

THE RADNOR MARCH 2019



St Michael's, Beguildy

The Magazine of the East Radnor Ministry Area

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Knighton | Norton | Whitton | Pilleth | Cascob

New Radnor | Gladestry | Colva | Evancoyd | Llanfihangel Nant Melan

Price £1.10



The Dyke at the Beggar's Bush crossing (between Whitton and Evenjobb)



An old stile on the Dyke



The Dragon on the Dyke



Offa's Dyke and the Offa's Dyke Path in Radnorshire

Few people in Radnorshire can be unaware of the existence of Offa's Dyke, but how many actually know exactly what, or where, it is?

If you were to ask this question of the proverbial man in the street he might well direct you to the nearest signpost on the Offa's Dyke Path. But that is not necessarily the same thing. The Offa's Dyke Path is a long distance walking route which, having been opened (in Knighton) in 1971, is approaching its half-century. Offa's Dyke itself though is much, much older. Thirteen centuries old, most historians and archaeologists believe.

Offa's Dyke is so called because it is generally believed to have been built on the orders of Offa, the King of Mercia, a Saxon kingdom which occupied the midlands of the country we now call England. No-one knows

for sure though, because there are no written records from the time. The Dyke consists of an earth bank and ditch and, according to this theory, marked the western boundary of Mercia, beyond which were the lands of the Welsh Princes, lands which later became the country we call Wales. To this day Offa's Dyke is often referred to as shorthand for the border between Wales and England.

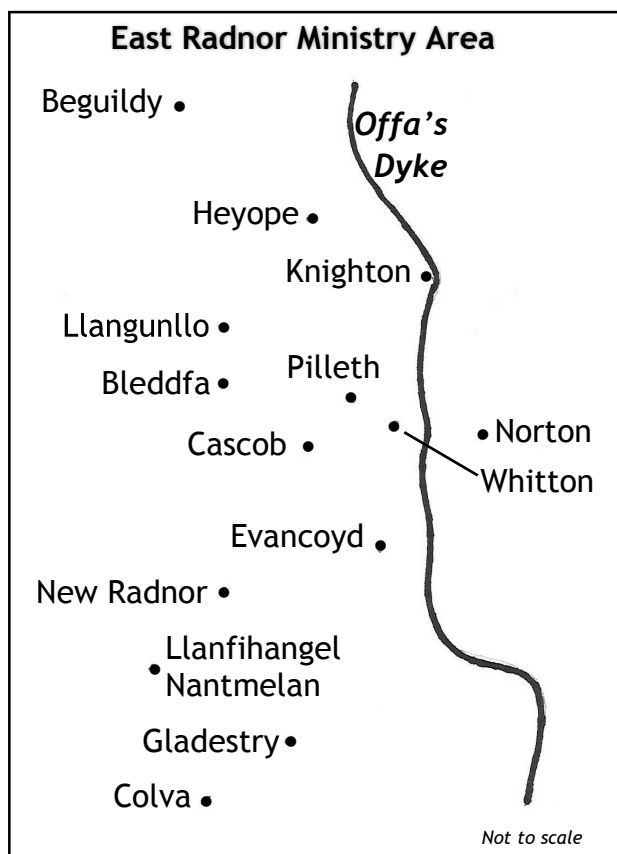
There are several places to see Offa's Dyke in Radnorshire, two of the best are on Hengwm Hill, just south of the B4355 Knighton-Presteigne road, and Discoed, where a very fine section climbs the south side of the Lugg Valley. In both cases access is via the Offa's Dyke Path, which runs on or alongside the Dyke in both locations. There is also an easily accessible short section of the Dyke in

the park behind the Offa's Dyke Centre in Knighton.

The Offa's Dyke Centre is of course the place to go to learn more about Offa, his Dyke and the Path which bears its name. In fact the Offa's Dyke Path goes right by the door, on its way from Chepstow, in Monmouthshire, to Prestatyn, on the North Wales coast, a total distance of 177 miles.

Jim Saunders

Jim Saunders is author of "Offa's Dyke – a journey in words and pictures", published in 2006, and also edited "Offa's Dyke - the Beginners' Guide", published by the Offa's Dyke Association in 2016. He was for 18 years Offa's Dyke Path Officer.



Prestatyn to Chepstow - exactly halfway



Walking the Dyke with Beacon Hill behind

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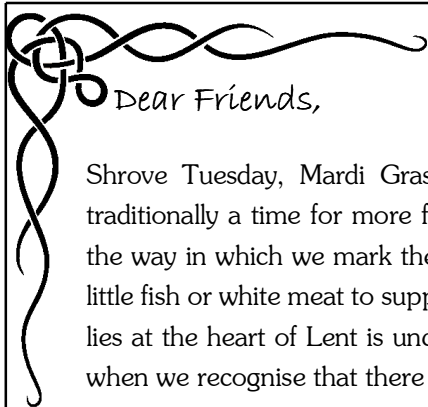


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Dear Friends,

Shrove Tuesday, Mardi Gras or Pancake day falls on March 5th and heralds the arrival of Lent, traditionally a time for more frugal meals. However the passage of time has seen a dramatic change in the way in which we mark the season of Lent. Few of us abandon animal fat and restrict ourselves to a little fish or white meat to supplement an otherwise vegetarian diet. The traditions have changed but what lies at the heart of Lent is unchanged. Lent is a time of spiritual preparation for Holy Week and Easter, when we recognise that there is more to life than our physical bodies.

Did your parents tell you that you would appreciate a desired object more if you had to save up for it? The waiting I was told would enhance the enjoyment of the eventual purchase. Like the smell of a good meal, anticipation only adds to the experience. Instant gratification is not healthy. So, I believe, it should be with Easter. This is the greatest celebration in the Christian calendar and without suitable preparation its value is diminished. What we do in Lent is a bit like saving up for that longed for item. During Lent we begin to appreciate the value of Easter, as we reflect upon our behaviour and the upcoming anniversary of Jesus' sacrifice we realise the price that was paid. But this is not a price we ourselves pay, however as we follow Jesus ever nearer to Jerusalem we witness his willingness to pay the price on our behalf and we are humbled.

Please consider joining us at Bleddfa Church as we share different "Aspects of Faith" this Lent. The stand alone gatherings focus on music, prayer, art, the bible and penitence. Please see advert for further information.

Mark Beaton

The Cover - The Door of the Fold

This beautiful window at St Michael's, Beguildy expands the ideal of Jesus as the "Good Shepherd".

He is the door of the sheepfold, calling each sheep by name. They hear his voice and follow. They won't follow a stranger.

They are free to go out and come in to find pasture. They live life fully

because Jesus, the shepherd, leads them.

The passage comes from John's gospel, Chapter 10. The Door of the Fold is an ancient image which is just as apt today in our Ministry Area as it was in Jesus' time in the Holy Land.

Jesus is robed in red, the colour of blood and fire, but here it symbolises love. The sheep gaze trustingly at

him. He holds a shepherd's crook as all Bishops do to this day. The halo surrounding his head marks his divinity. Flowers and blue sky contribute to the springtime scene.

Above him but not shown here are two turtle doves, the price his parents paid to redeem him. The two turtledoves also symbolise love.

Deadline

The deadline for submitting material for the April edition is

15th March 2019.

Please keep your submissions to under 200 words.

Payment for 2019

£10 for the year (10 issues)

£1.10 for individual copies.

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"We promise to care for you and those you love"

Fancy an Anglo-Saxon Pancake?

Ever wonder why we eat pancakes just before Lent? The tradition dates back to Anglo-Saxon times, when Christians spent Lent in repentance and severe fasting.

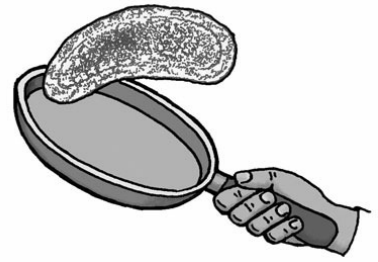
So on the Tuesday before Ash Wednesday, the church bell would summon them to confession, where they would be 'shriven', or absolved from their sins. This custom gives us *Shrove* Tuesday. At home, they would then eat up their last eggs and fat, and making a pancake was the easiest way to do this. For the next 47 days, they pretty well starved themselves.

Why Pancake Races?

Pancakes feature in cookery books as far back as 1439, and today's pancake races are in remembrance of a panicked woman back in 1445 in Olney, Buckinghamshire. She was making pancakes when she heard the shriving bell calling her to confession. Afraid she'd be late, she ran to the church in a panic, still in her apron, and still holding the pan.

Pancake Ingredients

Pancake ingredients highlight four significant things about this time of year:



Eggs stand for creation

Flour is the staff of life

Salt keeps things wholesome

Milk stands for purity.

Pancake Day is Tuesday, 5th March.

Parish Pump



East Radnor Ministry Area

Wed March 6th

**Services of Holy
Communion**

**with the Imposition
of Ashes**

**St Edward's Knighton
10.30am**

**St Peter's Evancoyd
7pm**

Why the Ashes?

Lent begins with Ash Wednesday on March 6th. But why the 'Ash'? The tradition goes right back to the Old Testament.

When the Israelites sinned they mourned for the damage and evil they had done. As part of their repentance, they covered their heads with ashes. That and rending their clothes was an outward sign of their heart-felt repentance.

In the very early Christian Church, the new converts had ashes sprinkled over them at the beginning of Lent. Soon many other Christians wanted to take part in the custom, at the start of Lent.



The actual custom of 'ashing' was abolished at the Reformation, though the old name for the day remained. Today receiving the mark of ashes is optional. It reminds people of their mortality: "Remember that you are dust and to dust you will return..." (Genesis 3:19)

Since medieval times we burn the branches used on Palm Sunday in the previous year in order to create the ashes for today. *Parish Pump*

No place of grace for those
who avoid the face.

No time to rejoice for those
who walk among noise and
deny the voice.

— T.S. Eliot



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Have a Great Lent!

Lent lasts for 40 days, from Ash Wednesday to Easter Sunday. It doesn't count Sundays. During that time we prepare ourselves for the coming of the kingdom.

The word 'lent' comes from the 'lengthening' of days, or 'spring'. Just as we may spring clean our homes, we may spring clean our lives as well. Try any of these which appeal to you:

Lent is the time that the Lord invites us to come back home.

Lent through People

- Only think and speak positive things about everyone you meet.
- Give a friendly message to anyone who might need it.

Lent through the World

- Observe outside every day or every night (even through a window) for five minutes.
- Take a walk and speak to God.

Lent through a Group

- Join one of our Lent Groups (see page 17)

Lent through the Word: (read any of these) *All available online*

- The gospel of Luke in the Bible
- "Pilgrim Journeys: The Beatitudes" by Steven Croft
- "At Home in Lent: An exploration of Lent through 46 objects" by Gordon Giles
- "The Heart's Time: A poem a day for Lent and Easter" by Janet Morley
- "The Art of Lent: A painting a day from Ash Wednesday to Easter" by Sister Wendy Beckett
- Sign up for daily reflections on the Beatitudes at www.churchofengland.org/pilgrim

Lent through Giving

- Give to Bishop John's charities (information next month) or any charity. Say a prayer each time you give.

Lent through Giving Up

- Give up a junk TV programme or pointless online browsing.
- Give up a food/drink or a meal prayerfully.
- Change one eating habit to something more healthy.



Can you help? Beacon Hill Benefice

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2. Treasurer to the Benefice

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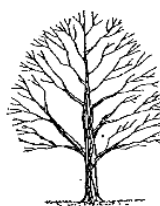
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Gladestry News

Gladestry Community Council

Application for Grant 2019 – 2020

Grants are available to organisations within the Gladestry Community Council area, i.e. Colva, Gladestry, Michaelchurch-on-Arrow & Newchurch.

To apply, please complete and return this information to:
Mr Kenneth Waugh, Clerk to Gladestry Community Council,

The Old School House, Gladestry, Kington,
Herefordshire HR5 3NR

Tel:01544 370700 clerk@gladestry.org.uk

Before 11 May 2019

Name of Organisation:

Address for correspondence:

Amount of grant applied for:

Purpose for which grant is required: (Please include full details: costs, other grants applied for, etc.)

Person applying for grant:

Position within organisation:

Gladestry Bowls

Winners in January were

Viv Lloyd, rollover, Marlene Evans, and finally
Marlene Evans again!!

St Peter's Church
Evancoyd

Charity Shop in Kington

Wed 27th March until
Wed 3rd April

Any donations of goods for sale
and help in the shop during the
week will be much appreciated.

Please contact
Nigel 01547 560176 or
Olwen 01547 56034

New Radnor Over60's Club

Are going 10 Pin Bowling
at The Grove, Leominster
on Friday March 15th

Meet at 10am at the Eagle, New
Radnor

If you are interested in coming,
please book by 10th March by
ringing

Marjorie on 01544 350413
or Pat on 01544 350247

New members always
welcome.

Midweek Holy Communion

New Radnor

Wednesday, March 13th
11am

at New Radnor Community
Centre

Followed by Lunch

No need to book for fine food
and company!

Midweek Services

St Edward's, Knighton

Wed March 13th
Morning Prayer 9.15am

Wed March 20th
Holy Communion 10.30

Wed March 27th
Morning Prayer 9.15am

I'm not afraid of storms, for
I'm learning how to sail my
ship.

- Louisa May Alcott

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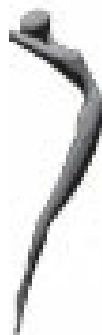
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The Old School Hub New Radnor Dates for your diary

After a wonderful start to the year, with a full house for the Burns Night Supper, St Valentines Day Supper, yoga classes, regular coffee mornings, a games evening and our regular Friday night bar opening the Hub has got off to a promising start and is proving to be popular among locals. So we are delighted to announce forthcoming not to be missed events for your diaries.

Fri 1st March	St David's Day Supper to include Welsh Cawl, Barabirith, Bread and butter pudding ! mm what's not to like. To reserve your place ph. Ruth on 01544 350559/07870752325
Wed 6th/20th March	Coffee morning. All welcome 9.15 – 11.30am
Wed's starting 6th March	Art Group. Meeting every Wed. All welcome 2-4pm ph. Jenny Burton 01544 350242/Susan Davies 01544 350616
Thurs 'til 14th March	Yoga for beginners 9.15 -10.45am. Ph. Hermione on 01544 350691
Thurs 14th	Games Night. Board Games, darts, cards, Bar Open. All welcome.
Fri's 8th - 29th March	PHub Night. Bar open and simple suppers served on first come first served basis. All welcome.
Sun 10th March	Music Night with Nancy Kerr and Luke Daniels. Tickets £10. ph.01544350407
Sun 17th/31st	Film Nights. Special simple suppers served on first come first served basis. All welcome. Showings of films by local renowned film maker Barry Gavin. Films to be announced. Ph. 01544 350599/07870752325



Quiz Night

The next quiz is on **Friday 22 March** in the New Radnor Community Hall. Doors open at 7pm for a prompt start at 7:30pm. Teams of up to 6 players, £2 a head entry fee.

Refreshments available, bring your own bottle.

Everybody welcome to this fun and friendly quiz.

New Radnor – The HUB

ART GROUP

Everyone welcome
commencing at
The Hub, School Lane,
New Radnor. LD8 2SS
on

Wed. 6th March (weekly)
2 - 4 pm

For more information contact:
Jenny Burton: 01544 - 350242
Susan Davies: 01544 - 350616

Scrumptious Food at the Pop up Restaurant (see page 16)

Editor's caution: You are about to experience hunger pains.

The Hub in New Radnor celebrated Valentine's Day with a pop up restaurant. The special Valentine supper was prepared by Ruth Watson. About 26 people attended.

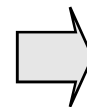
The food was superb. We were greeted with a sparkling rosé and

canapés. Followed by a two person sharing platter of home smoked salmon and pickled beetroot with a wonderful soft rye bread. Main course was succulent filet of beef in a subtle peppercorn sauce with accompanying veg, followed by another two person sharing plate of three divine desserts, coffee and petit fours to finish.

In the background we were entertained by piano and piano accordion, making full use of the mini grand. All in all a lovely evening. And finished off by rousing applause for Ruth and her team: Lucy Fairclough and Natalie Banbury-Pugh, Wendy Hall on front of house and John Hymas, the pianist.

Hermione Evans

The Peal of Bells



Knighton boasts eight bells, six cast in 1721-22 by the bell founder Abraham Rudall in Gloucester.

The bells weigh between 3½ to 10 hundredweight, that is half a ton. Imagine loading a half ton bell onto a wagon towed by horses all the way from Gloucester to Knighton. How did they get all six to the top of the tower? Trying to manoeuvre your new sofa through the front door looks simple by comparison!

When a bell needed tuning they simply bashed off a bit of metal with a hammer.

The bells contain individual inscriptions like *Peace and Good*

Neighbourhood or *Abr Rvdhall Cast Vs All 1722*. One bell names the churchwardens.

Two more bells were added by Barwells in Birmingham in 1914 when all the bells were re-hung onto a steel angle frame.

Today Roger Thomas is the only regular ringer, a 'campanologist', but he is assisted by several Presteigne ringers and guests from other communities.

The big bells are quite a pull. Around the ringing chamber there are polished wooden boards with names of ringers to commemorate special peals. Between ringing sessions the bells hang down as shown in the

photos, but during ringing they are turned upwards.

Knighton actually has nine bells if you count the little *sanctus* bell (formerly rung at the high point of Holy Communion). In the past the bells would have been rung before most services. Today you might only catch their wonderful peals at weddings, bell practice, and special church occasions.

The clock in the tower was made in 1857 by John Moore & Sons in London; it strikes the hours on the Tenor bell.

Laura W-J with help from Roger Thomas

Remembrance Ring

On Saturday 2 February a group of ringers gathered in St Edward's, Knighton to honour two of WW1 dead by ringing a quarter peal. The first method tried was **Candlesby Slow Course Triples**, a method new to most ringers. Unfortunately the method was halted about half way through when it became obvious that it was rather too advanced for some of the assembled company. After a brief rest the group tried again with a quarter peal of **1260 Grandsire Triples** which went well.

The quarter peal was rung in remembrance of Private Frank Griffiths Dyke who died on the 20th October 1918 at the age of 19 and Lance Corporal Hector Philip Seabourne who died exactly 100 years ago on that date aged 22 following a bout of pneumonia. Both were ringers at St Edward's. It is unfortunate that Hector Seabourne, who is buried in the cemetery just along from St Edward's, survived WW1 only to be taken by pneumonia

just 3 months after his demob.

Ringers were:

- 1) Amaryllis Bell
- 2) Rebecca Drysdale
- 3) Noel H Anderson
- 4) Geoff Cowling
- 5) Alex Sharpe
- 6) Tim D Hollinghurst
- 7) Lynn Scales
(Conductor)
- 8) Roger Thomas.

Roger Thomas

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- ✓ You don't need to be able to read music
- ✓ But you do need a sense of humour and to be able to count - mostly to 3 or 4!!
- ✓ Great fun and brilliant for de-stressing
- ✓ Come along and have a go!



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Bells in 1914 before re-hanging

Aspects of Faith

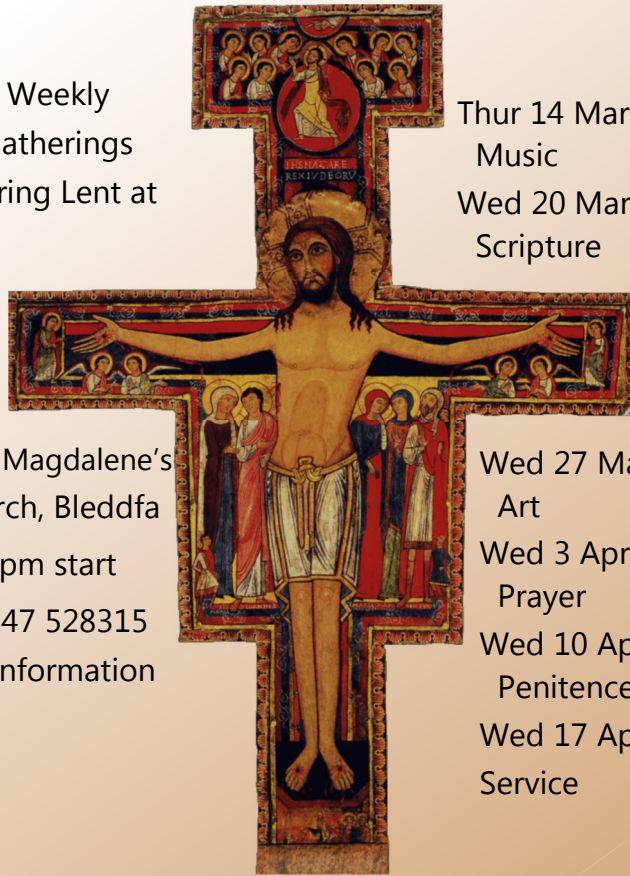
Weekly
gatherings
during Lent at

Thur 14 March -
Music
Wed 20 March -
Scripture

Mary Magdalene's
Church, Bleddfa
7pm start
01547 528315
for information

Wed 27 March -
Art
Wed 3 April -
Prayer
Wed 10 April -
Penitence
Wed 17 April -
Service

I am come that they might have life and that they might
have it more abundantly. John 10:10



Happy Birthday



Norman Evans with Marlene, celebrating his
80th at Gladestry Bowls, Village Hall, 11 Feb.

Happy Valentine's Day



The Old School Hub in New Radnor

LENT

Lent Groups

Choose any of these to explore faith.

Aspects of Faith

A series of informal gatherings to explore threads running through our faith.



Bleddfa Church, 7pm

March

Thurs 14th Music:

Leigh Spicer & Graham George

Weds 20th Scripture:

Mark Beaton

Weds 26th Art:

Laura Woodside-Jones

April

Weds 3rd Prayer:

Kit Beaton

Weds 10th Penitence:

Mick Westripp

Weds 17th Closing Service

Rebuilding Bridges into the Community

Lent Group led by
John Hanna

starting at Victoria House,
Victoria Road, Knighton

Tuesdays 3 to 4 pm

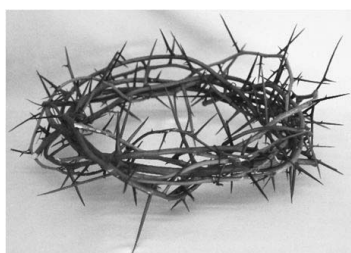
March 12

March 19

March 26

April 2

April 9



Life Balance

Thursday evenings, starting on 14 March for 5 weeks

The Manse, Victoria Road,
Knighton

March 14

March 21

March 28

April 4

April 11

Learning together how a Sabbath attitude can transform our lives as we examine our patterns of rest, work and play in the light of the Bible's teaching around Sabbath.

For more details or to let us know you are coming please call 01547 529707 or e-mail

knightonbaptists@gmail.com.

Information on our website:

at www.knightonbaptists.org.uk.

Kevin and Judith Dare

Living Fruitfully

Ecumenical Lent Group

Beginning Friday 8th March

10.30-12 noon + refreshment

This is an "Embrace Course" based on The Fruits of the Spirit.

*All are welcome to come to
1 Ystrad House*

A Sabbath Rest

Saturday 9 March, 10 am to 4 pm
at Knucklas Baptist Chapel:

As we enter Lent, a time to pray and reflect on God's creation, re-creation and delight in the world, and our part in his mission of reconciliation, peace, abundance and joy.

Lunch and refreshment provided. Please let us know if you would like to join us.

Maundy Thursday Communion

at Norton Street Baptist Church
Thursday 18th April, 7.00pm.:

Unique

Always remember you're unique. Just like everyone else.

Don't lie

If you tell the truth, you don't have to remember anything.

Good and bad

Good judgement comes from bad experience, and a lot of that comes from bad judgement.

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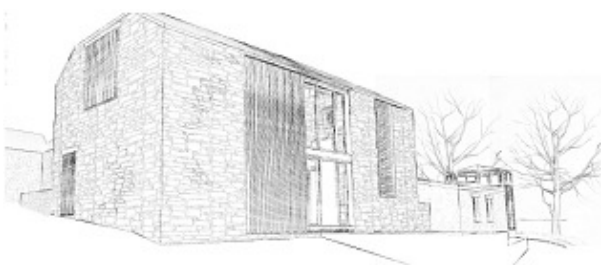


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Our volunteers are ordinary people who have been selected and trained and are prepared to give 4 hours each week to work in our operations room beneath the Samaritans shop in Llandrindod. It can be challenging

Samaritans Save Lives

work but it is immensely rewarding to know that you may have helped to turn someone's life around.

Would you like to join us? You can choose shift times to suit your circumstances, and travelling expenses are paid. We never work alone so you'll always have support on hand. We plan to run a selection event in Llandrindod Wells on Wednesday evening 3rd April. If you would like to find out more please email

volunteer@powyssamaritans.org.uk or call on 01597 822911 giving your



name and an email or postal address so we can send you more information and an application form and tell you more about the event. If you can't manage that date then let us know and we'll try to find a date that suits you.

If you know anyone who might need our support then they can call free on 116123 any time of day or night, email us on jo@samaritans.org



Ramblers

Walks start at 10am. You are welcome to join us.
Enquiries: 01547 530120

MARCH

Sat 2. Black Mixen – Great Rhos – Davey Morgan's Dingle. 9 miles.

Tue 5. SHORT WALK New Radnor Castle Hill. 4 miles.

Wed 6. Upper & Lower Lye, Brinshop. 8 miles.

Sat 9. Mynydd Llangorse, 8.5 miles.

Wed 13. Teme Valley – Llanfair Waterdine circular. 6 miles.

Sat 16. Pawl-Hir, Brynthomas, Alpine Bridge. 9 miles.

Wed 20. Flounders Folly, 7 miles.

Thurs 21. SHORT WALK. Colstey Wood, 3.4 miles.

Wed 27. Mortimer Forest, 8 miles.

www.ramblers.org.uk/east-radnor

Walking Through Snowdrops



An Icy Pool at Stokesay

On a bright cold winter's day, over twenty Ramblers assembled at Craven Arms for our favourite snowdrop walk. We ambled along the Shropshire Way passing Stokesay Castle.

When we reached Brandhill Gutter the snow was so thick that it covered the carpets of snowdrops.

Never mind, we soon arrived at the niece's home of one of our group.

She had baked us a cake! Devoured in the twinkling of an eye

On our other winter walks we saw loads of snowdrops on field edges, farm entrances, under hedges.

Another fine snowdrop walk is on the other side of Craven Arms, following the Onny River from Cheney Longville (car park beneath the railway bridge).



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Recipe - Nut Loaf

Ingredients:

8 oz hazelnuts	3 oz wholemeal breadcrumbs
2 onion peeled & quartered	1 green pepper halved
1 clove of garlic	8 oz tin tomatoes
1 tsp mixed herbs	1 tsp curry powder

Method:

Process or liquidise nuts and breadcrumbs and set aside. Then liquidise the remaining ingredients and mix together with nuts and breadcrumbs. Put in a 2 lb loaf tin and bake for 45-50 minutes at 200°C/400°F gas mark 6 until firm. Serve with tomato sauce.



Recipe from "A Taste of Llanbister", recipe by Dr Jane Bell, Hants



Music in New Radnor

Saturday 9 March

**Students from
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Concert Society

Sunday 24 March

3pm

Astoria

String Quartet

Shulah Oliver - violin
Kelly McCusker - violin
Kate Bickerdale - viola
Sean K Gilde - cello

St Edwards Church Hall, Knighton

Tickets: £12 adults

Students & children £2

Info: 01547 530530

At the Knighton Comm

St David's Celebration

2nd March, 2.30 - 5pm

Welsh music, dancing,
singing, and poetry.

Learn some Welsh and join in
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Quiz about all things Welsh.

Cafe open.

Admission FREE.

Spring Shopping Event

Sun 17 March

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The Peace Mantra

Mother Teresa of Calcutta said "Peace begins with a smile." Everyone we meet is our sister or brother, as we are theirs. So greet them all with a smile to acknowledge our kinship and to build bridges. This echoes Mother Teresa's "In this life we cannot do great things. We can only do small things with great love."

Peace in my Heart

Peace in this Place

Peace in our Land

and throughout the World

Peace



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Evancoyd with New Radnor Mothers' Union

The year began with an uneventful AGM in January where we re-elected the post holders and reaffirmed our commitment to the work of the MU. We met in The Old School, New Radnor, enjoying the comfort of this new venue and its proximity to RVS which allows younger members to

attend too. We began to plan events for the coming year as we reflected on the last year.

Dates:

Friday 1st March 6pm Women's World Day of Prayer, St Edwards Knighton, led by the women of Slovenia. If you would like a lift please let me know.

Tuesday 26th March 7pm Young Mums' Pamper Evening, The Old School, New Radnor.

We are keen to welcome new members, both younger and older, if you are interested in learning more please speak to Kit Beaton, or any member for further information.

KB (01544)350342.

Local Man Competes Internationally

Welshman Carlton Brick is starting an international sporting career aged 51 – and representing Scotland.

The university lecturer only took up **taekwondo** six years ago after taking his son Daniel, now 17, to classes. A former pupil of Beguildy School and John Beddoes School, Presteigne, Carlton has lived in Scotland since 2002 when he took a job teaching sociology at the University of the West of Scotland in Paisley. He has now been selected for the Scottish men's team competing in the Veteran Gold category, for those aged 50 – 59 years. The International Taekwondo Federation European Championships

take place in Rimini, Italy, from April 2 to 8.

Both Carlton & Daniel have black belts, and the pair learned the Korean martial art at the Steven McLaren Martial Arts school in Helensburgh near Loch Lomond where the family live. Megan, their daughter, is in her last year at University in Edinburgh.

Carlton gained his first Dan black belt in 2016 and hopes to sit his 2nd Dan test following the European Championships. He has competed and won medals at national level as a coloured belt but the championships will be his first black belt competition and the first time representing the Scotland Team.



Carlton Brick

He is the eldest son of Derek & Rebe who live in Knucklas.

Rebe Brick



Fri March 1. Bedstone & Hopton Castle Vill Hall. "The Wife (15)" 7.30 Adult: £4.50 Child: £3.50.

Fri March 8. Knighton Comm. "The Wife (15)" 7.30 Adult: £4.50.

Fri March 8. Bedstone & Hopton Castle Vill Hall. "The Seagull (12a)" 7.30 Adult: £4.50 Child: £3.50.

Thurs 7 March. Brilley Vill Hall. "A Star is Born (15)" 7.30 Adult: £5.50 Child: £3.50

Sat 9 March. Brilley Vill Hall. "Cold War (15)" 7.30 Adult: £5.50 Child: £3.50

Sat 9 March. Chapel Lawn Vill Hall. "First Man (12a)" 7.30 Adult: £4.50 Child: £3.50.

Sat 9 March. Dolau Comm Hall. "Smallfoot (U)" 5pm Adult: £5 Child: £2.50.

Wed 13 March. Clun Memorial Hall. "Smallfoot (U)" 6.30 Adult £6 Child £4.

Fri 15 March. Knighton Comm. "Cold War (15)" 7.30 Adult: £4.50.

Sat 16 March. Everest Hall, Llanfair Waterdine. "First Man (12a)" 7.30. Adult £4.50 Child £2.

Fri 22 March. Knighton Comm. "Bohemian Rhapsody (12a)" 7.30 Adult: £4.50.



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Stowe & Stanage W.I. Care About Dementia

At our February meeting we were asked to select a resolution from this year's short list. By a narrow majority members chose: *A call against the decline in local bus services*. However, we must wait to see which topic is chosen nationally to be debated at the annual meeting in June.

We discussed our entry for the County Show in May and were encouraged that new members

volunteered for some of the items. This show celebrates the very best in baking, craft work and flower arranging that the W.I. has to offer.

Julia Roberts of KINDA spoke to us about Dementia, correcting many misconceptions about the disease and illustrating how we could become more dementia-friendly. Julia has already recruited many of Knighton's organisations to KINDA and we hope to join soon.

On March 5th at 3.30pm in the dressing room of The Comm, Susie Blower will speak about working with Romanian orphans. We would be very pleased to see any new members. If you would like to come, please just turn up or phone Alison Thomas (Secretary) on 01547 528678 or alithomas1@gmail.com

Eyes Down at Felindre W.I.

"Eyes down for a full house" was the call to the members at the February meeting. Guest caller Kim Barnett had all the patter and entertained the members with eight games of bingo. Winners were Margaret Harris, Joyce Matthews (2), Jayne Harris & Wendy Lambourne, Pat Buckley, Kath Harris and Rhona Barnett. Their prizes were a mystery, wrapped and chosen from a basket, kindly prepared and donated by Gwlithyn Gough. President Jayne Harris thanked Kim Barnett and Gwlithyn Gough for their help.

The roll call for 'My luckiest moment' included:

- A show jumping trophy
- Tea with the Queen
- Best in show with Airedales
- Winning a £1,000 YFC trip to Canada
- Winning Mum's race at school sports, any win!
- Winning a mixed golf tournament
- Winning a bowls tournament.

The Federation Newsletter was read, main points were: Call my Bluff, Powys Radnor Draw, County Show, Urban Tree Project.

During the refreshments provided by Maggie Flanders and Gwlithyn Gough, the Treasurer Fay Payne collected the annual subscriptions and draw monies. The mystery parcel winner was Gwlithyn Gough and flowers for March will be arranged by Maggie Flanders. The competition, Sketch the President, was won by Rebe Brick, Maggie Flanders second and Rhona Barnett third. For more information please call 01547 510644.

Rebe Brick

All the Puddings You Can Eat at Llanfair Waterdine W.I.

A lovely day as I write this. It is probably wishful thinking to think that Spring is on its way.

Unfortunately we had to cancel our last meeting due to the weather but we have some interesting meetings coming up. In March Tessa Gavin from Felindre will talk about her work as a creative fashion upcycler.

We are putting on a Pudding and Punch evening on Saturday 30th March, 7.00pm in the Everest Hall, Llanfair Waterdine. Tickets £6.00. Available from any WI member or from the numbers below. As many puddings as you want to try, home made by members. We look forward to seeing you. Gentlemen welcome. It is open to all.

All our meetings begin at 7.00pm in the Everest Hall, Llanfair Waterdine on the first Friday of the month. For further information contact Margaret Clugston (01547 529155) or Ann Harroway (01547 528477). We are delighted to see visitors and there is always a warm welcome and a tasty finger buffet supper.

Ann Harroway

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New

Cancer Research UK Comes to Gladestry W.I.

Gladestry WI members are pleased to welcome this month a speaker from Cancer Research UK.

Gladestry Village Hall
March 19th
7.45 pm

Please come and join us and learn first-hand what this organisation does

for so many of us here and in the wider community, including the latest news on their research, how the money they raise is used and the latest on how vanity is taking its toll on women's long term health.

Sue Mullin

The Pipeline for Tref-y-clawdd W.I.

The Christmas Lunch was very successful. Many thanks were given to Tina for arranging this for us.

Great fun was had at our Beetle Drive. We also had productive discussions on the forthcoming County Show, Knighton Show and our 85th anniversary in October.

We have members entering the county competitions for darts and

short mat bowls. We hope they do well.

Our next meeting is at the Tower House Gallery in Knighton at 7.30pm on 6th March. It is a demonstration and hands on workshop on brooch making by Dorothy Symonds.

New members welcome. For more information ring 01547 520 739

Pauline Parker.

Chatterbrook W.I.

Thursday March 14th
Presteigne Memorial Hall
7.30

The Arctic – a Woman's Tale

A presentation by Clare Morris
of Hundred House W.I.
Her story is featured in W.I. Life,
2016, issue 80.

Visitors, including from other WIs,
will be made very welcome.

Further information : 01544
267245

These words were found after
World War II on the walls of a
cellar in Cologne, Germany
where people had been hiding:

I believe in the sun,
Even when it is not
shining.

I believe in love,
Even when I feel it not.

I believe in God,
Even when He is silent

New Radnor Women's Institute The Accidental Archaeologist

A talk by

Revd Canon Mark Beaton

Monday April 1st 7pm

New Radnor Village Hall

Light Refreshments Available
Raffle

Everyone Welcome
Guests £5

Telephone Alison Spalding on
01544 350746
for more information

New Radnor Women's Institute Spring Table Sale

Saturday 6th April
11am - 3pm

New Radnor Village Hall

Table Fee £5

All profits to stallholder
Hot snacks tea and coffee
Table numbers limited so book
early!

For more details or to book
a table, please contact
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spalding53@btinternet.com

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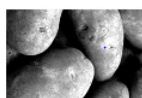


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Inscriptional Lettering Workshop with John Rowlands-Pritchard. Get creative with inscriptional painting. **Sat 9th March 10am - 5pm. £45**

Mad March Hares: Needle Felting Workshop Learn the secrets of making cute little felt animals with talented artist Sue Wilson. Materials included. **Fri 15th March 11am - 4pm. £50**

Piano Concert A talk and concert by American Pianist Catherine Nardiello. Supper included. **Sat 16th March 6:30 - 9:30pm £14**

Contingence & Carnival in the Ritualisation of Time A talk by author and anthropologist Stephen Hugh-Jones. **Sat 23rd March 6pm – 8pm £8**

Everything You Wanted To Know About Permaculture But Were Afraid To Ask A talk by Chris Evans of Applewood Permaculture Centre. Includes morning coffee and veggie lunch. **Sun 24th March 11am – 1:30pm £10**

The Gallery, Café & Shop will re-open on Good Friday 19th April 2019.

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St Patrick's Day - March 17



St Patrick used the three leaf clover to explain the Trinity to parishioners.

I arise today through
God's strength to pilot me;
God's might to uphold me,
God's wisdom to guide me,
God's ear to hear me,
God's word to speak for me,
God's hand to guard me,
God's way to lie before me,
God's shield to protect me afar and
anear, alone or in a multitude.

St Patrick

Presteigne & Borders Floral Art Society **Wednesday March 13th, 7.30 pm**

Presteigne Memorial Hall
A demonstration by Cottage
Garden Creations.
The competition this month is
'Just Daffodils'
Visitors welcome
For details, contact Avril Hoyle
01547 529244

Christ Gives an Unusual Blessing

This month's featured painting in the National Gallery has a very unusual theme. It shows Christ blessing John the Baptist by Moretto da Brescia, an Italian artist who died in 1554. It is not a scene we find in the Gospels, but it is likely that the

artist was thinking of that moment in Matthew's Gospel when John admits that he needs to be baptised by Jesus.

"Let it be so now," Jesus replies, and He is baptized by John. It is the prelude to our Lord's wilderness experience – that time of testing when



Christ blessing John the Baptist – by Moretto da Brescia in The National Gallery at Trafalgar Square in London

Jesus emerged with heart and will purified and refined for His ministry. Around Jesus and John in this painting we see the hills and countryside which lead to that wilderness.

Parish Pump

Walton Village Hall

Sunday 17th March (2-4pm)
Craft Activities Afternoon
(try your hand at all types of craft –
or just bring your craft with you).

Tuesday 26th March
AGM 7pm
(open to the public)
Followed by OGM

WANTED Vendors for our
Craft Fair on 7th April
Homemade items only. Tables are free,
just a donation to the raffle required!

Also
We need your school photos (individual or
group) plus your anecdotes for our
School Dinners Night on May 18th
Speak to any member of the Committee for
further details.

For more details contact K Peachey on 01544 350 or find us on Facebook.



Can you help with The Radnor?.

Stories: (e.g. farming, history,
events, people)

Photos

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Distribution

Sales

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The most difficult thing is the decision to act, the rest is
merely tenacity. The fears are paper tigers. You can do
anything you decide to do. You can act to change and control
your life; and the procedure, the process is its own reward.

- Amelia Earhart

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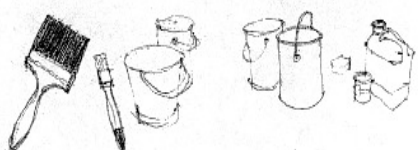
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Churches Together in Knighton and District

Women's World Day of Prayer



Friday 1st March

6.00 pm

St Edward's Church

This year's service has been prepared by the Christian women of Slovenia

'Come - Everything is Ready!'

Everyone is welcome to join us for this interesting service, even men!

Ecumenical Lent Group

Beginning Friday 8th March

10.30-12 noon + refreshment

Studying 'Living Fruitfully'

This is an "Embrace Course" based on The Fruits of the Spirit.

All are welcome to come to 1 Ystrad House.

Quiet Hour

Thurs 14th March, 10-11am
1 Ystrad House, 1 Church Rd, Knighton
A time for reflection & meditation

Bible Study Group

Wednesdays, 10.30 am
17 Millfield Close Knighton

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Knighton Baptist Church:
Tues & Fri 10 - 11.30

Presteigne Baptist Church:
Thurs 10 - 11.30

Theology Circle

Thurs, March 14,
11.30 - 12.30

Book Review Session

Knighton Methodist Church

Hearing Aid Service

The service, staffed by volunteers, offers free hearing aid maintenance.

Knighton - Knighton Comm

2nd Tues, 12 March

10.30 - 12.30

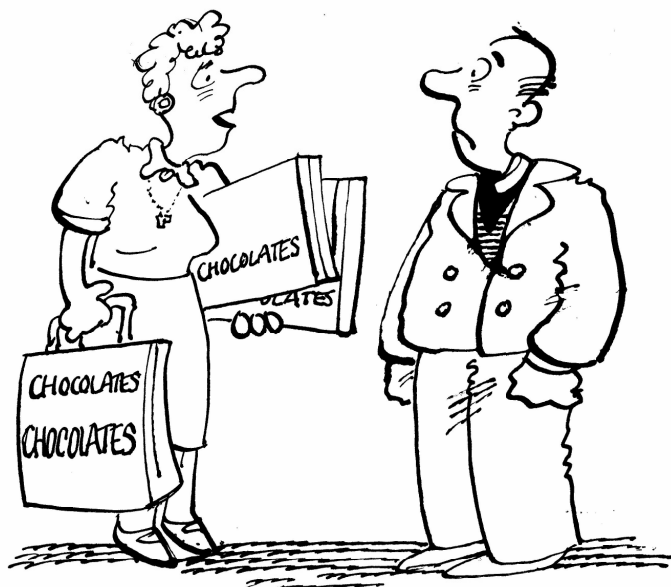
Presteigne - Youth Centre,

4th Tues, 26 March

13.30 - 15.30

I can't change the direction of the wind, but I can adjust my sails to always reach my destination.

- Jimmy Dean



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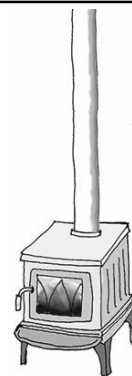
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The Rotary Supports Food and Charities

Last month was an enjoyably busy month for Knighton and District Rotary, as it always seems to be, with a mixture of fundraising and social events.

The month started off with a **Twelfth Night Supper** at the Judges Lodgings in Presteigne. It was an interesting evening, eating supper by candlelight while raising money for this newly established charity.

The following Wednesday we had a **frugal lunch**, hosted by two of our

members in Knighton, which raised over £170 for our charitable efforts in the community. We then had two more meetings, a lunch at our new venue the **Farmers Arms** in Presteigne and an evening at our normal venue, **The Baron** in Bucknell.

You can see all our meeting and fundraising dates, and our venues, on our website "Knighton Rotary Club". And remember that members pay for the running of the club and for social

events so that all money we raise goes to the charities and good causes we support. If you want to find out more about what we do, why not visit our Knighton Rotary website, Facebook or Twitter pages? And if you would like to get involved please feel free to contact Norman Thorp 01547 529666 or Cathy Jones 07813 733240.

Cathy Jones



Knighton Men's Shed

Get Ready for Spring

Knighton Mens Shed is a registered charity that aims to address isolation issues in men by providing a friendly environment for men to meet, make new friends, offer help and support to one another, and join together in communal projects. This not only gives them a feeling of purpose, but also helps the wider community in offering access to a variety of services and expertise.

We have a fully fitted joinery workshop and the guys meet

every Monday and Wednesday between 10am and 2pm at Teme Mill, Station Yard, Knighton LD7 1DT.

We make a range of products that we sell at our premises and have recently manufactured 15 geo cache boxes that are positioned along Offas Dyke footpath and 20 swift boxes that have been sold by the Presteigne Swift Society to encourage the dwindling swift population.

Want to know more?

Shed Open Day

Saturday 23rd March 2019

- Tool sharpening and renovation service available.
- Bring in your garden tools.
 - Items for sale.
- Light refreshments.

Come & Sing!



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MOZART Requiem

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Saturday 23 March

10am -4pm

Weobley Village Hall

All welcome!

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If you want to shine like a
sun, first burn like a sun.

- A. P. J. Abdul Kalam

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Mothering Sunday Goes Back a Bit!

Mother Church, Mother Earth, Mother of the Gods, our human mothers have all been part of the celebration of 'Mothering Sunday' – as the fourth Sunday in Lent is affectionately known. It has been celebrated in the UK since at least the 16th century.

In Roman times, great festivals were held every spring to honour Cybele, Mother of all the Gods. Other pagan festivals in honour of Mother Earth were also celebrated. With the arrival

of Christianity, the festival became one honouring Mother Church.


During the Middle Ages, young people apprenticed to craftsmen or working as 'live-in' servants were allowed only one holiday a year on which to visit their families – which is how 'Mothering Sunday' got its name. This special day became a day of family rejoicing, and the Lenten fast was broken. In some places the day was called 'Simnel Day', because of the sweet cakes called

'simnel cakes' traditionally eaten on that day.

In recent years the holiday has changed and in many ways now resembles the American Mothers' Day, with families going out to Sunday lunch and generally making a fuss of their mother on the day.



Parish Pump




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Historic image of a local.

Probably taken by Billy McCaig. Copy in the Radnorshire Museum, Llandrindod Wells.

For never anything can be amiss
 When simpleness and duty tender it.

*A Midsummer Night's Dream
 by Shakespeare*

Cuthbert - The Best Loved Saint of the North - 20th March

St Cuthbert is the St Francis of the North. He loved animals.

Born into a fairly well-off Anglo-Saxon family, he became first a monk (651) and later the Prior at Melrose Abbey.

He was sent as Prior to Lindisfarne Island where he was much loved. His zeal was evident in his constant preaching, teaching, and visiting of the people. He was also said to have gifts of prophecy and healing.

Occasionally, Cuthbert reached 'people overload'. Then he retreated to a tiny islet called Inner Farne, where he could pray in total seclusion. There he befriended and protected the Eider ducks, named 'cuddy ducks' after him. It is said that he prayed in the sea nearby up to his neck in water; the otters came to dry his feet.

The window at Durham shows him at one with all of the birds.

When, to his horror, he was told he had been made Bishop of Hexham, he immediately 'swapped' sees with an old friend Eata, and stayed on at Lindisfarne as Bishop. Sadly, he died on little Inner Farne, only two years later, on 20 March, 687.

He was buried at Lindisfarne, but that is not the end of his story. After the Vikings destroyed Lindisfarne in 875, several monks dug him up and set out to find Cuthbert a final, and safe, resting place. For the next 120 years Cuthbert was deposited in various monasteries around the north of England and southwest Scotland. Finally, in 999, Cuthbert was allowed to rest in Durham, where a Saxon church was built over his shrine.



Cuthbert window at Durham Cathedral (by Hugh Easton)

"Be joyful, and keep your faith and your creed. Do the little things that you have seen me do and heard about. I will walk the path that our fathers have trod before us."
- Saint David of Wales (d. 589)



St David's Day Services

St David's, Colva

Sunday,

March 3rd

at 2.30pm

with

Radnor Valley Band

Tea and Welsh Cakes

following the Service

All Welcome (C r e o s o)

St David's, Heyope

at 11am

with Meirir Ronicle

and the Llanfair Singers

Sunday, March 3rd

Followed by

Lunch in Knucklas

Community Centre

12.30 for 1pm.

Tickets (£15) from Church

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Open the Book - Knighton School



Mary and Jesus,
Joseph holding one
of the gifts, the star.



Naaman with gold gifts, riding his chariot to Elisha

The Boy Who Cried "Wolf!"

Under the direction of Jess Fielding, the Worship Council at the school presented the story and the "Open the Book" Team took the parts of shepherds, little boy and wolf.



Jess Fielding, Bob Williams, Pam Mills, Judith Dare

Signs of Spring



Flora and Fauna

This month there is a tangible feel of expectancy with signs of spring all around. Birds begin to sing and build nests. In the garden the crocus appears in delightful spring colours, as well as early daffodils, hellebores, primrose and polyanthus. All make the dullest day a brighter one.

Some of the early flowering shrubs are showing off their attractive colours: 'Daphne', witch hazel, French currant and Forsythia, to name a few. It is a good month to make a visit to your nearest garden centre to see the lovely spring flowers

available. Containers can be planted up with these to create an instant garden and add a touch of style to your patio or small garden.

March can be disappointing with cold winds scattering debris over beds and borders, but with greenhouses at a crowded stage. Gardeners have a great urge to be out preparing for a good show of colour this summer.

On March 31st we celebrate Mothering Sunday. It offers us the perfect opportunity to say 'Thank You' for all the love and sacrifice, gladly made.

For many of us it is a day to remember those wonderful years shared with the best mum in the world. I think flowers are the perfect gift as they say everything you need to convey. I have yet to find a lady that does not enjoy the thrill of receiving a posy or bouquet of flowers. It does not have to be the most expensive. Exquisite little bunches of primroses, bluebells or forget-me-nots given by a small child can be delightful.

Reminder that our clocks go forward on March 30th giving us that extra hour's of daylight. Spring really is here.
Jean Price

A spring poem by Llangunllo poet

I'll paint a blanc picture, to shine pure & white,
An artistic impression of springtime in flight.
First, the outline; crafted green shoots,
Pushing up, light-bound from bulbous, pale roots.
The punishing battle through hard Winter frost,
The toils of the icy ground, all worth the cost.
Risking the rotting from rain-sodden earth,
They soldier on, resolute, waiting for birth.
The joyous day comes; a hint of bright sun,
An army of milky umbrellas at one!
This small congregation of hope & renewal,
Bouquets of bright snowdrops, gleaming like jewels!

Debbie Jones (7th February 2019)

(Her Instagram name is Gloria Smud)



Art is the unceasing effort
to compete with the
beauty of flowers - and
never succeeding.

- Gian Carlo Menotti

David Day MPTA

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Knighton News

Poetry & Prose

If you enjoy poetry and prose, come along to the Church Hall in Knighton on Saturday 23rd March when the afternoon will be devoted to it. The theme will be Spring time and if you fancy reading your favourite poem or piece of prose, please get in touch with Rebe Brick on 01547529167.

You can get your tickets which will cost £6 from Church members or ring 01547 529167. The doors open at 3pm – commence 3.30pm. To complete the afternoon there will be refreshments including homemade cake, so what are you waiting for – see you there!!

Rebe Brick

Coffee Morning

Our next social event will be on March 16th at 10am in the Church Hall. A warm welcome to you all to come along and enjoy good company over a splendid cup of coffee. Stalls and competitions. If you have items to donate please bring them along or we can collect, phone 01547 528260.

Bingo

Come and join in the fun. "Eyes Down" on 2nd March at 7pm in the

Church Hall. Lots of prizes. All welcome.

Competition Winners

The following were winners at our January Table Sale. D Minton, D Price, J Williams, L Conway, C Martin, D Phillips, E Davies, J Fairclough, J Ruff. The sum of £270 was raised for church funds. A huge 'Thank you' to all who support our monthly coffee mornings and provide goods to sell and draw prizes.

Teme Valley Gardener's Club

Gareth Davies will speak on "Ringing the Changes" at the next meeting, March 11th, 7.30pm in Knucklas Community Centre. New members and guests will be very welcome. Enquiries 529244.

Family News

Congratulations to Phylis Pugh who was recently presented with the silver kite award of merit in recognition of 46 years' service to Knighton Show. The Certificate of Appreciation was presented to Phylis by Cllr David Meredith, Chairman of Powys County Council for the past 34 years. She has been secretary to the Horticultural and Handicraft Section the Show Knighton. Knighton County Councillor Ange Williams expressed

her thanks and appreciation to Phylis for her local commitment to the Show.

Please remember in your prayers all who are unwell in our community, including those in hospital, others recovering from surgery. Peter Medlicott is now home from Hereford. Sylvia Balls is now in Knighton Hospital and we are hoping to hear good news of Rosemary Hanna; hopefully she will be home soon and make a good recovery. Our thoughts are with Rev John Hanna and pray that the anxious past weeks are over.

Our prayers are needed for all who have been recently bereaved and assure them of our love at this sad time. Mary Roberts (Norton) and family – the loss of husband Neville; Diana Hadley and family – the loss of her much loved mother; also the families of Christine Baker, Islwyn Watkins and Doris Irving. May they rest in peace.

Jean Price

Book Fair

A Second Hand Book Fair will be held on March 30th 10.00 -12.00 in St Edward's Hall. For more information ring 01547 529025.

Rochelle Russell



Have a go History! Who built Cwmhir Abbey?

is the subject of the next three Study Group meetings on the fourth Thursday of the month at 2pm at Celf O Gwmpas, Llandrindod Wells. 24th Jan; 28th Feb & 28th March.

To contribute or obtain the papers for this meeting please contact admin.studygroup@abbeycwmhirhistory.org.uk 01597 851021



The Abbey Cwmhir Heritage Trust
www.abbeycwmhirhistory.org.uk



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Women Only Bike Rides



British Cycling's Breeze is the biggest programme ever to get more women into riding bikes for fun and fitness and it's now in our area.

Rides are organised and led by British Cycling trained leaders (Breeze

Champions), they are free and usually have a café stop along the route or at the end where everyone can have a drink and a natter.

Our aim is to get more women to feel confident and comfortable going out

on a bike. No special clothing is required, just being comfortable and suitable for the weather conditions at the time of the ride. Helmets are advisable but not compulsory.

The rides go at the pace of the slowest rider and no one gets left behind. For details of rides in our area check out www.letsride.co.uk and enter your location, also there are posters around the area giving details of upcoming rides.

Maureen Conway



New Radnor Group of Churches

**'Christ has no hands but ours' - Teresa of Avila
Messy Church**

**Saturday 16th February 11am-1pm
New Radnor Community Centre**

**'Christ has no body but yours, no hands, no feet on
earth but yours.' Teresa of Avila**

How can we love and care for one another today?

**There is a glove challenge, a sandwich making
challenge**

and The Hokey Cokey!

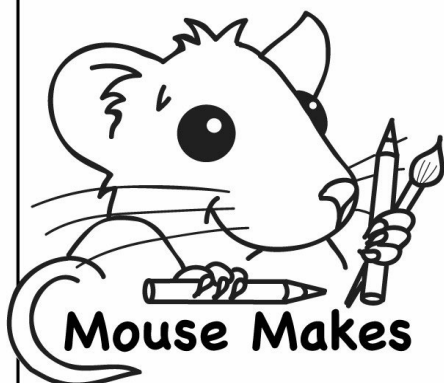
**With messy crafts, silly games,
yummy food and plenty of family fun.**



There are many ways of
going forward, but only
one way of standing
still.

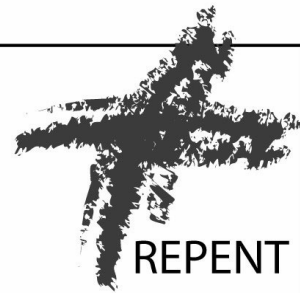
-Franklin D. Roosevelt





During Lent read through the Gospel of Luke and each day pray for God to help you become more like Jesus

Lent is the name given to the **40 days** before Easter and is a time to *pray*, to *read* the bible and to *turn* to God. The first day of Lent is **Ash Wednesday**, a day to *repent* and say *sorry* to God for the wrong things we have *said* or *thought* or *done*.



P W R P W O R D O R G F
I S C R I P T U R E O O
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M R E M E M B E R E R Y
P Y F O R G I V E C E D
T S L E N T N R J T P A
A S H W E D N E S D A Y
T W O R S H I P U E R S
I E J E S U S E S N E D
O F A S T H I N K Y E Y
N I B I B L E T G I V E

Can you find these words in the word search above?
LENT • ASH WEDNESDAY • FORTY DAYS
JESUS • WILDERNESS • TEMPTATION • PRAY • FAST
DENY • REPENT • SORRY • FORGIVE • GIVE • HELP
PREPARE • REFLECT • THINK • READ • SCRIPTURE
BIBLE • WORD • REMEMBER • WORSHIP • GOD

St David's Ladies Guild

'I looked over Jordan and what did I see.....?'

January always welcomes Laura to Entertain Ladies Guild with her extensive and well-informed travels (with beautiful slides of course).

This year it was Jordan, with biblical references so that we could put the places she described in context. All those famous Bible stories we have heard so many times, we could see their historic origins.

We all enjoyed a happy hour (without gin too) followed by tea, biscuits and catch up with everyone.

We have a good programme for this year; everyone is welcome. Come and join us every 3rd Tuesday of the month in Knucklas Community Hall at 7.30pm.

There is a train outing planned for March. Guests are always welcome;



When I looked over Jordan, I saw Sri Lankans being baptised.

For more information about Ladies Guild give Maggie a ring 01547 528358

Knucklas and District Notes

Around the Region:

Facilities seem to be improving in the wider area with the 3-4 mile Newtown by-pass now open, a 'drive-thru' fast food outlet being planned for Builth Wells and plans to renovate the Wyaside Arts Centre in the town. Also, a Park-Run has now been set up in Builth, to add to those already in operation in Newtown, Shrewsbury, Telford etc. These Saturday morning get togethers are designed to make keeping fit enjoyable for all age-groups and competitive only against one's own 'personal best'. A large number of volunteers enable it all to happen.

And in Knucklas and District:

But our own immediate area is not without encouraging opportunities too, with a fine library service in Knighton and monthly visits of the mobile library to Knucklas. Add to this 'Flicks in the Sticks' in surrounding towns and villages (specially good in March) and the remarkably good transport links which we enjoy, not to mention our fine Community Centre and organisations that meet there.

St David's Church Heyope are celebrating their patron saint on the first week-end in March, whilst the Castle Hill Community Land Project has another cabaret, this time over in Llanfair.

Robert Forbath

Join us at

Knucklas Community Centre

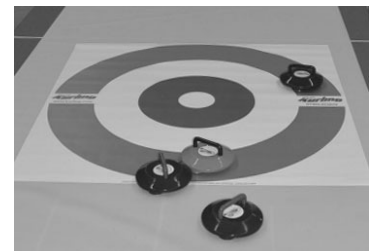
Wed 13th March

7.30 - 9.30

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saver. You can form
opinions without having to
get the facts.
- E. B. White

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Dates For Your Diary

March 2019

- Fri 1* World Day of Prayer, St Edward's, 6pm.
St David's Dinner, N.R. Old School Hub.
Llanfair Waterdine W.I. Tessa Gavin:
Upcycling Clothing, Everest Hall, 7pm.
- Sat 2* Bingo, St Ed's Hall, 7pm.
Knuicklas Castle Cabaret, Everest Hall,
Llanfair Waterdine (venue change). 7.30.
St David's Celebration, Knighton Comm.
- Sun 3* St David's Day Services:
Heyope Church 11am and Lunch 1pm,
Colva Celebration, 2.30pm
- Tue 5* Shrove Tuesday. Pancake Day!
Whitton W.I. East Radnor Home Support,
Whitton Hall 7.30pm.
Stowe & Stange W.I. The Comm Dressing
Room, 3.30pm.
- Wed 6* Holy Communion, St Edward's, 10.30am.
Communion, St Peter's Evancoyd, 7pm.
- Ash* Coffee morning. The Hub, N.R. 9.15-11.30.
- Wed* Art Group starts, The Hub N.R. 2-4pm.
Felindre W, Mark O'Donald - Fitness Taster,
Felindre Village Hall. 7.30pm.
Knighton Flick, The Comm. 7.30pm.
Tref-y-clawdd W.I. Tower Gallery, 7.30pm.
New Rad W.I. New Rad Vill Hall, Spring
Table Sale, 11am - 3pm.
- Fri 8* First meeting of 'Living Fruitfully' 1 Ystrad
House, Knighton, 10.30-12 noon.
- Sat 9* "A Sabbath Rest" day, Knucklas Baptist
Chapel. 10am - 4pm.
Music in N.R., N.R. Comm Hall, 7.30pm.
- Sun 10* Music Night, the Hub, New Radnor.
- Mon 11* Teme Valley Gardeners' 'Ring the
changes' Knucklas CC 7.30pm.
- Tue 12* First meeting, Lent Group at Victoria House,
Knighton, 3-4pm.
Craft Club, Knucklas Comm Cent, 2-4pm.
Hearing Aid Service, Knighton Comm
10.30-12.30.
Prayer Meeting, Llanfihangel N.M. 7pm
- Wed 13* Communion + Lunch, N.R. Hall, 11am.
New Age Curling, Knucklas Comm Cent.
7.30-9.30pm.
Floral Arts, Prest Mem Hall, 7.30pm.
- Thur 14* Theology Circle, Kni Meth Ch, 11-30-12.30.
Quiet Hour, 1 Ystrad House, Kni, 10-11am.
Aspects of Faith, Bleddfa Church, 7pm.
Life Balance, the Manse, Knighton.
Games Night, The Hub, New Radnor
Chatterbrook W.I. Prest Mem Hall, 7.30pm.

Fri 15

DEADLINE FOR APRIL RADNOR

- N.R. Over 60's, 10 Pin Bowling, meet at the
Eagle at 10am.
Knighton Flick, The Comm. 7.30pm.
- Sat 16* Coffee Morning, St Ed's Hall, 10am.
- Sun 17* Spring Shopping, Knighton Comm, 10am +
Film Night, Supper, The Hub. N.R.
Craft Afternoon, Walton Vill Hall, 2.4pm.
- Mon 18* Radnor Valley Gardening Club, Ron Bissell:
Moors Meadow, N R Comm Hall, 7.30pm
- Tue 19* Gladestry W.I. 'Cancer Research' Vill Hall,
7.30pm.
Ladies Guild. Outing to Landoverly
- Wed 20* Coffee morning. The Hub, N.R. 9.15-11.30.
- Thur 21* Folk Night, Knucklas Castle Inn, 7pm +
Film Night, Supper, The Hub. N.R.
- Fri 22* Quiz Night, N.R. Comm Hall, 7.30pm.
Prayer Meeting, St Peter's Evancoyd 2:30pm.
- Sat 23* Men's Shed Open Day, Knighton.
Messy Church N. R. Com. Cent, 11am- 1pm
Poetry & Prose event, St Ed's Church Hall,
Knighton 3.30pm
- Sun 24* Communion, St Andrew's Norton, 9.30am.
Knighton Concert Society, St Ed's Hall, 3pm.
- Tue 26* Diocesan Clergy Synod Llandrindod Wells,
Mark and others out for the day!!
Craft Club, Knucklas Comm Cent, 2-4pm.
Hearing Aid Service, Presteigne Youth Centre
13.30-15.30.
Sing Mozart Requiem, Weobley Hall, 10-4.
Walton Village Hall AGM, 7pm.
Mother's Union, Young Mums' Pamper
Evening. The Hub, N.R. 7pm.
- Wed 27* Prayers, Church Barn, Gladestry, 11:30am.
- Wed 27- April 3* St Peter's Evancoyd at Charity Shop, Kington
Wednesday 27 March through 3 April
- Thur 28* St Mary's Gladestry Annual Vestry Meeting &
PCC 7pm Gladestry Village Hall.
- Sat 30* Pudding & Punch, Everest Hall, Llanfair
Waterdine, (W.I.) 7.00pm.
Second Hand Book Fair, St Ed's Hall, 10-12.
- CLOCKS GO FORWARD TONIGHT**
- Sun 31* Knighton Concert Society, St Ed's Hall, 3pm.
- Future Dates**
- 1 April* New Rad W.I., N.R Vill Hall, 7pm.
- 3 April* Samaritan Selection Event, Llandrindod Wells.
- 4 April* Ministry Area Forum, Gladestry Vill Hall, 7pm.
- 4-6 May* Llangunllo Walking Festival

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Grid References and Postcodes for Churches

Beguildy	SO 194797	LD7 1YE	Pilleth	SO 256682	LD7 1NP
Bleddfa	SO 206683	LD7 1PA	Cascob	SO 239664	LD8 2NT
Heyope	SO 239745	LD7 1PY	N Radnor	SO 210609	LD8 2SS
Llangunllo	SO 211712	LD7 1SW	Gladestry	SO 230551	HR5 3NR
Knighton	SO 287724	LD7 1AG	Colva	SO 199531	HR5 3RA
Norton	SO 304672	LD8 2EY	Evancoyd	SO 262627	LD8 2PA

Knighton Methodist Church

March

- 3 11am Rev Den Byuloss HC
- 10 11am Worship Book
- 17 11am Rev Den Bulloss
- 24 11am Rev Kevin Dare with Baptist Congregation
- 31 11am Rev Kim Stillwell

Knighton Roman Catholic Church

Our Lady of Perpetual Succour and St Nicholas

Every Sunday: 11am Holy Communion

Every Thursday: 11.30 Holy Communion

Initials on schedule, back page:

AG	Audrey Green
CG	Christine Gould
CH	Rev Christobel Hargraves
C Hall	Rev Carolyn Hall
GW	Geoff Weaver
HC	Heather Carrington
HE	Heather Evans
JH	Rev John Hanna
MB	Rev Mark Beaton
MR	Meinir Ronicle
MW	Mick Westrip

Baptist Chapels

March

- 3 New Radnor Baptist, 3pm Christine Gould
- 3 Norton St, 11am, Family Service with Nick and Bridget (with Traidcraft Stall)
- 3 Coxall, 2.30pm, Communion. Kevin Dare
- 3 Pound, 2.30pm, with Llanbister Methodists
- 3 Gravel, 2.30pm, Richard Mansell
- 10 Norton St, 11am, Kevin Dare
- 10 Knucklas, 4pm, Kevin Dare
- 10 Llanbister Methodists, 3pm, with Pound
- 17 Norton St, 11am, Communion, Kevin Dare
- 17 Coxall, 2.30pm, Andrew Powell
- 17 Pound, 2.30pm, with Llanbister Methodists
- 24 Victoria Rd 11am, Michael Humphreys, Joint service with Knighton Methodists
- 24 Knucklas, 4pm, Communion Sue Wilson
- 24 Llanbister Methodists, 3pm, with Pound
- 24 New Radnor Baptist, 3pm, Rev Geoff Cable
- 31 Maesyrhelem, 1030am Hubert Message
- 31 Norton St Combined service - Tearfund Sunday, Fiona Michael

April

- 7 Norton St, 11am, Family Service with Nick and Bridget (with Traidcraft Stall)
- 7 Coxall, Communion Michael Humphreys

Church/Community Hall Contacts

Evenjobb Village Hall	Linda Ellams	01547 560306	Knucklas Comm Centre	John Bowen	01547 520384
Felindre Village Hall	Jess Barrett	01547 510603		www.knucklascommcentre.org.uk	
	felindrevh@gmail.com	07805 002497	N Radnor Comm Centre	Carlee Evans	01544 350575
Gladestry Village Hall	Marlene Evans	01544 370646	St Edward's Church Hall	Jean Price	01547 528260
	marlene.evans@hotmail.co.uk		Whitton Community Hall	Gill Powell	01547 560367
Llangunllo Village Hall	Tom Lewis	01547 550639			

Open the Book Knighton School



Two of the Wise Men follow the star on their camels.



Down on the Farm: The story of two sons. One tells Dad “Yes, I’ll work on the farm” but doesn’t. The other says, “No, I’m not working” but he changes his mind and does work.

March 2019		March 3 <i>Green</i> Transfiguration	March 10 <i>Purple</i> Lent 1	March 17 <i>Purple</i> Lent 2	March 24 <i>Purple</i> Lent 3	March 31 <i>Purple</i> Mothering Sun	April 7 <i>Purple</i> Lent 5
	Readings	Exodus 34.29-35 Psalm 99 2 Corinthians 3.12-4.2 Luke 9.28-36 [37-43]	Deuteronomy 26.1-11 Psalm 91.1-11 Romans 10.8b-13 Luke 4.1-13	Genesis 15.1-12,17,18 Psalm 27 Philippians 3.17-4.1 Luke 13.31-35	Isaiah 55.1-9 Psalm 63.1-8 1 Corinthians 10.1-13 Luke 13.1-9	Exodus 2.1-10 Psalm 34, 11-20 2 Corinthians 1.3-7 Luke 2.33-35	Isaiah 43.16-21 Psalm 126 Philippians 3.4b-14 John 12.1-8
Beacon Hill	Beguildy St Michael	No Service	11:00am MB Morning Worship	No Service	11:00am C Hall Holy Communion	11:00am St Cynllo's Llangunllo Benefice Service LS	No Service
	Bleddfa M Magdalene	8:30pm MW Compline	No Service	No Service	No Service	Llangunllo Benefice Service LS	8:30pm MB Compline
	Heyope St David	11:00 IG & MR St David's Day	No Service	3:00pm MB Holy Communion	No Service	8:30pm MW Compline	3:00pm AG Morning Worship
	Llangunllo St Cynllo	No Service	No Service	No Service	No Service		No Service
East Radnor	Cascob St Michael	No Service	3:00pm MB Holy Communion	No Service	No Service	11:00am St Edward's Knighton Benefice Service JH	No Service
	Knighton St Edward	11:00am JH Morning Worship	11:00am JH Holy Communion	11:00am JH Morning Worship	11:00am JH Holy Communion		11:00am JH Morning Worship
	Norton St Andrews	No Service	No Service	No Service	9:30am MB Holy Communion		No Service
	Pilleth St Mary	No Service	No Service	No Service	No Service		No Service
New Radnor	Whitton St David	9:30am DD Morning Worship	9:30am C Hall Holy Communion	9:30am C Hall Holy Communion	9:30am J Greaves Holy Communion		5:00pm MB Evening Prayer
	Colva St David	2:30pm MB St David's Day	No Service	No Service	No Service	11:00am St Michael's Llanfihangel Nant Melan Benefice Service CG	2:30pm MB Holy Communion
	Evancoyd St Peter	11:00am HE Morning Worship	5:00pm MB Holy Communion	No Service	11:00am MB Holy Communion		11:00am HE Morning Worship
	Gladestry St Mary	11:15am MB Family Service	9:15am MB Holy Communion	11:15am MB Holy Communion	5:00pm HC Evening Worship		11:15am MB Family Service
New Radnor	Llan'l N M St Michael	No Service	11:00am CG Morning Prayer	No Service	3pm MB Holy Communion		No Service
	New Radnor St Mary	9:15am MB Holy Communion	6:00pm Informal Worship	9:15am MB Holy Communion	10:00am CG Morning Worship		9:15am MB Holy Communion