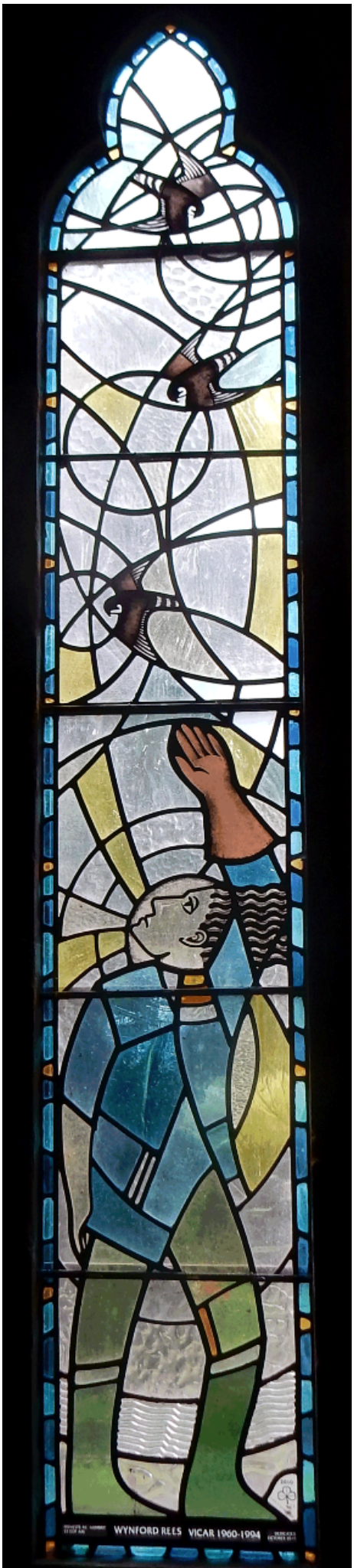


# THE RADNOR

## MARCH 2021



The Falconer  
St Llyr's, Llanyre

### The Magazine of the East Radnor Ministry Area

Beguildy & Felindre | Bleddfa | Heyope & Knucklas | Llangunllo

Knighton | Norton | Whitton | Pilleth | Cascob

New Radnor | Gladestry | Colva | Evancoyd | Llanfihangel Nant Melan

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# Summergil Brook



Walking the Uplands near the Summergil Brook



Looking down on Llanfihangel Nant Melan



Grade Two Listed Cadw



Crug yr Eryr Castle



Replacement Milestone



Tomen Castle



## The Summergil Brook at Llanfihangel Nant Melan

The Summergil Brook falls from 500 metres (1,640 feet) in rugged uplands. It wanders through moorland, only used for grazing or forestry. The waters eventually enter the Lugg near Presteigne.

Just across the A44 at a lower 391 metres (1,282 ft) is Crug Eryr Castle, a motte and bailey castle. The name appropriately means “the eagle’s mount” as it overlooks the Edw Valley and some think it guarded an entrance to Maelinydd (the old name for our deanery). Maelgwn ap Cadwallon, a prince of Maelienydd, received Archbishop Baldwin (Archbishop of Canterbury) and Gerald of Wales in March 1188 near the start of their tour of Wales recruiting men for the Third Crusade. Gerald called it “Crucker’s Castle.”

As the Summergil descends to 365 metres (1,197 feet). It passes below a smaller, medieval Tomen Castle, sometimes named Cae Banal, sited just above the confluence

with a side stream. A footpath crosses at a ford at Caebanol Farm.

As the Summergil passes below Llanfihangel Nant Melan at 292 metres (958 feet) there is a ditch and bank, possibly Saxon, which predates earthworks marking a medieval mill with leat, pond, and building platform. Other platforms, mostly obscured, mark the site of the medieval village. Today this is near the site of Summergil Construction, who advertised with us in the past.

The village church (see pages 10-11) is opposite Great House, which was a 15th century open hall house. *(continued overleaf)*

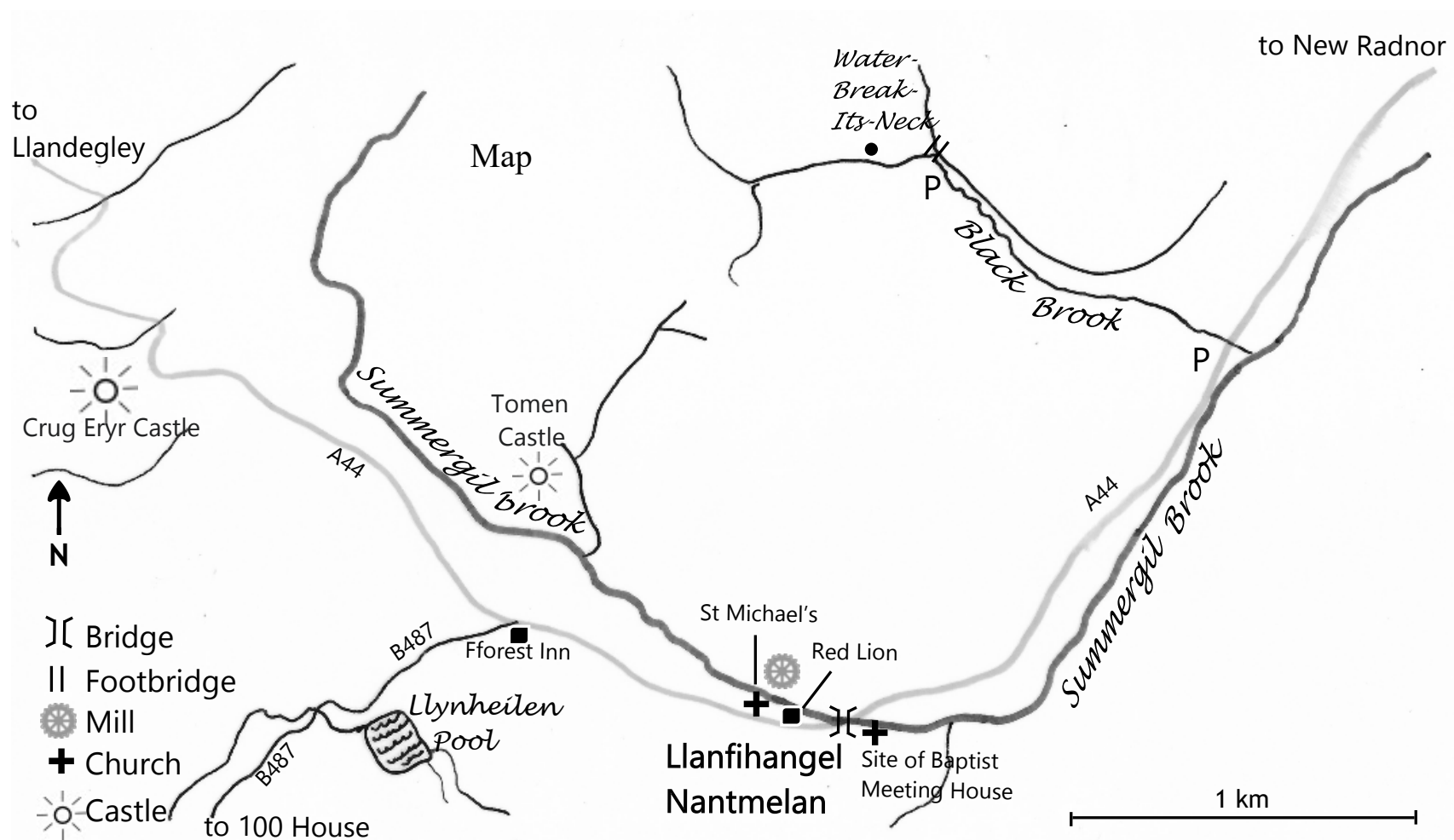
*Photos: Llan NM by Jeremy Bolwell, Geograph*

*Tolmen Castle by Bill Nicholls, Geograph.*

*Milestones, Geograph.*

*All others Laura W-J*

*(All photos taken before or between lockdowns.)*



## The Summergil Brook at Llanfihangel Nant Melan (continued)

As the village is on the A44 it still supports two inns, The Red Lion, next to the church and the Fforest Inn at the junction with the B487. Next to it is a toll-gate house.

The Summergil curves and cuts a V formation through the hills before it finally enters the valley floor at 240 metres (787 feet) near the parking shown on the map overleaf. The Black Brook joins the Summergil nearby.

If you haven't visited here, plan to take the family to one of the finest natural sights in Radnorshire: "Water-Break-Its-Neck" (page 9). Natural Resources Wales has made a boardwalk along the Black Brook to the waterfall. The whole steep-sided path is dripping with mosses. Some visitors inscribe

their names or a message on a bit of slate propped up amongst the stones. Sometimes votive ribbons decorate trees as well. Walk back the way you came.

There are plenty of fine walks here. Try the Warren, an hour-long, family walk marked in green which follows the Warren Woods and a branch of the Black Brook along the dingle. For a bigger walk follow Davy Morgan's Dingle up to the tops. The whole area is full of dingles. Or you could turn up a path just before the second parking area marked on this map (page 3) and follow it west up to the moorland source of the Summergil. It passes the delightfully named, Penny Well spring.

*Laura Woodside-Jones*

### Message from Revd Rachel

I moved into the New Radnor Rectory on 16th February with my husband Chris, our acquired daughter Becky & a menagerie of animals! Also Noah our Grandson will be with us three days a week whilst my daughter Beth works. Our son Rupert will be visiting on the odd occasion when home from university.

I will be in harness from Monday 1st March. I am looking forward to getting to know, working and worshipping with you all. We are living in strange times and it may be some time before we can meet face to face but I am hoping we can meet through zoom and have a chat on the telephone for now.

*Rachel Storer*

Gold there is, and rubies in abundance,  
but lips that speak knowledge are a  
rare jewel.

- Proverbs 20.15

### New Baptist Minister

**Gareth and Philippa Davidson:** Knighton Baptists look forward to welcoming Gareth and Philippa in March.

Gareth, who is a solicitor, will be joining Kevin Dare as joint minister for Knighton and Knucklas. Philippa is a horticulturist and garden designer.

### St. David's Church Whitton

The Church wardens would like to thank all those connected with St David's for their support and donations to help maintain the Church through this very difficult year. We look forward to being able to worship together once again.

*Colin Pugh*



Dear Friends,

As you read this we will be into Lent. Last year the Lent courses started and then had to be abandoned due to the first Lockdown. This year things are different and there are Lent courses and lunches on line (page 13). Some of you may not have access to on line events in which case you could set a task of reading and reflecting on a bible reading each day. If any help is needed please feel free to contact me.

Lent is such an important time for Christians as it gives us a chance to really take stock of our lives and faith. Jesus was tempted in the wilderness for forty days and forty nights. If we have given something up for lent we too are being tempted. It can be good to reflect on what the temptation is. Is it the chocolate or other food or drink we are abstaining from or is it the habit of having this thing? What other habits have we developed?

As I say Lent is a time for reflection but also prayer. One of the prayers of this Ministry Area was answered when Revd Rachael Storer took up her new role in New Radnor. Everyone prays for a short interregnum but this was really short. I'm sure you are all looking forward to getting to know her better. I am very much looking forward to working with her.

Let us continue to pray that the pandemic will be defeated and we can get used to a new normal that enables us to open our churches. Watch this space.

Love and blessings,     *Petra*



## **The Cover - The Falconer**

**T**he window in Llanyre church, dedicated in 2010, shows Jesus as a Falconer, a slightly obscure poetic reference.

The Falconer has released the falcons from his outstretched arm. They circle above him, representing the prophet Isaiah's words: "those who wait for the LORD shall renew their strength. they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint." (Isaiah 40:31)

The swirls of glass reflect the flight paths of the falcons, as they move upwards towards the light but also back to the safety and protection of the Falconer. A halo surrounds the head of the Falconer.

The window is a memorial to the Ven. Wynford Rees, Vicar of Llanyre and Llanfihangel Helvgen from 1960 to 1994 and Archdeacon of Brecon from 1987 to 1994. It was designed by Erika Shrinner.

## **Online**

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### **Cost:**

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### **Deadline:**

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Please keep submissions to under 200 words.



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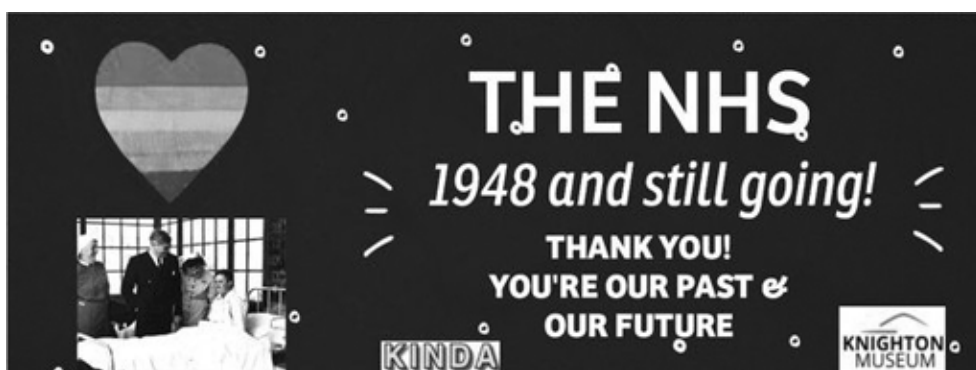


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## East Radnor Ministry Area Contacts

### Clergy:

Revd Petra Goodband.....	revpetra.goodband@yahoo.com .....	07966 799546
The Vicarage, Church Street, Knighton, LD7 1AG	<i>Friday is Petra's day off.</i>	01547 529254
Revd Rachel Storer.....	revrachaelstorer@gmail.com	
The Rectory, School Lane, New Radnor LD8 2SS		
Area Dean: Revd Canon Mark Beaton .....	revmarkbeaton@gmail.com .....	01982 508232
The Vicarage, 1 North Road, Builth Wells, Powys LD2 3BT		
Retired Clergy: Revd John Hanna.....	rojohanna@waitrose.com .....	01547 529296
Revd Canon John Greaves .....		
jngreaves1930@hotmail.co.uk .....	01547 530152	
PTO Clergy: Revd Christobel Hargraves .....	hargraves391@btinternet.com .....	01547 550311
New Radnor Reader: Christine Gould .....	philandchrisgould@gmail.com .....	01544 350437
The Old Pound, Water Street, New Radnor LD8 2SY		

### Beacon Hill Benefice:

Beguildy .....	Phil Fourie .....	philipevergreentrees@gmail.com .....	07900348054
Bleddfa .....	Graham George .....	graham6958@me.com.....	01547 550208
Heyope/Knucklas .....	Judy North .....	judynorth43@btinternet.com .....	01547 529165
Llangunllo .....	Isabel Morris .....	mramorris@btconnect.com .....	01547 550689

### East Radnor Benefice:

Cascob .....	Norma Olds.....	normaolds@btinternet.com .....	01547 560331
Knighton .....	Rebe Brick .....	rebe.brick@btinternet.com .....	01547 529167
Norton .....	Helen Ackland .....	hgooderham29@gmail.com .....	01544 267073
Pilleth .....	Peter Hood .....	hoods@pillethoaks.co.uk .....	01547 560272
Whitton .....	Colin Pugh .....	colin@cwmwhitton.co.uk .....	01547 560209

### New Radnor Group:

Colva .....	Dorothy Rogers .....		01544 370332
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Llanfihangel Nantmelan	Amanda Giordano .....	giordano.amanda@gmail.com .....	07748591162
New Radnor .....	Michael Capstick .....	micstick1@gmail.com .....	01544 350352

### East Radnor Benefice Wardens:

Colin Pugh .....	colin@cwmwhitton.co.uk .....	01547 560209
Rebe Brick .....	rebe.brick@btinternet.com .....	01547 529167

### Beacon Hill Benefice Wardens:

Bob Williams .....	leroc39@btinternet.com .....	01547 550142
Robert Forbath .....	robertknucklas@outlook.com .....	01547 528232

Churches Together Rep: Rosemary Hanna..... rojohanna@waitrose.com..... 01547 529296

Advertising Manager: Rebe Brick .....

Editor: Laura Woodside-Jones (Reader Emeritus)..... laura\_woodside\_jones@hotmail.com 01547 520266

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# Water-Break-Its-Neck



Boardwalk to Water-Break-Its-Neck



Ice at Water-Break-Its-Neck



Walking down into Black Brook



Message on a stone



Black Brook above Waterfall

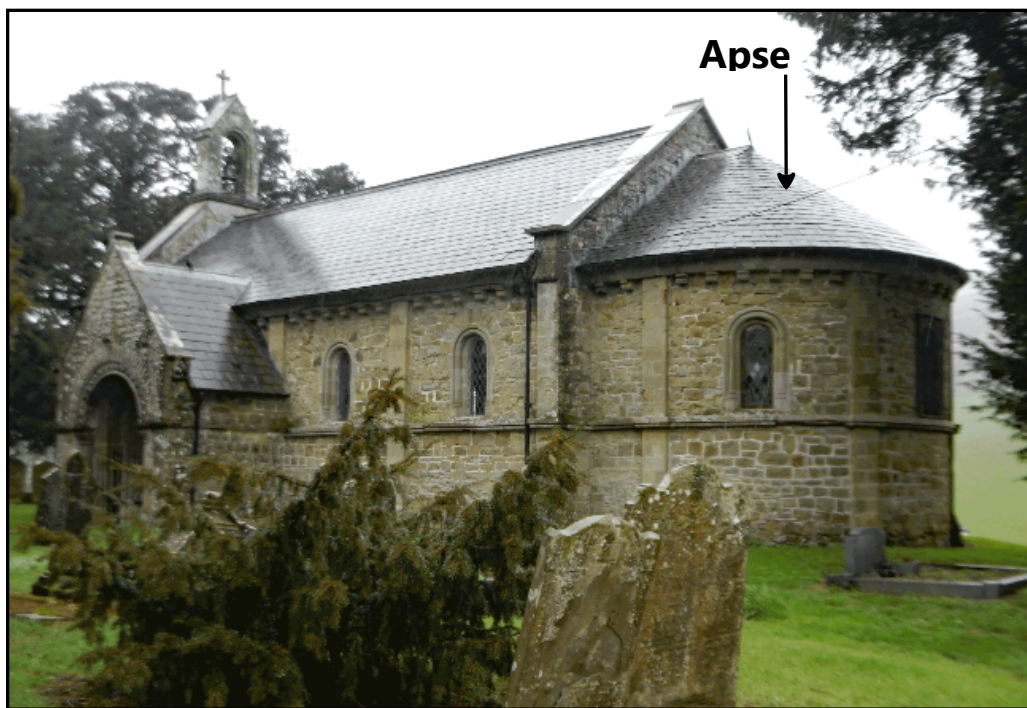


Water-Break-Its-Neck

Photos by Laura W-J



# St Michael's, Llanfihangel Nant Melan



St Michael's, Llanfihangel Nant Melan



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Ribbed and Vaulted Apse



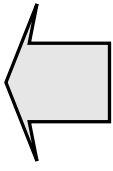
Ancient yew



Handmade kneeler







## Church and Chapel

### St Michael's, Llanfihangel Nantmelan

St Michael's probably dates to early medieval times. It belonged to William de Breose, Lord of Radnor in 11th-12th Century. In the later Twelfth Century it was given to the Knights Hospitallers. Like so many churches in the area in the 11th Century is dedicated to St Michael, who protected inhabitants from the dragon.

The Church is set on a terrace above the Summergil Brook. Tradition says that this terrace was once a stone circle and the church was placed within the ring. W.H. Howse notes

that an ancient stone was embedded in the hollow trunk of one of the five ancient yews which ring round the south side of the church.

Several beautiful old monuments, none before the 19th Century, cluster around the yews. Behind the church on the north side are seven unreadable gravestones leaning against the church wall.

The Church was completely rebuilt in 1846 in the Norman style, modelled on Kilpeck Church.

*Article and photos by Laura W-J*

### Baptist Meeting House

Coflein, a Welsh historical site, says that there was once a Baptist Meeting House at Lower House Farm, Lower House, Llanfihangel-nant-melan. It was post medieval; now it is a farmhouse.

Sources:

"Radnorshire" by W.H. Howse

"Walking the Old Ways of Radnorshire"

by Andy & Karen Johnson

Coflein

Geograph



Lower House (site of Baptist Meeting House)  
by Philip Perry on Geograph

### Let's Clap for Mothers!

As Mothering Sunday approaches, let's hear it for all the mothers who have been on the frontline of helping our country survive the Covid pandemic!

Women spent more than twice as much time as men on their children's home schooling and development during lockdown. Grandparents and other carers were often unable to help. Many working mothers lost their jobs

Life doesn't come with a manual. It comes with a mother.

– Anon

Sooner or later, we all quote our mothers.

– Bern Williams



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## Archbishop John to Retire

Archbishop John is to retire this May. Leading the tributes, the Archbishop of Canterbury, Justin Welby, said, “I have very much enjoyed working with John during his time as Archbishop of Wales. I have greatly valued his wisdom, his passion for the Gospel and evangelism, and his skill and diplomacy in dealing with often complex situations.”

*“He has been a valued colleague not only as a fellow Primate in the United Kingdom and Ireland but also in the wider Anglican Communion.”*

The Bishop of Bangor, Andrew John, who is the Church’s senior bishop, praised Archbishop John’s leadership. saying, “John has been steadfast and resolute in these most difficult of times, bringing much needed stability and offering a reassuring voice, both to those in the Church and to those in the wider community.”

“On behalf of his fellow bishops, I thank him for the oversight he has given us and send him our very best wishes for a long and happy retirement.”



The chief executive of the Church, Simon Lloyd, said, “Archbishop John has brought his extensive experience, encyclopaedic knowledge, sense of humour and deep love for the Church to his role. He has been a persuasive advocate for change and led the Church into identifying and resourcing many new opportunities. I wish him and his wife Jo a long and happy retirement.”

*Diocesan News*

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**9 Mar. The Way to Calvary**

**16 Mar. Creation / New Creation**

**23 Mar. Dying to Self by Bearing our Cross**

**30 Mar. Death and the Body of Christ**

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[laura\\_woodside\\_jones@hotmail.com](mailto:laura_woodside_jones@hotmail.com)

## Lent Lunches

Mark Beaton will be hosting Lent Lunches on Zoom. Feel free to join on any of the Thursdays at 12.30 until April 1.

Feb 25 | Mar 4 | Mar 11

Mar 18 | Mar 25 | Apr 1

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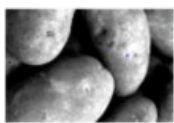
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## From Calligraphy to Scattergories

Well, after managing to meet up in December, just before the start of lockdown, who could possibly forget the pictures of our wonderful Christmas headbands in the last edition of The Radnor!! Llangunllo W.I. ladies moved back on-line for the start of 2021.

Following the formal business, and of course wishing all a much better 2021, our January meeting moved to a session on Calligraphy with Jane Lappage from Jane@calligraphyarts. She explained a bit about its history, techniques and practical examples of how it could enhance our writing, as well as adding a personal touch to gift tags, greetings cards and embellishing decorations. Using the materials Jane emailed in advance of the session, we all had a go as she talked us through the technique. We were not up to her standard, but we really enjoyed the session. So watch out everyone we may be using our new-found skills when we actually write something to you.

We have also resumed our fortnightly Zoom coffee or afternoon tea chats which run in-between our regular monthly meetings. Whilst we try to avoid the dreaded Covid 19 conversations in our catch up chats, we were glad to hear many of our members have received their first vaccination. We all agreed that the pinhole of light at the end of the very

long tunnel was becoming much bigger, and gave us hope for getting back to some form of normality in the coming months.

Our February meeting saw us playing a great game called 'Scattergories' after our formal business, you may well ask what on earth is that, in short a dice is rolled and whatever letter of the alphabet lands on it you are given a minute to write down answers to 12 random questions, scoring a point if no-one else guesses the same. Needless to say it resulted in a bit of pressure against the clock and much hilarity at some of the answers.

Our March meeting will bring us the opportunity to listen to one of our member's extensive knowledge of birds when she talks about the birds we see in our gardens and countryside.

In the meantime stay safe and well, and,



Anne Newton

### Chatterbrook W.I.

Chatterbrook W.I. is holding meetings by Zoom on 2nd Thursdays at 7.30.

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### Welsh Words

strim-stram-strellach

*belter-skelter; all over the place*

yn blith draphlith *higgledy-piggledy*

cerdded ling-di-long *to walk leisurely*







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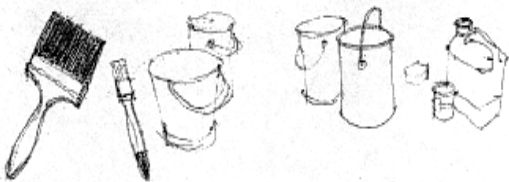
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## Llanfair Waterdine W.I.



**G**reetings to anyone who reads this. I just thought that it would be nice to say that we are still here and positive. Our president organised a Christmas gift for all members which we were able to distribute between lockdowns. We have also had a few zoom meetings which have been interesting (!) but great fun. It is lovely to “see” everyone.

As with all groups we are friends and have been keeping in touch by phone and are occasionally bumping (not literally) into each other while out shopping or shouting across door steps when passing information. The

telephone is a real asset. It is always lovely to know that friends are there and we are always ready to help each other when needed.

I hope this finds the readership well and managing to enjoy life. We are so fortunate in having such beautiful surroundings.

*Ann Harroway*

The Radnor deliverers are a saintly lot as the hand gel supplied to them is named HALO.

## St Gwynllyw (or is it Woolos?) of Gwent, 29 March

**D**id you know that Newport Cathedral is also known as St Woolos Cathedral? Actually there is no saint called Woolos; it is a corruption of Gwynllyw's, a name which has been difficult for non-Welsh speakers to pronounce for centuries.

Gwynllyw was king of Gwynllwg (now known as Wentloog) in the 5th/6th century and he fell in love with Glwadys, one of King Brychan's daughters. According to tradition, Brychan didn't think he was at all suitable and Gwynllyw turned up with 300 soldiers to steal her away.

Interestingly this is the first mention of King Arthur in a Saint's Life, for it is said that Arthur brought his soldiers to help Gwynllyw abduct Glwadys. Soon Gwynllyw and Glwadys had a baby, whom they named Cadoc.

Characteristically Gwynllyw went on a cattle raid to celebrate Cadoc's birth, but he was so impressed by the St Tathan, whom he stole a cow from, that he sent Cadoc to his monastery in Caerwent to be educated. Cadoc became one of the best loved saints in Wales and it is

through him that his parents eventually became Christians.

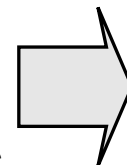
They lived a holy life on Stow Hill in what is now Newport. After their death their hermitage became a shrine, and eventually a church was built on the site, which many years later became Newport Cathedral. You can still see part of the 9th century church in the Galilee Chapel.

Why is there a statue of an ox in Newport? Well, Gwynllyw had a vision of a white ox with a black spot on its forehead. He went forth to search for it and where did he find it? On top of Stow Hill and so there he built his hermitage.

*Rosemary Hanna*



## Share the Love



Hello, my name is Deacon Sara, Minister at Knighton Methodist Church.

I am encouraging our whole community to display a heart in their window: shop, business, home, or door or gate etc to bless others who see it. This is about community pulling together again...as we did to thank the NHS and key workers...and what a great thing that was...

As the symbol for Valentine's Day is a red heart. I'm hoping in these strange and somewhat dark times, that we can carry on displaying hearts of different colours to continue sharing the love...brightening up our

surroundings and reminding people that they are loved throughout these next couple of winter months in particular....at least until Easter. We all need a boost!! Please share this with others.

I hope you can join me in sharing the love.  
THANK YOU.

*Peace, Sara*

P.S. If you think that no one passes your door, think again, at least the postman/woman does. Can't wait to see our community ablaze with hearts!!

Opposite are hearts displayed in shops and homes.

*photos by Laura W-J*

## Knucklas Notes for March, 2021

I write this as we come to the end of the coldest spell for years in the U.K. with a fierce east wind adding to the chill. But, before long, we shall be in March, a month I regard as 'pre-spring'. The equinox is due on the 20th. as our northern hemisphere tilts increasingly towards the sun.

The recent weeks have seen quite a lot of comings and goings in the area with Ernie and Mervene Moss of Lloyney both taken into full-time care. The passing of leading Knighton trader John Bradford has deeply affected many local people. Dave Jones, latterly of Cuckoo's Nest bungalow, has also passed away.

Amongst those recently moved from Knucklas are John and Sue Lemon from Glyndwr to Presteigne, Mike Reakes to Hereford and Paula from The View, believed to have settled fairly locally. Welcome to Tony and Elizabeth Halls, who, with a number of local connections, have moved into The View.

The local rail service has been beset by further problems up the track but is now continuing to run a limited service. Our ever reliable bus service, like everything else, was severely impacted by closure of the Knighton road for a week due to fallen trees.

*Robert Forbath*

When the world comes crashing in  
And chaos rules my mind,  
I turn my heart to you, Lord,  
And pure, sweet peace  
I find.

*- Joanna Fuchs*

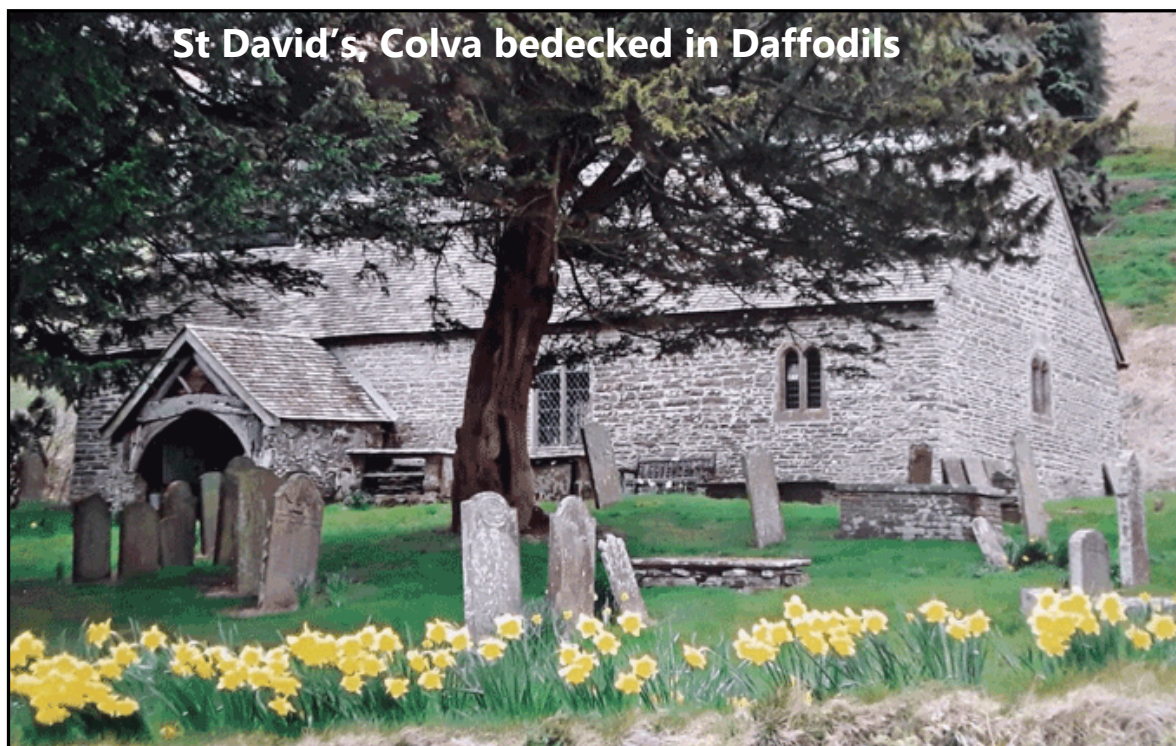
May the strength of God pilot us,  
may the wisdom of God instruct us,  
may the hand of God protect us,  
may the word of God direct us.  
Be always ours this day and for evermore.  
— St Patrick



# Share the Love







St David's, Colva bedecked in Daffodils

## St David's Day at Colva 2020

As Lockdown has continued we won't be celebrating our patron saint in the usual ways. Rosalind Tarrant has sent us these photos of last year's celebration at beautiful, ancient Colva.

Alan Jevons, our Archdeacon, led the service and the Radnor Valley Band gave musical accompaniment.



Radnor Valley Band and Archdeacon Alan Jevons



John lugging every scrap of wood



John & Hermione Evans  
toasting St Valentine



## In Memoriam – Betty Lewis

On the 30th January Radnorshire people said goodbye to Betty Lewis under lockdown rules: graveside service, 30 socially distanced, masked mourners, overflow outside the church walls. Snow and fierce, cold wind accompanied the service. Several paid their respects later on the streets of Knighton.

Betty was born a mile up the road from Heyope at Llangwyn, youngest of four children: Mary, Emlyn and John. She went to school at Heyope, and when the family moved to Bryngwlfa, she went to Cantal School. Then the family moved to Cwmheyope where she worked on the family farm after leaving Knighton School, where she had happy times.

She met Harold at a Knighton sheep auction in 1957 and married at Heyope church in 1959. They lived at Willey near Presteigne

for two years where they both worked.

In 1962 they moved back to the old school at Heyope where they both started up an agricultural engineering business. They had three children:

Janet, Dianne, and Johnny. Betty was a lifelong supporter of church, community and family. In later years they moved to Knighton. They have eight grandchildren and three great grandchildren.

Somehow, despite all of the restrictions, the funeral led by Rev Christobel Hargreaves was a fitting tribute.



## Corona Virus Chronicles

Well, I think we are all pretty much agreed that this winter lockdown is tough going! I have taken to the Welsh version of “Hygge” – horizontal on the sofa with a good book and blazing log fire. Failing that I have taken solace in rifling through our collection of old records, CDs and even tapes, and before you ask, we must be the only people still using the old Tandberg Music Centre we bought with a bonus shortly after we were married! Classical music and opera seem to be the most soothing to the soul at this time.

We continue with our daily walks, which due to the torrential rain, snow, ice and Siberian conditions have become more penance than pleasure. If it rains it feels more like doing battle with the Somme. If it is snowy, then treacherous under foot and not to be risked, and if Siberian, the quagmire at least

becomes reasonably passable. John, not noted for his natural speed or agility, suddenly at 81 becomes unbelievably nimble if there is a free bit of wood to be had, and manages to give a sense of purpose to these walks by dragging it home.

Meanwhile I have heard the woodpecker, seen the snowdrops, pussy willow and more, noticed the house sparrows exploring the nooks for possible nest sites and feel sure that spring will surprise us, sooner than we realise.

*Hermione Evans*

**Valentine’s Toast opposite:** John and I raise a toast to ourselves and St Valentine as we prepared to tuck into one of Ruth Watson’s wonderful Deleveruth Friday night suppers. It was totally delicious: porc aux pruneaux with amazing veg followed by a rich chocolate and raspberry Charlotte.



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- Barack Obama

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They can manage their donations themselves, choosing where their donation goes, how much they want to donate, how regularly they want to give or amend existing donations. They can also Gift Aid their donation to make it go even further.

The development of the Gift Direct site has been accelerated as part of the Church's response to the Covid-19 pandemic. In one diocese, where there has been a major move to register, there has been an increase in donations equivalent to an extra quarter of a million pounds per year.

To donate online go to: [www.churchinwales.org.uk/onlinegiving](http://www.churchinwales.org.uk/onlinegiving)

To register your church for Gift Direct contact the Gift Direct team on [giftdirect@churchinwales.org.uk](mailto:giftdirect@churchinwales.org.uk)



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The name of the Lord is a fortified tower;  
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- Proverbs 18.10

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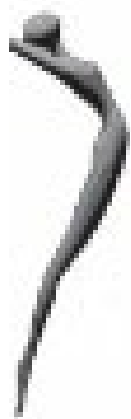
While still unable to hold monthly meetings, we are joining short demonstrations on Zoom on Tuesday afternoons, which are described as 'a breath of fresh air' – and we all need that.

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## Flora in March

**Snowdrops:** (see page 56) Snowdrops herald spring. These dainty white flowers have long been accepted by the Christian Church as symbols of the Feast of Purification of the Virgin Mary. (Candlemas February 2nd) This year their cheery white pendulous flowers have really provided an amazing joy to what has been a sad time for so many. When snowdrops have faded, they can be lifted and divided. It is advisable to divide them every few years as they do tend to become overcrowded and fail to flower next year.

**Winter isn't over:** March can be cold and windy and wet, but if the weather is kind there is much work to be done in the garden in preparation for summer. If the ground is not frozen or soggy perennials can be moved or divided before growth starts. In the green house so many flower and vegetables seeds can be sown of ; however today the weather is not generating enthusiasm. We await the crocus, daffodils, hyacinths promising better days ahead.

**Hellebores:** One plant which survives the harshness of the cold, a real winter treasure, is the hellebore, often called the 'Lenten rose'. It is a perennial, a member of the buttercup family. The pure white Christmas rose is part of the Helleborus group.

**Bergenia:** Another plant worth growing for late winter into spring is Bergenia, not in fashion at the moment with many preferring the Hosta. This plant is excellent ground cover drought tolerant, evergreen and provides wonderful winter colour. 'Bressingham Ruby' with magnificent large leaves, brightly coloured, is a must for arranging in a large space.

**Daffodils:** Daffodils now take centre stage with so many sizes and varieties of colour:

acid yellow through to warm orange and white. In spite of their diversity they have unsophisticated rural charm even though they also live in towns and city parks. Small varieties of daffodils make excellent displays used in pots or window boxes for those without a garden. As a bonus some give off exquisite fragrance, especially one named 'Paper White'.

**St David's Day:** On 1st March we celebrate St. David's Day with the daffodil, the national emblem of Wales. David, the Patron Saint of Wales, is the only Welsh Saint to be officially canonized. This day often falls in Lent so we do not have lots of daffodil arrangements in Church; however, when possible we do make one display for this special day.

**Mothering Sunday:** On 14th March this year, mid Lent, it is customary for children to give spring flowers to their mothers. In the early years the Church had a special rule requiring priests and people to visit the Mother Church on this specific day.

**Easter Day:** On this joyous festival we hope to decorate St. Edward's with lovely displays of flowers, especially white lilies. At Easter time many members of our parish like to give the cost of a lily in memory of a loved one. We welcome this generosity. Please put your donation in an envelope marked Easter Lilies giving the name of the person to be remembered. This can be left in the Vicarage post box or contact Jean Price 528260. All arrangements for Church are subject to rules and restrictions. Hopefully these will soon be relaxed and we can all meet again. STAY SAFE.

*Jean Price*



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## Ideas for Lent

During the 40 days of Lent we try to get closer to God.  
Here are some ideas.



### Fasting:

- Fast from some treat: snacks, drinks, smoking. Remember Jesus' sacrifice.
- Fast from gossip.
- Fast from negativity: Think and speak only positive things.
- Fast from one type of expenditure, and then give that money to a local charity.
- Fast from junk TV, computer games, unnecessary messaging.

### Praying:

- Pray for somebody. As you're walking, driving, working, pick out a person who appears to be in need and pray for that person. Be mindful of the words of philosopher Philo of Alexandria, *"Be kind, for everyone you meet is fighting a great battle."*
- Try guided prayer: [www.sacredspace.ie](http://www.sacredspace.ie)
- Take a prayer walk in nature or in your community.
- Try drawing, painting, colouring as a way to pray and meditate during Lent.

### Reading:

- Read the Gospel of Mark the most concise story of Jesus' life.
- Read the Archbishop of Canterbury's Lent Book, "Living His Story" by Hannah Steele.
- Read the Archbishop of Wales' Lent Book, "The Meaning in the Miracles" by Jeffrey John.

### Giving Alms:

- Give money to an organization that supports the dignity of humanity, e.g. Embrace the Middle East, Toy Box, Salvation Army, Christian Aid, Refugee Support, Foodbank, Archbishop John's Charities for Lent.
- Every day consider a blessing and give money to a charity in gratitude.

### Doing something Positive:

- Say 3 nice things to the people you live or work with daily.
- Take something on – 40 days of letter writing [e-mail], 40 acts of kindness, 40 phone calls to the important people in your life.
- Wear a cross. Stop for a few seconds to reflect on it.
- Get to know someone you encounter when walking, shopping, working, zooming.
- Read the Works of Mercy as Jesus describes them in Matthew 25.31-46. Choose an act of service you can perform throughout Lent.
- Throw Away 40 things for 40 days.

### Attend a Lent Course online.

See page 13.

Regret is an appalling waste of energy;  
you can't build on it;  
it's only good for wallowing in.  
– Katherine Mansfield



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## **Bleddfa Centre**

The Bleddfa Centre is, of course, not able to open at the moment, and we are missing our contact with you, our friends - we do look forward to welcoming you again when we are able!

In the meantime, **we can stay in touch in several ways.** You can join our monthly newsletter, by emailing [hello@bleddfacentre.org](mailto:hello@bleddfacentre.org) or clicking the button at the bottom of this page: <https://bleddfacentre.org/contact>

You can find us on Facebook, Instagram and Twitter as Bleddfa Centre. You can follow our updates and messages, or simply email or message us if you need support or someone to talk to.

We are in the process of launching several online groups and classes.  
Wishing you all the best – The Bleddfa Team

PLEASE CHECK OUR WEBSITE FOR UPDATES

We are on the A488 between Knighton and Pen Y Bont, LD& 1PA  
[www.bleddfacentre.org](http://www.bleddfacentre.org) 01547 550377 [hello@bleddfacentre.org](mailto:hello@bleddfacentre.org)

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**Crabtree Walk, off West St, Knighton LD7 1EW**

## Knighton News

### Church Hall "Raise the Roof"

There is still the opportunity to purchase a personalized roof tile for the proposed new roof at a cost of £10.00. A big thank to all who have already made a donation. The management committee very much appreciate the generous donations given by the families of the late Iris Leeson and Martin Taylor to the hall fund. Our thoughts are with you at this sad time.

### The Late John Bradford

The people of the town were shocked to hear of the death of John who passed away in hospital on 19th January aged 68 years. He was a popular business man in Knighton running the family shop, nursery and hairdressers and delivering items to those unable to visit the shop. He was a keen supporter of many organisations including the Chamber of Commerce and Knighton Show, decorating the premises for special occasions with splendid window displays attracting many visitors. John will be remembered for his kindness and generosity. I am sure the family took support from the fact that the shops in Knighton all closed

and many people lined the streets as the cortege passed for the funeral service. Please remember Luke and Nathan and families also the shop ladies as they mourn the loss of a loved one.

### Knighton News

In our prayers we continue to pray for all who are unwell at home, those in hospital and those receiving treatment for cancer at this time. Many are anxious and lonely. We pray that life will return to normal very soon. Our thanks to all who are helping in any way to supply and deliver meals for the less able in our community.

We are pleased Diane King is making a good recovery following a nasty fall, breaking her wrist.

We remember all that are bereaved at this time mourning the loss of loved ones. Colin and Do Phillips on the death of sister Rosemary interred in St. David's churchyard, Whitton.

The family of Ada Glass (Parker) Her funeral took place at Hereford Crematorium on 3rd February. Our thanks to the family for donations given to St. Edward's Church fund.

*Jean Price*

### Lunch Club

The Lunch Club run by Churches Together at Knighton Methodist Church is continuing to provide and deliver meals, £5 for 2 courses.

If there is anyone in need of a hot meal on a Tuesday please ring Sister Margaret on 01547 528154.

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### Knighton Community Centre Free snack lunch

Delivered by volunteers to  
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**EVERY THURSDAY**

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Lunches must be booked. Either complete online referral form or msg us at Facebook Knighton and District Corona Virus support page.

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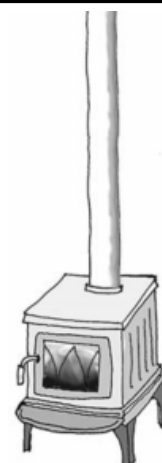
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## Helping People in Knighton and District.

The community of Knighton and District has been awarded Arwain/Leader funding for an innovative project around supporting people through sharing of information and skills. The project will be delivered by the Knighton & District Community Centre and Library, who will also work closely with PAVO (Powys Association of Voluntary Organisations) and other information and support agencies in the area.

Volunteers will be trained to support the project in a number of ways, from Covid-secure delivery of library books to housebound people, to helping people with IT

skills and providing information and signposting them to specialist support where needed. The project also aims to work with PAVO's locality network, to update the community directory and make residents aware of what is available locally through use of social media, marketing, and outreach work.

If you are interested in finding out more about the project, or volunteering to support it, please contact the Knighton & District Community Centre team on

[knightonhubcoordinator@gmail.com](mailto:knightonhubcoordinator@gmail.com)  
07592 353243

## Donald Bright, 9 April 1942 – 30 December 2020

Thank you to all the friends, neighbours and relatives for all the messages of sympathy, kindness and support we have received since losing Dad.

Special thanks to all who braved Storm Christof to line the road through Felindre and Beguildy to pay their respects on the day of the funeral. We are sorry you couldn't join us for the service, but we were so touched to see so many people and feel honoured to have come from and live in such an amazing community.

Thanks to Rev. Petra Goodband for the heartfelt service and her guidance in the preparations; to Phil Fourie for giving up his time to look after us on the day; and to the team from Leach & Son for their care and attention.

Finally, thank you to everyone who donated in memory of Dad. We have raised a fantastic £2,000 for the Intensive Care unit at Hereford County Hospital. We are indebted

to them for their care for Dad recently and two years ago. As a family we will be eternally grateful for their dedication, care and hard work. *Jayne, Anne, Sally, John, and families*



Donald Bright

## More Folklore of Radnorshire!

In last month's edition was the interesting article "Casob, a place for Folklore."

In 2001 "The Folklore of Radnorshire" by Roy Palmer was published and gives a vibrant view of the old county with its beliefs and customs. In this book, Llangunllo is featured with reference to charmers, bonesetters and traditions of the church.

### Charmers:

Charmers treated minor injuries and common ailments such as shingles, toothache, thorn-pricks and warts. Their methods included charms (verbal, printed, or handwritten), objects with curative properties and healing touch. By tradition they accepted neither thanks or payment for their services as this would break the spell.

Commissioners sent to enquire into the state of education in Radnorshire in 1846/47 reported "People still commonly resorted to charmers when they were ill." A charmer called Stokes was still alive as an old man at Llangunllo in 1875.

### Bonesetters:

Whereas, charmers used psychology and suggestion, bonesetters relied on practical techniques and manipulated joints, used splints to set broken bones and applied herbal poultices.

The Bywaters of Llangunllo and Knucklas, were bonesetters, having "the gift," thought to pass down the family. Great faith was placed in their ability and one particular farmer, when asked to choose between a doctor of 40 years' experience and the bonesetter, said "Bywater every bloody time." Usually a gift, rather than payment, was given for treatment.

### Baptisms:

Births and baptism, courtship and marriage to death and funerals, all had their traditions.

Initially baptisms were conducted in springs and streams and only later were church fonts used. Baptisms also took place in pools and possibly in St Michael's Pool near Llangunllo.

### Weddings:

A wedding custom which lingered until recent years involved stretching a rope across the road or path following the service. The groom paid a small sum to those holding the rope and then he and his bride, one last obstacle overcome, embarked on married life. Many weddings at Llangunllo Church, including my own, experienced this tradition.



Bridegroom paying to "pass the rope" at Llangunllo Church wedding 1950s



Bonesetter at work

## Folklore Continued

Not all weddings were held in a place of worship or register office; “jump the broom” marriages, took place in Radnorshire and were not uncommon in Wales. A couple considered themselves married after jumping over a broom placed across the doorway of a house or inn. Such ceremonies took place at The Plough Inn at Knighton.



18th Century “Jump the broom” marriage

### Funerals:

Those of all social class were given full honour at their funeral. The Llangunllo parish accounts for 1718 record the considerable sum of £3 12s 6d having been spent on a single dependent, Elinor Griffiths: “£1 6 0 to the Bonesetter for her, 3 0 to Mary Jones for tending her, £1 10 0 for a shroud for her, 6 0 for shrouding her, 1 0 for ale for burying her, 2 6 for bread, cheese and butter, 1 0 to the parson, 1 0 to the Clark.” There is no coffin listed, as being a pauper, the shrouded body would have been lifted from the communal coffin into the grave.

Later coffins were provided and it was customary to dress a female corpse in the

deceased’s best hood and cap, scarf, girdle, apron, hose and gaiters and buckled shoes. Her purse would also be put in the coffin. A male corpse would be accompanied by knife, sheath and fork, tobacco box and pocket tongs and would wear hat, cravat, gloves, belt, breeches, hose and gaiters and buckled shoes.

The north side of churchyards was unpopular for burial as it was believed to be under the influence of the devil, so ground favoured for burials to the south and east of churchyards, was used and re-used over the generations. The bones which inevitably came to light were collected, placed in vaults or re-buried. The church accounts at Llangunllo for 1720 and 1782 have entries for “burying ye bones.”

### Beat the Bounds: (see overleaf)

Rogation Sunday was one of the days favoured for beating the parish bounds. Parishioners were led by their parson who stopped from time to time for readings from the gospels. Free refreshment was often provided and Llangunllo Church Wardens’ accounts show expenditure of 3/- a year for “ale for the parish round” during much of the 18th century.

In May 2015 the Friends of St Cynllo’s Church undertook beating the parish bounds for their annual walk. This time the parson was not at hand to lead the walkers and there was no stopping for readings from the gospels, but in true tradition, ale at The Greyhound was later enjoyed by those who took part.

*Isabel Morris*

Ref – “The Folklore of Radnorshire” with photos from Charles Kightly/Isabel Morris/Wikipedia.

Man, in his fallen nature, is a dissatisfied  
and frustrated rainbow-chaser.

– Anon





'Beat the Bounds' in Llangunllo 2015. Finishing at The Greyhound

## Our First Home had a Forge and an Anti-Invasion Defence

We first bought a house in 1973, to be more precise, two houses, beside the Chichester to Midhurst road. It was a pair of derelict cottages that were boarded up against tramps. They were called Turnpike Cottages, and we purchased them from Goodwood Estate (Duke of Richmond).

The site of the cottages was bought by the turnpike trust from Goodwood estate for a toll cottage, but when the turnpike system came to an end in the nineteenth century, the cottage was bought by a builder called William Irish. He demolished it and built the pair of cottages. The northern one contained a yard, a sawpit, and a forge.

He lived in one cottage with his wife. When he died he left the two cottages in trust to his wife. Two trustees were appointed, still in the nineteenth century. But after a period one of the trustees "Became bankrupt and decamped!" So another was appointed.

When Mrs Irish died the cottages were bought back into Goodwood Estate, as workers dwellings.

One further point of interest. A few feet from the back wall was a huge concrete cube, about 6 feet x 6 x 6. It was one of many anti invasion defences in World War 2. With much help from my parents, (my other replaced 49 broken windows) we made the south one habitable and moved in with our family, and resold the other.

*Allan Flexman*



## Learning Woodlands Skills From Home

### Woodlanders

During lockdown, Woodlanders are unable to hold regular task days in the wood. So we learn new skills from home. You are all welcome to participate.

For coppice management & charcoal making watch a video with the late Bill Hogarth.  
[www.youtube.com/watch?v=iOpsVijLA7E&feature=youtu.be](http://www.youtube.com/watch?v=iOpsVijLA7E&feature=youtu.be)

### BIS (Biodiversity Information Service)

Wildlife Awareness Events

[www.bis.org.uk/diaryevent](http://www.bis.org.uk/diaryevent)

- Wed 3rd March 7:30pm to 9pm. Iconic Wildlife of the Brecon Beacons.
- Tues 16th March 7:30pm to 9pm. Beginners Guide to Camera Traps.
- Sat 20th March 10:30am to 12noon. Getting to know your Bumblebees.
- Tues 30th March 7:30pm to 9pm. Getting Better Results from Camera Traps.
- Wed 14th April 7:30pm to 9pm. Wildlife Recording - How, Why, What For?

### TCV (The Conservation Volunteers)

Birdsong event. Find out how to tell one species from another: An Introduction to Bird Song - 30th March, 7pm - 8:30pm.

Register at

[www.eventbrite.co.uk/e/13256451703](http://www.eventbrite.co.uk/e/13256451703)

**Sprout Lands: Tending the Endless Gift of Trees** by William Bryant Logan. Mutually beneficial relationship between humans and trees. How we reap a constant harvest of food, materials, fuel and shelter from trees.

**Buglife Cymru** [www.buglife.org.uk/get-involved/surveys/oil-beetle-hunt](http://www.buglife.org.uk/get-involved/surveys/oil-beetle-hunt). Ask us to keep a look out for Rugged oil beetles this winter. The most recent discovery was in October on a doorstep in Abergavenny. Since it is active at night and during winter, it is likely that its presence has been overlooked in Wales for some time.



*Woodlander Team*

## In Memory of Sheila and Albert Ward

It is with great sadness that we report the death of Sheila Ward who died this week (week of 17 Feb). Sheila had been unwell for the last 2 years. Our thoughts and prayers are with Albert and their family.

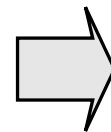
Sheila loved Pilleth Church and was part of the small team who made it possible to restore St. Mary's. Sheila and Albert regularly attended services and travelled from Rock, near Bewdley, to work and support every fundraising event, usually with a car load of jam, books and other goodies.

Sheila's funeral was held at Kidderminster Crematorium on Feb 2<sup>nd</sup>. If anyone would like to give a donation which, at Sheila's request is to go to St. Mary's, Pilleth, it should be sent to: Albert Ward, Organs Hill Farm, Rock, Worcestershire, DY14 9SS.

*Peter Hood*

We just received the sad news that within a month of Sheila's death, Albert Ward, her husband and Chair of the Friends of Pilleth, also passed on. More details will follow later, but the family wish for donations to go to Pilleth as well. Details above.

## History of Stained Glass in Knighton Church - Stage 3



Last month we looked at windows from Stage 2 when designs were still relatively simple and straightforward, though the tendency towards elaborate backgrounds and decorations had already become apparent.

This month we will look at the remaining three windows in the south aisle.

“They date from the third phase – the reconstruction of the chancel in 1897 and the years immediately following. They all belong to a gothic fantasy world of pinnacles, and sumptuous robes of violet, crimson and purple. The detail is amazing - I can see something new every time I look. This art represents the triumph of the Tractarian view that God could be fittingly worshipped only in

gothic surrounds, and parallel the return of Catholic ritual [to] a church which had been basically Protestant since 1559.”

“All the windows shown this month from the third phase are in memory of either the Reverend Martin Rickets (Vicar of Knighton 1879 to 1901) or his wife Susan, as is the decoration in the chancel with its bunches of grapes and angels bearing the bread of life, once again underlining the central position of the eucharist to Christian worship - something now taken for granted but then rather controversial.” (*continued next month*)

K.J.K.

*submitted by Jean Price*

*Photos by Laura W-J*

## 1-7 March is British Pie Week!

### Recipe: Root Vegetable Rosti-Topped Cottage Pie

Swap classic mash for crispy carrot, parsnip and sweet potato, to top beef mince

- |                            |                          |
|----------------------------|--------------------------|
| - 2 tbsp rapeseed oil      | Rosti topping:           |
| - 1 onion, finely chopped  | - 1 carrot, grated       |
| - 2 cloves garlic, crushed | - 2 parsnips, grated     |
| - 500g Lean Steak Mince    | - 1 sweet potato, peeled |
| - 1tbsp tomato purée       | and grated               |
| - ½ tsp dried rosemary     |                          |
| - 100g frozen peas         |                          |
| - 20g Meat Gravy Granules, |                          |
| made up to 300ml           |                          |



#### Method

- Preheat the oven to 200°C/180°C Fan/Gas 6.
- Heat 1 tbsp of the oil in a deep frying pan. Cook the onion for 4-5 mins until starting to soften. Add the garlic and mince, then cook until browned. Stir in the tomato purée, rosemary, peas and gravy. Spoon into an ovenproof dish.
- Mix the grated veg well with 1 tbsp oil and use to top the mince. Cover with foil; bake for 20 mins.
- Remove the foil and cook for 15 mins, until the topping is golden brown.
- Let the pie sit for 10 mins.

*From ASDA Good Living*



These two sets of triple windows (as well as the Commissioning Window overleaf) are located on the south aisle. The romanticised women display positive Christian virtues through what they hold. They are adorned in rich fabrics with golden ornaments – typical Victorian glass.



**Faith**

Holding a cross and a Bible.



**Charity**

Holding a plate of loaves and a purse around her waist.



**Hope**

Both hands holding a metal lock on wood.



**Patience**

She is locked to a stanchion.



**Gentleness**

She gestures to a lamb.  
"Such as are gentle; them shall  
He learn His way"



**Sincerity**

Hands in prayer, dove of peace  
and a Bible hanging on a cord.



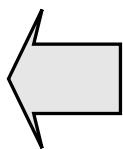
**Commissioning Window, Knighton**



**Candlemas at St Mary's, Gladestry**







## Commissioning Window Stage 2 in Knighton

Each of the three panels relates to a Bible verse

1) "Go ye into all the world  
and preach the gospel to  
everyone."

St Peter in red, for martyrdom,  
commissions 2 women and a  
Roman soldier.

2) "As my Father hath sent me  
even so send I you."

Jesus commissions his  
apostles; each has a halo.  
Notice all the different halos.

3) "As often as we eat this bread and  
drink this wine we do shew the Lord's  
death until he comes again."

St John serves disciples, men and  
women, with communion wine.

## Candlemas at St Mary's Gladestry

**O**ur churches have been closed, but the story of Christianity goes on. On 2nd February, the feast day commemorating Candlemas was celebrated in the Lady Chapel of St Mary's Gladestry. Candles were lit, the altar adorned with snowdrops, signifying light and hope (see page 56).

Candlemas, or the Presentation of Christ in the Temple as it is sometimes called, is a reference to events recorded in the Scriptures. Briefly, it had been revealed to a devout man called Simeon that he would not die before he had seen the Messiah. When he saw the baby Jesus in the Temple, he took him in his arms, blessed God, and said the words. "Lord, now lettest thou thy servant depart in peace". There was also an elderly prophetess in the Temple called Anna. When she saw Jesus, she too gave thanks to God, and spoke of Jesus to all those who had come to Jerusalem looking for redemption. These events are vividly displayed in the stained glass window behind the altar.

Following the opening sentences, Simeon's words, known as the Nunc Dimittis, Domine were said. And following this a prayer for the recovery of the world from the pandemic was recited in the form of Graham Kendrick's "Restore, O Lord." Here is the first verse:

Restore, O Lord  
The honour of your name,  
in works of sovereign power  
Come shake the earth again,  
That all may see and come  
With reverent fear to the living God  
whose kingdom shall outlast the years.

*Hymns Old and New no 434.*

It is hoped that you will find light and hope in these difficult times.

- Michael Johnson

21 March is World Poetry Day

Everyone is worried  
When will we get our jab?  
We're all stuck in lockdown  
Life has become so drab.

We should hand it to the farmers  
It would only take a week,  
They've had lots of practice  
Injecting all those sheep.

I reckon they could do it  
They've got some decent kit,  
If they line up all their hurdles  
They'll do it in one hit.

The ones who keep the cattle  
Well, they could use a crush,  
The dogs would sort the queue out  
There is no need to rush.

They may even change the needle  
Every hour or so,  
And they will keep on going  
Through wind and rain or snow.

And whilst we are together  
They could even check our teeth  
And fire up the shearing handsets  
And give us a trim beneath!

*Submitted by Allan Flexman*

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## Gladestry 49 Club

It is another year and I am delighted to report that we are still giving weekly prizes. The cash cow is stable and still giving. This is partly because it is supported by local farmers, and many new people that have moved to the village.

The winners in January are: Viv Lloyd, Will Maddy, Frank Mullin, Kath Grimmett, Will Maddy and Dave Bowen. Prizes will be distributed as soon as I can get to the bank. Thanks to all our supporters.

*Michael Johnson*



We apologise that during lockdown we cannot offer group walks. As soon as possible we will return to walks every Wednesday and Saturday with a few short walks on weekdays. They will be posted on:

[www.ramblers.org.uk/east-radnor](http://www.ramblers.org.uk/east-radnor)

[www.ramblers.org.uk/4wells](http://www.ramblers.org.uk/4wells)

However you may download maps and descriptions of a wide range of local walks for you to do on your own on the East Radnor website shown above.

*East Radnor Committee*

## Knighton and District Community Cohesion Project

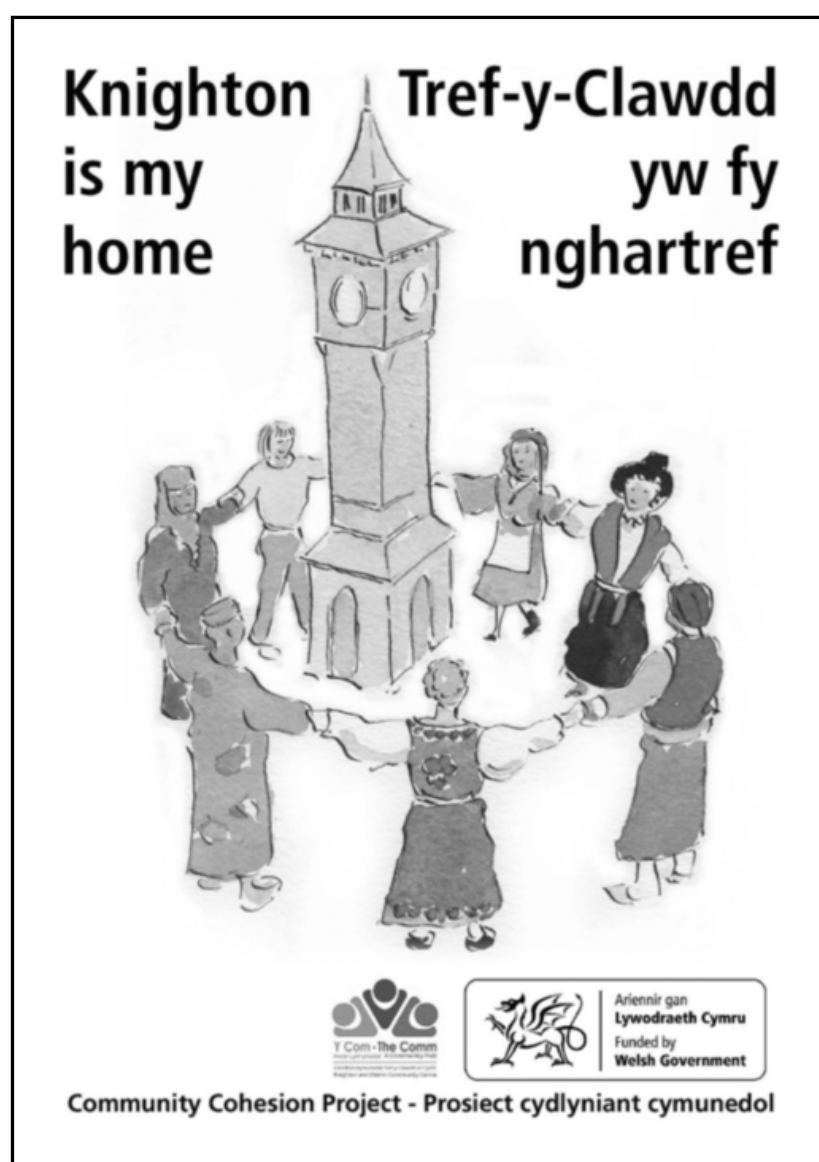
We have received a small grant from the Welsh Government Community Cohesion Programme. A small Steering Group (Rev Petra Goodband, Chris Martin, Gillian Forrester, Ruth Forrester and myself) plan to make a series of video and audio clips about the subject 'Knighton is my home' and interview people who have recently moved here including people from minority groups as well as long standing residents. After the clips are edited, we plan to hold a short presentation and discussion at the end of March. We hope to contribute to community cohesion by showing the diverse range of people living and working in the town.

After the project is finished, we hope that there will be some follow up with organising shared events where people can come together.

We are looking for as many local organisations as possible to support our project and display our poster on your website / Facebook page. If you know anybody who might be willing to

take part in the project, please ask them to contact me as soon as possible.

*Kevin Dare*



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or access Action on Hearing Loss for support.

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## Teme Valley YFC Take Top Spot for Winter Trophy

As we all know 2020 was a difficult year due to the pandemic; therefore, all competitions were held virtually. Radnor YFC held multiple competitions to compete for the winter trophy during October/November. After coming a close second in the virtual rally, we triumphed in the winter competitions taking top spot.

Success was gained by:

Yule log – Tara Deakins & Kelly Thomas – Joint 1st

Senior beef, lamb and pig carcass – Elizabeth Swancott – 1st

Decorate a cupcake – Zinnie Neary – 1st

Senior live beef – Ella Harris – 1st

Junior live beef – Jon Harris – 1st

Senior Christmas table centre piece – Ella Harris – 1st

Scrapbook – Elizabeth Swancott – 2nd

Junior live beef – Will Deakins – 2nd

Junior pig carcass – Thomas Swancott – 2nd

Senior lamb carcass – Ella Harris – 3rd

Ready steady cook – Tara Deakins – 3rd

Junior live beef – Tilly Neary – 3rd

Junior Christmas table centre piece – Tilly Neary – 3rd

Senior Christmas decoration – Tara Deakins – 3rd

A great effort was put in by every member of Teme Valley YFC. Where there were only 2 competitions where a Teme Valley member did not come in the top 4 places. We entered all 17 competitions and gained 198 points. We hope coming into the New Year that we look forward to better circumstances and more victories.

*Meg, Tilly and Zinnie Neary*

## Bobby's Beat – My Run In with the Chief

*From the diary of a parishioner who served in the police.*



Police regulations prohibit officers from membership of any political party. The parish council clerk asked me to stand as a candidate. To play safe, I asked for approval, although this was non-political. The reply from the Deputy Chief Constable wished me well.

Two years later my position came to the ears of another Chief Constable, and I was instructed not to resign, but not to stand again, as he did not approve. I thought about this long and hard as I was short listed for promotion, but I decided that right was on my side, and I was back on without an election. Later the Admin Superintendent asked whether I had complied, and I stated that as I had received approval previously, I had stood

my ground. I was soon summoned to my new Chief Superintendent, who handed me a letter saying that if I did not resign I would be dealt with under the discipline code for refusing to obey. Right was on my side, but I could be by-passed for promotion, or promoted to a station 80 miles away. I stood down.

A few months later I was called up for promotion from a new Chief Constable. He added, "I see that you are a member of Duncton Parish Council. Very commendable. I hope there are more like you in the force."

My elation was complete. I went straight to the office of the Admin Superintendent and told him. He looked daggers at me and said, "You didn't raise the matter, did you?" I shut his door and walked away. He who laughs last laughs longest!

*Bobby Fuzz*

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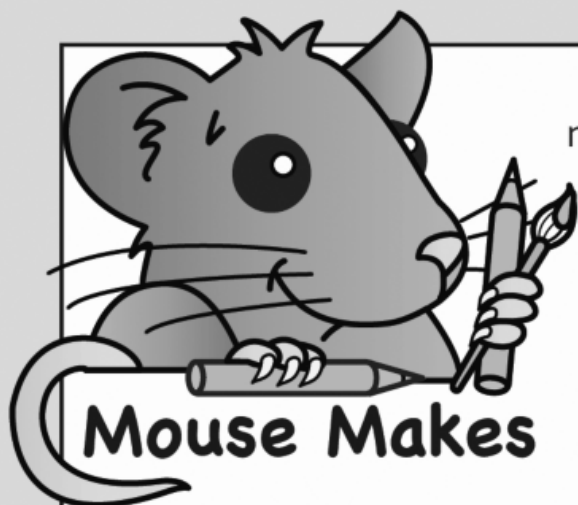
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## Mouse Makes

**Who is my mother?**

Look up the Bible verses  
then find the mother's  
names in the word search

**CAIN and ABEL**  
*Genesis 4:1-2*

**JOSEPH**  
*Genesis 30:22-24*

**ISHMAEL**  
*Genesis 16:15*

**TIMOTHY**  
*2 Timothy 1:5*

**RUBEN**  
*Genesis 29:32*

**GAD**  
*Genesis 35:26*

**SAMUEL**  
*1 Samuel 1:20*

**OBED**  
*Matthew 1:5*

**ISAAC**  
*Genesis 21:3*

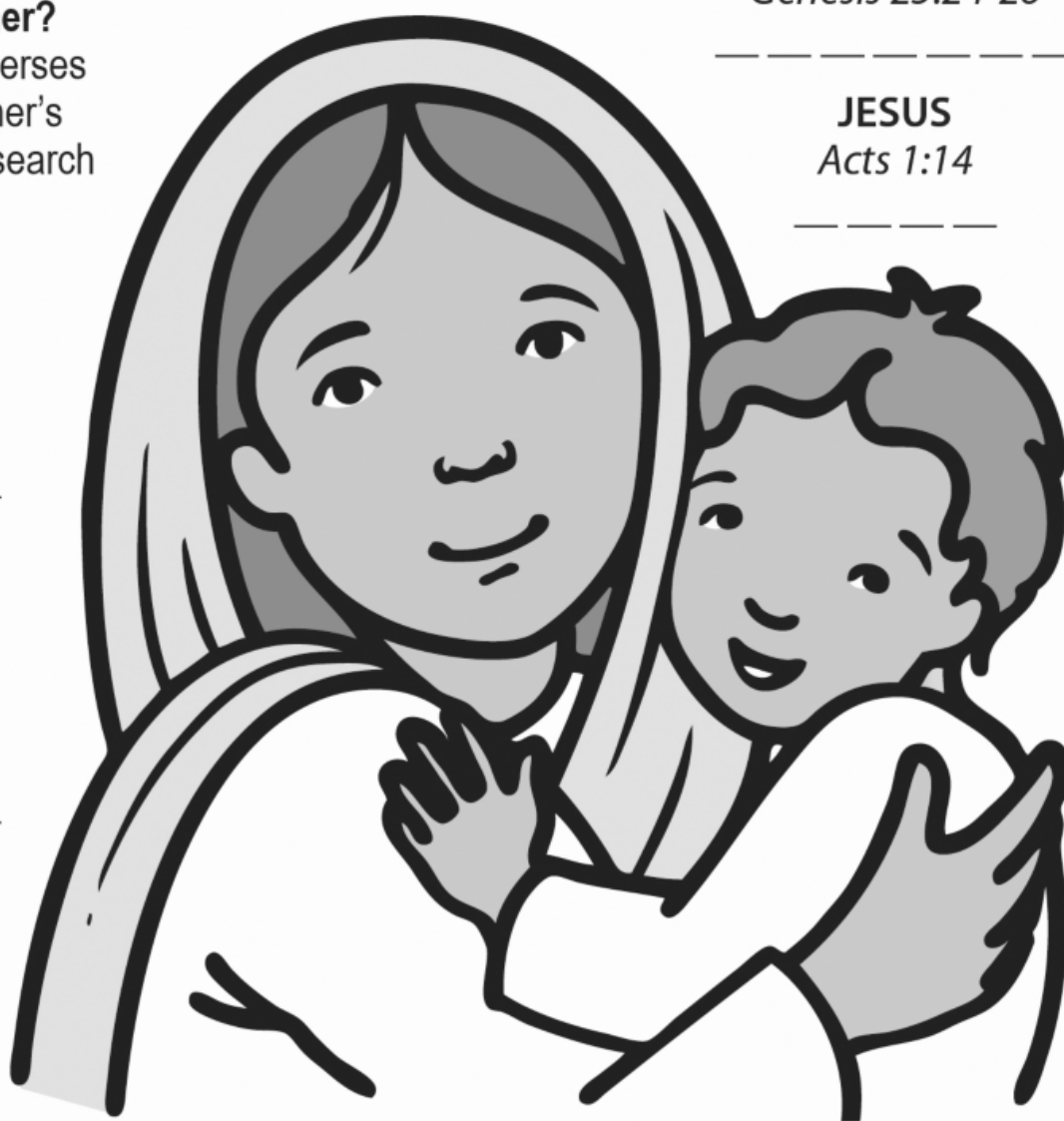
Jesus was **loved** by his  
mother Mary, she looked  
after him, worried  
about him and prayed  
for him. She **cuddled**  
Jesus when he was  
born, **cried** when he  
died and **rejoiced** when  
he rose from the dead.

**SOLOMON**  
*1 Chronicles 3:5*

**JOHN**  
*Luke 1:57-60*

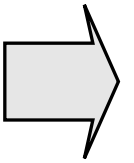
**ESAU and JACOB**  
*Genesis 25:24-26*

**JESUS**  
*Acts 1:14*



R	A	C	H	E	L	M	A	R	Y	A	V	Z
E	L	I	Z	A	B	E	T	H	H	E	V	I
B	Z	D	R	E	B	V	S	U	A	U	O	L
E	T	M	U	M	L	E	A	H	N	N	L	P
K	M	O	T	H	E	R	R	T	N	I	E	A
A	I	S	H	H	A	G	A	R	A	C	G	H
H	S	T	A	B	A	T	H	S	H	E	B	A

There are two other words in the word search, can you find them?



## Zoom Gatherings

Since last May the East Radnor Ministry Area and Builth have gathered every Sunday morning at 9.30 via Zoom. Thoughtful worship led by four clergy, music led by singers, and our own participation in readings and prayers combine for a different but rewarding experience of “church”. We regularly celebrate communion; our own bread and wine is consecrated down Cyber lines. You are welcome to come along, even if by telephone. Contact Rev Petra to join.

### Epiphany 2 – Voices

Idle voices before the service:

“Nice to see people without their faces covered up!”

“I’ve had the jab.”

“I saw the first snowdrops!”

Our sermon was about Voices. Since in both our Old and New Testament lessons the main characters did not expect to hear God, the story was about how they finally did hear God speak and see His presence, giving comfort and courage in the challenges ahead.

Our prayers used the voice of the psalms. When we prayed for people in authority the voice of Psalm 55.22: “*Cast thy burden upon the LORD, and he shall sustain thee.*” Remembering traders and employees Psalm 27.1: “*The LORD is my light and my salvation; whom shall I fear?*” Praying for the church Psalm 137.4: “How can we sing the Lord’s song in a strange land?”

### Epiphany 3 – Ah ha

On a snowy Sunday morning we celebrated ah-ha moments when we knew that Jesus is God. Today it was the story of Jesus changing vast stone jars of water into wine at a wedding feast. Disciples who were guests witnessed the miracle and believed – an epiphany moment.

We thanked God that he chose ordinary people and made them extraordinary. Indeed God had a heart for justice, for freedom, for the poor, for the unloved.

The closing line of our blessing was “may the hand of a friend always be near.”

### Presentation in Temple – Stranger in a Strange Land

At the last service in Christmastide Mark described Joseph and Mary as ‘Strangers in a Strange Land’. After receiving unsettling messages from angels they had left their homeland in Nazareth to travel to a strange town, Bethlehem, 60 miles away. Mary gave birth in a stranger’s cowshed, and after 8 days they took Jesus to a stranger to be circumcised.

After 40 days they went to another priest they didn’t know at the Jerusalem Temple for Mary’s purification and the redemption of their first born (page 38). Another stranger, Simeon, spoke of Jesus bringing light but also a sword to Mary’s heart. Another stranger, the old prophetess Anna, confirmed Simeon’s strange words. They could not have understood these messages but they continued with strength from God and his angels.

We, in our threadbare confidence, prayed for renewal, a re-dedication of ourselves to God. Our prayers took each element of the Lord’s Prayer, e.g. “give us this day our daily bread” to become a prayer for foodbanks and for all the hungry in our world. *(Continued on page 49)*

It is only with the heart that one can see  
rightly;

what is essential is invisible to the eye.

- Antoine de Saint-Exupery

# Zoom Services





# Zoom Services



Jess leading singing



Christine with a prayer candle



Rachel lifting the bread & cup for communion



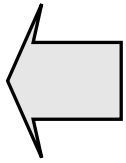
Ann leading singing



Howard leading prayers



Adeline, Petra and Mark leading singing



## Zoom Worship Continued

### Creation – Wisdom

On Creation Sunday we learned about Wisdom. Creation wasn't accidental, and it continues ongoing and perfect as we realised in our first hymn, "Morning Has Broken." As a new morning breaks every day we are reminded to observe it as if is the first time.

As light broke on that first morning, Christine Gould lit a candle to focus our prayers. Light shone on each person we prayed for: all who suffered and all those who worked to alleviate suffering.

Our Canticle (song)

Christ, as a light illumine and guide me.  
Christ, as a shield Overshadow me.  
Christ under me; Christ over me;  
Christ beside me on my left and my right.

### Transfiguration – Keep Your Eyes On the Ball

Our services always begin with welcoming each participant, and Mark especially welcomed a survivor of Covid 19. We continued with two marvellous stories of great biblical heroes bathed in light. First, Elijah, who was taken up to heaven in a fiery chariot. His understudy, Elisha, was told that he would carry on the prophet's work if he saw him ascend. Elisha never took his eyes off Elijah, and in the end he was given a double portion of Elijah's spirit.

Jesus took Peter, James and John up on a mountain, and they gazed on the radiance of Moses, Jesus and Elijah transfigured with light and dazzling clothing, a message that Jesus was the light of the world. We sang that we would shine with that same light as a message for our world.



### Radnor Valley Gardening Club

Plans for 2021

Clearly we are none of us able to predict exactly what will happen this coming year, but if all goes well with the vaccine programme and virus control, the gardening club hopes to start the year in:

**May Annual plant sale**

**June 27th New Radnor Open Gardens – for the NGS and medical charities.**

**July/August Arranged garden outings**

**September Annual Show**

Keep your fingers crossed everyone.

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To join or if you want to know more ask Hermione Evans

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## Readings for March

7 March *Purple*

Lent 3, Fair Trade Fortnight

Exodus 20. 1-17

Psalm 19

1 Corinthians 1. 18-25

John 2. 13-22

14 March *Purple*

**Mothering Sunday**

1 Samuel 1. 20-28

Psalm 34. 11-20

Colossians 3. 12-17

Luke 2. 33-35



21 March *Purple*

Lent 5, Passion Sunday

Jeremiah 31. 31-34

Psalm 51. 1-12

Hebrews 5. 5-10

John 12. 20-33

28 March *Purple or Red*

Lent 6, **Palm Sunday**

Liturgy of the Palms:

Mark 11. 1-11

Psalm 118. [1, 2,] 19-29



29 March *Red or Purple*

Monday in Holy Week

Isaiah 42. 1-9

Psalm 36. 5-11

Hebrews 9. 11-15

John 12. 1-11

30 March *Red or Purple*

Tuesday in Holy Week

Isaiah 49. 1-7

Psalm 71. 1-8, [9-14]

1 Corinthians 1. 18-31

John 12. 20-36

31 March *Red or Purple*

Wednesday in Holy Week

Isaiah 50. 4-9a

Psalm 70

Hebrews 12. 1-3

John 13. 21-32

1 April *White*

Maundy Thursday

Exodus 12. 1-4, [5-10,] 11-14

Psalm 116. 1-2, 12-19

Corinthians 11. 23-26

John 13. 1-17, 31b-35

2 April *Red, Purple or Black*

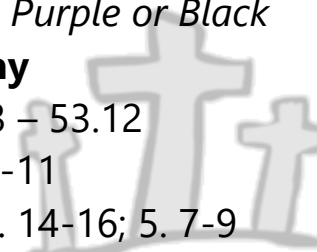
**Good Friday**

Isaiah 52.13 – 53.12

Psalm 22. 1-11

Hebrews 4. 14-16; 5. 7-9

John 18.1 – 19.42



## Crafty Coffee Online Support Group

On the 2nd March Knighton and District Community Council launched an online support group loosely based on a crafting theme.

Sessions will be on Tuesday morning 11am with a 20 minute 'chat' with all attendees, (talking about hobbies, interests, crafts etc. & offering non directional peer support). A 'guest' demonstrator will lead on a discussion or workshop for up to an hour. We will then have a question and answer slot followed by a checkout.

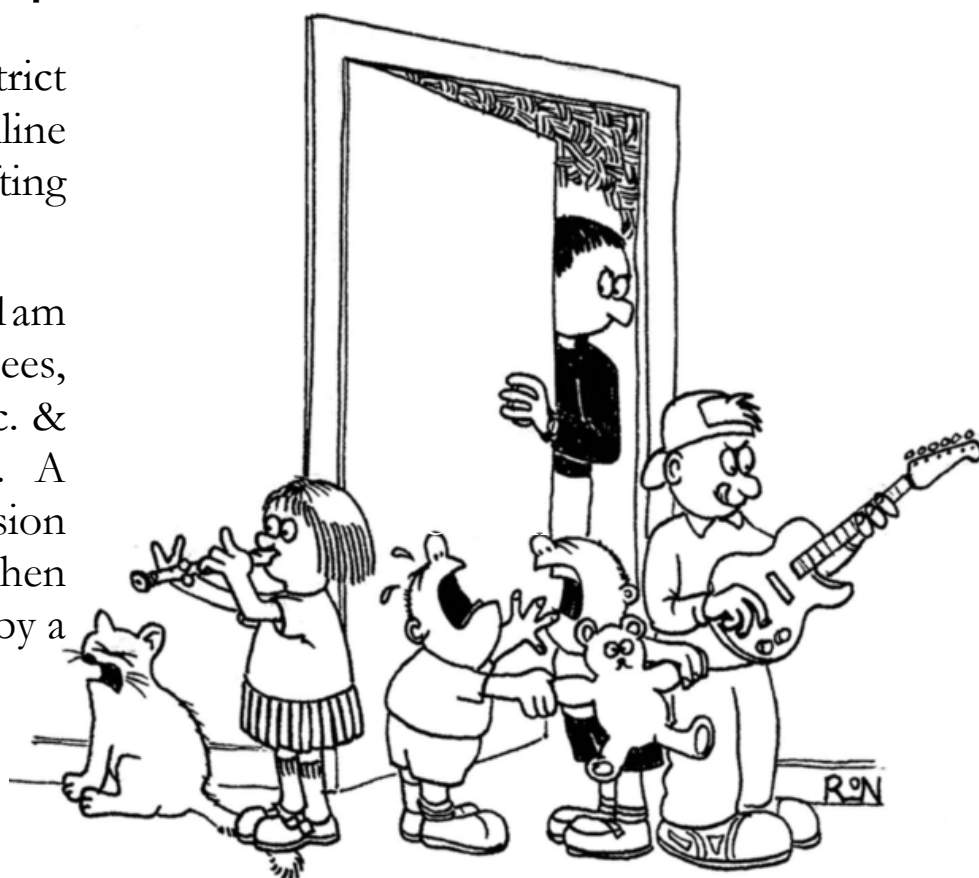
If you would like to attend either as a participant or facilitator please contact:

Ceri Brown

knightoncomm@gmail.com or 07751221487

Annie England

knighotnhubcoordinator@gmail.com



Kevin took himself off to his study to pray for peace

## Church/Community Hall Contacts

Evenjobb Village Hall	Linda Ellams	01547 560306
Felindre Village Hall	Jess Barrett	01547 510603
	felindrevh@gmail.com	07805 002497
Gladestry Village Hall	Marlene Evans	01544 370646
	marlene.evans@hotmail.co.uk	
Llangunllo Village Hall	Anna Jones	
	www.annajones@maylord.plus.com	
Knucklas Comm Centre	Kevin Jones	01547 520266
	www.knucklascommcentre.org.uk	
N Radnor Comm Centre	Carlee Evans	01544 350575
St Edward's Church Hall	Jean Price	01547 528260
Whitton Community Hall	Gill Powell	01547 560367

## Grid References & Church Postcodes

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Bleddfa	SO 206683	LD7 1PA
Heyope	SO 239745	LD7 1PY
Llangunllo	SO 211712	LD7 1SW
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Norton	SO 304672	LD8 2EY
Whitton	SO 270673	LD7 1AG
Pilleth	SO 256682	LD7 1NP
Cascob	SO 239664	LD8 2NT
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**No services at churches or chapels during the current lockdown.**

**Anglicans:** Ministry Area Zoom service, All Sundays, 9.30am, including by phone. Contact Petra or Mark (see page 6) for an email link.

**Methodists:** Although our building continues to remain closed for worship, we are sending weekly services, a midweek thought for the day, and ministers' letters out by email or post.

Please let Deacon Sara Windsor-Hides or Sister Margaret Davis know if you would like to be on our mailing list. You would be most welcome.

IF it is SAFE, and following strict government and Methodist Church guidelines we MAY be able to meet for worship together at Easter. HOWEVER, this will be discussed further at a later date.

At present we have decorated the windows of our church building and have adapted our outdoor Christmas Prayer Tree to the theme of 'SHARE THE LOVE' Community Project (page 18) to bring a reminder of the importance of LOVE...and loving kindnesses not just for St Valentine's Day but throughout the rest of winter and into spring. Please write a prayer on the plastic hearts with the pens provided and then put the pen in the plastic pot to be cleaned. We will use the prayers in our worship. First names only please.

**Baptists:** [knightonbaptists.org.uk](http://knightonbaptists.org.uk) for a link to Thursday evening Zoom Bible Study, 7-8.30  
On Sunday evenings at 6:45 we are meeting and sharing together with Online Worship. We have started a new series reflecting on the life of Jesus as told by Mark. Informal, interactive time of sharing, prayer and worship. Click on the image on the home page at [www.knightonbaptists.org.uk](http://www.knightonbaptists.org.uk) to join in. All are welcome, not confined to Baptists.

**Roman Catholic Church**

Ring (01597) 810199 for current information.

**Knighton Ministers**

You may phone or email these ministers at any time.

**Methodist Minister:** Sara Windsor-Hides,  
The Manse 2 Cae Clawydd, Knighton LD7 1DQ  
01547 520854  
[sara.windsor-hides@methodist.org.uk](mailto:sara.windsor-hides@methodist.org.uk)

**Baptist Minister:** Kevin Dare  
01547 529707 or 07891 500531  
[knightonbaptists@gmail.com](mailto:knightonbaptists@gmail.com)  
[www.knightonbaptists.org.uk](http://www.knightonbaptists.org.uk)

**Knighton Roman Catholic Church**

Fr Jerome 01597 810199  
[ituahjerome@gmail.com](mailto:ituahjerome@gmail.com)

**Anglican Minister** Rev Petra Goodband  
The Vicarage, Church Street, Knighton LD71AG  
1766 799546 or 01547 529254  
[revpetra.goodband@yahoo.com](mailto:revpetra.goodband@yahoo.com)

**Registers - Funerals**

- 3 February. Ada Glass, aged 90. Hereford Crematorium
- 4 February. Doreen Gammon, aged 85. Hereford Crematorium
- 15 February Luthfti O'Meagher, aged 87. Beguildy
- 12 February. Win Plant, aged 101. Hereford Crematorium

**Some Special Days in March**

- 1-7 March Eating Disorders Awareness Week
- 1-6 March: National Carers Week
- 2 March: National Old Stuff Day - getting rid of the old and trying something new
- 4 March: World Book Day
- 5 March: World Day of Prayer
- 8 March: International Women's Day
- 18 March: Global Recycling Day
- 19 March: Comic Relief
- 20 March: The Spring or Vernal Equinox
- 29 March – 4 April: World Autism Awareness



# Winter Scenes



Photos by  
Laura W-J





Snowdrops in our Churchyards

