the rings!)

After the wedding, Toby, Ed & Izzy's son was baptised into our church family here in St Mary's.



Community Church Hall Contacts

Evanjobb Village Hall - Linda Ellams - 01547 560306 Felindre Village Hall - Jess Barre - 01547 560306 - 01547 510603 - felindrevh@gmail.com Gladestry Village Hall - Marlene Evans - 07805 002497 - 01544 370646 -marlene.evans@hotmail.co.uk Llangunllo Village Hall - Anna Jones - www.annajones@maylord.plus.com Knucklas Community Center - Kevin Jones - 01574 520266 - www.knucklascommcentre.org.uk New Radnor Community Centre - Carlee Evans - 01544 350575 St Edwards Church Hall - Jean Price - 01547 528260 Whitton Community Hall - Gill Powell - 01547 560367

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This is a new format for indexing and we would welcome your feedback

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